

SOMATIC EXPERIENCING (SE<sup>™</sup>) is a psychobiological method for addressing trauma symptoms and chronic stress. The SE Professional Training provides a rich theoretical framework for understanding and addressing trauma physiology. Our educational model is highly experiential, offering you tangible skills that can be immediately integrated into your professional practice. The training is delivered through a combination of lectures, live demonstrations, guided practice sessions with fellow students, audio-visual case studies, and suggested readings. The practice of SE requires direct clinical experience, as well as a refined somatic awareness and capacity for self-regulation. For curriculum refer to www.traumahealing.org or www.setrainingsaskatoon.com

## Berns Galloway MED, CCC, SEP



From the **academic** perspective, Berns graduated from the University of Victoria with a Master's in Education in 1995. He received his SEP designation in 2003, and was appointed faculty with the Somatic Experiencing Institute in 2008.

From the **experiential** perspective, Berns has been working with people since 1980 when he started working with elementary school kids. While working in the public-school systems, he challenged himself and kids to become more then they imaged by engaging in performance and theatrical endeavours. Here Berns directed, coached and encouraged others to go beyond what was possible. His own personal growth led him to challenge his own limitations which lead to a career change from education to counselling/mental health/therapy – working with groups, couples and individuals.

From a **personal** perspective, Berns has been exploring identity and how that impacts our experiences. As a cis-gender white gay male, Berns is becoming more familiar with the privileges and limitations these identities have had over his life time. How identity impacts others is something he is interested in. Berns brings his academic, experiential and persona perspectives to the SE trainings, facilitating a bottom-up inside-out process for leaning and discovery, in service of becoming an effective somatic oriented practitioner.

## Saskatoon, SK, Canada Venue TBA

Beginning I	May 27-30, 2022
Beginning II	Sept 16-19, 2022
Beginning III	Dec 9-12, 2022
Intermediate I	March 3-6, 2023
Intermediate II	June 2-5, 2023
Intermediate III	Sept 15-18, 2023

Organizers: Jeannette Kuc, Susan Risula info@setrainingsaskatoon.com



Transforming Lives Through Healing Trauma.

## **Registration Form Somatic Experiencing Training Saskatoon SK Canada**

Please check:	Poginnor 1	Poginnor 2	Poginnor 2
Please check:	Beginner I	Beginner 2	Beginner 3

Intermediate 1 Intermediate 2 Intermediate 3

Name	 	 
Address	 	 
City	 	
Province	Phone	 
Email		

## **Registration Fee:**

Regular rate for each 4-day seminar cost is \$875.00 plus GST (\$43.75) = \$918.75 Reduced rate of \$825.00 plus GST (\$41.25) = \$866.25 if paid in full 60 days before the start of training (March 28, 2022). If using PayPal there will be a 4% processing fee making the reduced rate \$900.90 and the regular rate \$955.50.

Be sure to add a message containing your name and which module(s) you are paying for at the time.

Etransfer payment to: info@setrainingsaskatoon.com

PayPal account: J&S Somatic Training and Consulting email: info@setrainingsaskatoon.com

Cheque or money order to:	Jeannette Kuc
	502 7 <sup>th</sup> Street East
	Saskatoon Sk. S7H 0X7

**Cancellation Information**: There will be a \$100.00 cancellation fee if you withdraw after payment is made. Please note that

PayPal processing fees are non-refundable. If you cancel within 14 days prior to the training you will be refunded half of your Tuition fee. If the training is full, however, and we are able to fill the spot, you will subject only to the \$100.00 cancellation fee. If the training is cancelled your full payment will be refunded.

For further information contact: Jeannette Kuc at 306.371.0789 or Susan Risula 306.631.6139 info@setrainingsaskatoon.com