

# #30

# Joslyn Rowe

# 2023



<u>Athletic Information</u>		<u>NCAA #:</u>	
<b>Positions:</b>	Primary: Pitcher Secondary: 3rd / Outfield	<b>Throwing:</b>	Right
<b>Batting:</b>	Right	<b>Speed:</b>	53mph - max
<b>Bat Speed:</b>	57.7mph - max(Blast)	<b>Distance:</b>	143ft
<b>Hand Speed:</b>	17.7mph - max	<b>Athleticism:</b>	Home-to-First: 3.27
<b>Pitching:</b>	46mph - max (revfire)		Home-to-Home: 14.48
<b>Pitch Spin:</b>	22.5RPS - max (revfire)		5-10-5 Shuttle: 5.50
<b>Pitches:</b>	Fastball / Change-up / Drop-Ball		1 Mile Run: TBD
<b>Strengths:</b>	Coachable / Character / Integrity		Push-Ups <sup>(30sec)</sup> : 17
			Sit-Ups <sup>(1min)</sup> : 34
			Broad Jump: 4' 2"

<b>Name:</b>	Joslyn Rowe
<b>Height:</b>	5'5"
<b>GPA:</b>	3.38
<b>ACT/SAT:</b>	TBD
<b>Graduation:</b>	2023

**Athletic and Scholastic Awards:**  
**2020:** Junior Varsity Starting Pitching Freshman

**Intended Major of Study**  
 Veterinary Sciences

### Personal Information:

<b>Birth Date:</b>	9/11/2004
<b>Graduation Year:</b>	2023
<b>Current School:</b>	Holly Springs High School
<b>Parents:</b>	Jay & Holly Rowe
<b>Contact Information:</b>	570-637-3530 jayandholly@epix.net
<b><u>Community Service / Clubs:</u></b>	American Red Cross, Y-Guides-YMCA, Everett Chapel Church, Miracle League

### Team Information:

<b><u>School Team:</u></b>	Hawks Softball
<b>School Name:</b>	Holly Springs High School
<b>Head Coach:</b>	Lauren Taylor
<b>Email:</b>	
<b>Telephone:</b>	
<b><u>Travel Team:</u></b>	Spirits Fastpitch Organization
<b>Head Coach:</b>	Doug Ireland
<b>Mobile:</b>	317-501-3685
<b>Email:</b>	dsireland@nc.rr.com

<http://www.spiritsfastpitch.com>

