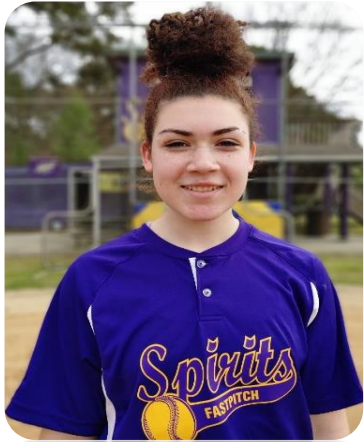


#47

Sinead Thomas

2023



<u>Athletic Information</u>		<u>NCAA #:</u>	
Positions:	Primary: Outfielder Secondary: Utility	Throwing:	Right
		Speed:	49mph
		Distance:	123ft
Batting:	Right	Athleticism:	Home-to-First: 3.32sec
Bat Speed:	57.5mph - max(Blast)		Home-to-Home: 13.7sec
Hand Speed:	17.1mph - max(Blast)		5-10-5 Shuttle: 5.3sec
			1 Mile Run: TBD
			Push-Ups ^(30sec) : 40
Strengths:	Hustle / Coachable / Character	Sit-Ups ^(1min) : 46	Broad Jump: 4' 10"

Name: Sinead Thomas
Height: 5' 5-1/2"
GPA: 4.00
ACT/SAT: TBD
Graduation: 2023

Athletic and Scholastic Awards:
2020: Scholar-Athlete / Captain JV Volleyball(Season MVP) / Varsity Softball

Intended Major of Study
 Art Design / Photography

Personal Information:

Birth Date: 9/26/2004
Graduation Year: 2023
Current School: East Wake Senior Academy
Parents: Steven & Diedre Thomas
Contact Information: 919-901-2436
 3thomassports@gmail.com

Community Service / Clubs:
 American Red Cross, Y-Guides, Everett Chapel Church, Miracle League, East Wake Theater Club, EWA Dance Ensemble, ECJVC Club Volleyball

Team Information:

School Team: Eagles Softball
School Name: East Wake Senior Academy
Head Coach: Kenan Pope
Email: kpope@eastwakeacademy.org
Telephone: 919-404-0444

Travel Team: Spirits Fastpitch Organization
Head Coach: Doug Ireland
Mobile: 317-501-3685
Email: dsireland@nc.rr.com

<https://www.spiritsfastpitch.com>

