

Workplace Wellness Experiences

Recharge, reset, refocus your team

Price on request

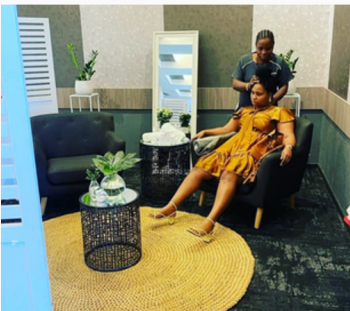
Workplace Wellness Morning

Give your team the opportunity to step away, recharge, and reconnect. This experience includes a guided stretch or yoga session, a healthy breakfast, and a practical nutrition talk.

Includes:

- Guided wellness session
- Healthy breakfast
- Nutrition insights
- Calm, restorative environment

A refreshed team is a more focused and productive team.



Spa-fifice Experience

Bring relaxation into the workplace with short, professional massage sessions and wellness elements.

Small moments of relaxation can have a big impact on productivity.

Desk Refresh Experience

Surprise your team with thoughtful desk upgrades such as plants, personalised items, or comfort enhancements.

A simple way to make employees feel seen and appreciated.

