

18U Girls 2024/25 Winter Practice Schedule

Marin Academy High School, 1532 Fifth Ave, San Rafael, CA 94901

San Domenico School, 1500 Butterfield Road, San Anselmo, CA 94960

November 18 th through January 30 th				
Program	Monday	Tuesday	Wednesday	Thursday
Water Polo	5:15pm - 7pm @ Marin Academy	6:30pm - 8:15pm @ Marin Academy	5:15pm - 7pm @ Marin Academy	6:30pm - 8:15pm @ Marin Academy
Swimming	4:15pm - 5:15pm @ San Domenico	4:15pm - 5:15pm @ San Domenico	4:15pm - 5:15pm @ San Domenico	4:15pm - 5:15pm @ San Domenico

Holidays: No practice during the following Holiday periods: Nov 25th - 29th and Dec 23rd - Jan 3rd and Jan 20th

18U Girls 2024/25 Winter Tournament Schedule

*****Dates subject to change*****

December 8th: Local Marin Games for 18U Girls at all levels (cost included in tuition fee)

January 11th - 12th: Local Marin Games for 18U Girls at all levels (cost included in tuition fee)

Feb 1st - 2nd: Frozen Cup in East Bay for "A" team only (additional cost TBD)

*****This winter SHAQ will be utilizing "Teamsnap" for team communication. *****

Tournament schedules and updates will be communicated through **"Teamsnap"** as well as any last minute practice changes due to weather or pool closures.

Stay tuned for an invitation once registration is complete.