

SASKATOON, SASKATCHEWAN
CANADA

PROFESSIONAL TRAINING

Excellence In Trauma Resolution

Somatic Experiencing® (SE™), developed by Peter A. Levine, PhD, is a potent psychobiological approach to resolving the symptoms of trauma and chronic stress. Whether you are a medical or mental health professional, addictions counselor, first responder, body worker, educator, alternative medicine practitioner, or other helping professional, the SE™ Professional Training is a continuing education program that will help you make an even greater difference with your clients.

How SE Works:

- SE offers a framework to assess where your client is “stuck” in the fight, flight, or freeze responses and provides clinical tools to resolve these fixated physiological states that underlie so many trauma symptoms. Our educational model is both theoretical and highly experiential, offering you effective skills for restoring nervous system regulation and resolving trauma that can be immediately integrated into your professional practice.
- Instead of focusing on the re-telling of traumatic events or personal history, SE aims to identify what is interfering with people’s internal threat-recovery process and helps clients develop tools for restoring their innate capacity to rebound from overwhelming experiences. By facilitating the completion of self-protective responses and releasing survival energy that has become bound in the body, SE addresses the root cause of trauma symptoms.



Beginning Level 2024

Beginning I – March 29 - April 1
Beginning II – September 20 - 23
Beginning III – November 22 - 25

Intermediate Level 2025

Intermediate I – February 21 - 24
Intermediate II – May 23 - 26
Intermediate III – October 24 - 27

Advanced Level 2026

Adv. I, II – Dates TBA

Location

Queens House Retreat & Renewal Centre
601 Taylor Street West
Saskatoon, Saskatchewan
Canada

Faculty

Berns Galloway MED, CCC, SEP

Organizers in Partnership with SEI

Jeannette Kuc and Susan Risula
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www.setrainingsaskatoon.com

REGISTER

www.setrainingsaskatoon.com

Learn more about our trainings and faculty at traumahealing.org or call (303) 652-4035.

Limited space available.

Somatic Experiencing® International is a 501 (c)(3) nonprofit organization dedicated to supporting trauma resolution and resilience through culturally responsive professional training, research, education, and outreach in diverse global communities.

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