

VENOUS REFLUX EXAM PREPARATION

- Do not wear compression stockings the day before or the day of the exam.
- Drink plenty of water the day of the exam.
- Do not drink any caffeine the day of the exam.
- Do not take any water pills the day of the procedure such as Lasix, Torsemide or Bumex.
- Try and walk before the exam. Just 15 minutes of walking will better assist in obtaining the diagnosis of venous disease.