

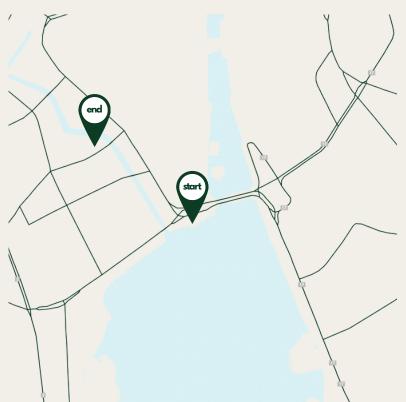
### so here are the basics:

We love running and we love to do it early. Why? Because ;-)

We are the **Everyday Athletes**; a community of **diverse individuals** that found a common interest in running.

We skip crowded streets & bustling sidewalks. This is your chance to enjoy peaceful solitude, escape the noise & have the road all to yourself. Well ourselves...

#### NO MATTER YOUR PACE OR FITNESS LEVEL, YOU ARE ALWAYS WELCOME!



#### we meet:

on Tuesday's at 6:15am @Bürkliplatz <u>CLICK HERE</u>

#### we run:

+- 6km, 6:00 pace, different routes, open for suggestions, let's make it fun

### we finish:

@JUNG Schanzengraben & for those who want to hang out, lets grab coffee (& a Gipfeli)

## who can join:

anyone who owns a pair of running shoes ;-)

# let's push limits

Who said you are not a morning person? Proof them wrong!

## NO NEED TO SIGN UP, JUST COME :-)