

Antarctica Expedition Experience – The 7th Continent Customized Tour - 12 Nights / 13 Days Small Group 16 - 20 Guests February 8th – 19th, 2027 (Peak Summer Season)

\$10,999/person
Double occupancy | USD
Flights – Buenos Aires to Ushuaia included
International Flights Not Included

A Network Travel Escorted Tour

Highlights

Join Rick at Network Travel for an expedition of a lifetime.

Nothing prepares you for the first sight of Antarctica's frozen beauty. Towering glaciers and vast icebergs create a landscape of pure wonder. The silence is striking—broken only by the wildlife that calls it home.

Whales arrive in greater numbers by December and January, just as the first penguin chicks hatch. By February and March, peak whalewatching begins as huge swarms of krill draw them in.

Here, nature leads and we simply observe. Our Captain will adjust the route to give you the best experience possible, with new highlights every day.

Join the Expedition Team for landings, ice-cruises, and possibly even kayaking among icebergs. Back on board, lectures deepen your understanding of this remarkable place.

Stateroom Categories:

RR-Polar Outside \$10,999 USD XT - Arctic Superior (Balcony) \$13,457 USD ME - Expedition Suite \$15,773 USD Flights between Buenos Aires & Ushuaia Are Included International Flights & Insurance Not Included



Breathtaking icescapes

Marvel at colossal glaciers and icebergs on this incredible Antarctica expedition cruise. Experience nature's majesty as we navigate ever-changing icescapes on our hybrid-powered ship. Your Expedition Team will bring you close to your stunning surroundings on ice-cruising and landing activities.

Antarctic wildlife

It's a busy time for the wildlife of Antarctica between November and March. In October and November, penguins court and nest, while December and January are when penguins hatch. February and March offer peak whale watching opportunities.

Itinerary

Your adventure at a glance. Daily highlights, included activities, and optional extras to make it unforgettable.

Day 1 (Feb 8th) Buenos Aires, Argentina

Feel the rhythm of bustling Buenos Aires



Home to a proud and diverse community of porteños, or 'people of the port', Buenos Aires is a sensuous fusion of faded European splendour and Latin American panache. An overnight stay here is the ideal way to start your adventure.

There are plenty of places to explore, including many parrillas serving authentic Argentine steak. Or maybe you'd like to practise your dance moves in the famous hometown of the tango.

Why not consider arriving a few days early to see all this vibrant city has to offer?

Day 2 (Feb 9th) Early start in Ushuaia

Setting off at the bottom of the world

Your adventure begins with an early morning flight to Ushuaia, where you'll meet our hybrid-powered expedition ship, specially designed for sustainable cruising in polar waters.

This bustling port is the capital of Argentina's Tierra del Fuego Province. Set against the magnificent backdrop of the Martial Glacier, Ushuaia vies for the title of the world's southernmost city.



After a briefing from your Expedition Team, you'll have time to locate your cabin and explore the comforts and amenities on board.

Day 3 - 4 (Feb 10th & 11th) Get set for Antarctica

Cross the Drake Passage

On the two-day crossing through the Drake Passage, the Expedition Team will equip you with all you need to make the most of your polar expedition.

Visit the onboard Science Centre and find out what lies ahead. Listen to experts talk passionately about Antarctica's history, the science beneath the ice, and the impact of climate change and plastic pollution. You'll learn how to make your visit as safe and as low-impact as possible, and about the Citizen Science projects you can join.

There's plenty of time to relax, so unwind in the spa and wellness area, enjoy some delicious cuisine and meet fellow travellers in the Explorer Lounge & Bar.





Day 5 - 9 (Feb 12th - 16th) Antarctica: another world Experience Antarctica in all its natural majesty







Nothing prepares you for your first sight of Antarctica's immense, frozen beauty. Surrounded by looming glaciers, and icebergs the size of floating cathedrals, Antarctica will fill you with wonder. Perhaps the most surprising part of Antarctica is the silence. It's a stillness that's broken every so often by the locals – the wildlife.

Whales begin to arrive in greater numbers by December and January. This is also when the first penguin chicks hatch and seeing the clumsy clumps of feathers run around is always a charming sight. February and March offer peak whale-watching opportunities, when large amounts of krill lure them to the area.

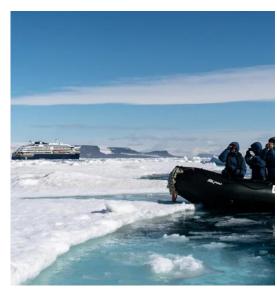
Here, nature is king, and we are mere observers. Our experienced Captain will continually monitor conditions to create the best possible itinerary for your adventure. Rest assured, each day will offer something different and thrilling.

You'll join the Expedition Team on landings and ice-cruises, and may even get a chance to go kayaking among the icebergs.

Back on board, the Expedition Team will continue their lectures, helping you grow in your insights of the frozen continent. Over five magical days, you'll experience this amazing world in a way that will stay with you for a lifetime.

Landing sites in Antarctica

Our modern expedition ships strike the perfect balance between adventure, comfort and sustainability, and you'll enjoy a varied schedule of landings, all designed to create unforgettable memories. The exact landing sites we visit will depend on the weather conditions we encounter – such is the nature of an expedition cruise.



How we conduct landings

Completing successful landings requires experience - in HX we have almost 130 years of it. We take pride in offering seamless landings to all our guests. From our tender pit - a small pier folded out on the side of the ship - you board small expedition boats that seat approximately 10 people. Then we take you ashore. But before this happens, we make sure to follow a few simple principles to make every landing run smoothly:

- Guests are divided into boat groups
- Groups are called by their group name over the ship's speakers to avoid lines
- We put expeditions first, and fit your meals around them, which is what our explorer guests really love.

Once ashore, you will be greeted by the experienced Expedition Team at the landing site, offering you steps and helping hands to make the landing easier. Information about the landing site is provided, with tips on where to go and where to see animals. All guests are free to walk around the landing sites on their own, with the Expedition Team members nearby to answer questions or provide information.

Potential landing sites in the Antarctic region

Weather, wind, ice and local conditions will determine the exact route and schedule. Safety is paramount and the ship's captain will decide the final sailing itinerary during the voyage. Therefore, every voyage is unique and all advertised routes, by the very nature of the region, can only be indicative.

Below you will find a selection of some of the possible landing sites in Antarctica, depending on your voyage's planned itinerary. Please note: The exact landing sites we visit will depend on the weather conditions we encounter – such is the nature of an expedition cruise.

Deception Island, South Shetland Islands

One of the highlights of the South Shetlands, Deception Island is a distinctive ring-shaped volcanic caldera, a portion of which has collapsed and created a navigable opening into the flooded interior. The natural harbour within includes Whalers Bay, home to an abandoned whaling station known as Hektor, and a derelict British base.

Half Moon Island, South Shetland Islands

Staggeringly photogenic and blessed with some of the most spectacular Antarctic scenery imaginable, Half Moon Island is a glittering gem amongst these island treasures. Its serrated and creviced cliffs are home to a large colony of chinstrap penguins, as well as Antarctic terns, kelp gulls, snowy sheathbills, Wilson's storm petrels and several species of seals who are regular visitors to the island.

Early sealers in the area used Yankee Harbour on Greenwich Island as a frequent base of operations, its remarkable setting providing a natural safe haven for the sailors. Remnants of those early days can still be seen littering the shoreline. The big draw for visitors here is the large colony of Gentoo penguins, whose numbers are estimated to be around 4,000 breeding pairs.

Cuverville Island

Situated in the scenic Errera Channel, Cuverville Island boasts the largest known colony of Gentoo penguins. The narrow Errera Channel offers a spectacular passage to and from Cuverville as icebergs become trapped and grounded in the nearby shallows. Watching from the observation decks as our navigators weave the ship carefully between the icebergs is as exciting as being surrounded by the throngs of nesting penguins onshore.

Neko Harbour

Neko Harbour, with its Gentoo penguin colony, lies nestled in Andvord Bay, surrounded by the mountains and high glacier walls of the peninsula. Named after a factory whaling ship from the early 1900s, Neko is one of the rare places in this area where you may land on the Antarctic mainland.

Lemaire Channel

This 11-kilometre long and 1.6-kilometre wide channel is one of the most beautiful passages in Antarctica. It bestows upon the traveller a glimpse into what fascinates us most about this incredibly contrasting environment; it is sublime yet imposing, delicate yet daunting, alluring yet inhospitable.

Onboard Science Program

Our Science Program has one goal: to increase your curiosity, knowledge and interest of the areas you are sailing to.

Our expedition ships serve as the perfect platform for scientific research; with access to remote regions of the world and onboard experts, we can provide invaluable data to the scientific community - with help from our guests!

We invite our guests to participate in science activities, developing a greater understanding of the region in which they travel, becoming true ambassadors, and returning home to champion the protection of our planet's most fragile ecosystems.

The core of the Citizen Science programmes

- Delivery of our own lecture programme.
- Interacting with guests in our Science Centers to reinforce the lecture programme with practical handson guest experiences.
- Citizen science programme involving guests in programmes for third-party organisations.
- Carrying scientific equipment for sample collection on behalf of research institutes.
- Hosting scientific personnel on board to conduct collaborative science programmes.

Examples of Scientific Research Onboard

- 1. **Seabird Distribution with the Antarctic Site Inventory** Surveys throughout the Antarctic Peninsula help scientists understand how seabirds are using different habitats and provide valuable information about their life cycles.
- 2. Cloud Observations with the Globe Program By observing and recording cloud cover timed to NASA satellite fly-overs, guests can help scientists understand how surface and air temperature are affected by cloud cover, and how clouds will respond to a changing climate.
- 3. **Happywhale** We assist in tracking individual whales throughout our world's oceans by harnessing the power of whale watching enthusiasts our guests expanding our scientific knowledge of their behaviour and distribution.
- 4. **Sea Leopard Project** A non-profit study aimed at a better understanding of the behaviour, ecology, and population dynamics of leopard seals on the Antarctic Peninsula to promote their conservation and safe human-seal interactions.
- 5. **Fjord Phyto** Study phytoplankton to better understand how they respond to water temperature changes in the polar regions, providing a key to help mitigate future environmental impacts.

Science Center

Join the Expedition Team here for a range of lectures, photography workshops, and Citizen Science Projects. The area also features scientific and educational equipment, such as microscopes and interactive maps.

Lecture Hall

In-depth talks on history, climate change, sustainability, wildlife, Earth science, culture, and other topics specific to the destination you are visiting are held here. Learning more about each subject is certain to enhance your expedition experience.

Webinar: Science Program

Our Science Programme has one goal: To increase your curiosity, knowledge and interest of the areas you are sailing to.

In this webinar you can learn more about:

- What the Science Programme is about
- Learning from the experts on board
- Facilities, equipment and activities
- Citizen Science research projects- and how you can contribute

Speaker: Verena Meraldi

Day 10 - 11 (Feb 17th & 18) Returning to warmer waters

Heading back north across the Drake Passage

After five incredible days, you'll have experienced so much in Antarctica. Your head will likely be filled with a swirling kaleidoscope of special memories and impressions. The next couple of days will be a chance to reflect on your adventure to the seventh continent.

As your mind tries to conjure up the magical Antarctic scenery, now could be a good time to sift through your photos and videos to recapture a sense of its magnitude. Why not take the chance to unwind in the sauna, or enjoy a few relaxing spa treatments in the wellness area.

Day 12 (Feb 19th) Ushuaia to Buenos Aires

From Ushuaia to Buenos Aires

Your expedition cruise ends in Ushuaia, the main city in Tierra del Fuego, Argentina's southernmost province. From here, you'll take a flight back to Buenos Aires, but it doesn't have to be the end of your adventure.

MS Roald Amundsen Year built 2019Capacity 490



Named after the first man to cross Antarctica and to reach the South Pole, MS Roald Amundsen leads the way towards an even more sustainable way of travelling. The ship is specially constructed for voyages in polar waters. It serves as a comfortable base camp at sea – bringing adventurers from all over the world to the most spectacular destinations in the most sustainable way. One of two fully hybrid ships in our fleet, explore the wonders of the world onboard one of the most environmentally friendly cruise ships in the world.

Emissions are cut by sailing with electrical propulsion. Innovative sustainable technology reduces the ship's

fuel consumption and CO2 emissions by 20 percent.

The stunning scenery is reflected in a rich and comfortable interior design. Scandinavian materials from nature, such as granite, oak, birch and wool are used to create relaxed and stylish cabins and public areas. All cabins are outside cabins, of which 50% have private balconies, and aft suites feature private outdoor hot tubs with spectacular views.

One of the most eye-catching exterior design features is the two-level indoor/outdoor Observation Deck. It is an ideal place to scan the scenery and watch for wildlife with your binoculars.

Adventure is All-inclusive

From scientists and gratuities to delicious food and drinks, it's all taken care of.

At HX, all-inclusive means just that. Every voyage includes the essentials - and the exceptional - from expert-led landings to sustainably sourced meals and tips for the crew. There's no need to reach for your wallet when

you could be reaching for your camera. Everything's designed so you can stay focused on the experience, not the extras.



The all-inclusive you might expect...

Breakfast, lunch and dinner, every day

Indulge in anything your appetite desires across a huge list of delicious choices that almost rival the memories you'll make off the ship. Start the day with an impressive buffet breakfast before moving onto a mouth-watering menu of à la carte choices later in the day. Of course, that includes house wine and beer and soft drinks.

A warm welcome to the sauna, hot tubs and more

Make some time to spoil yourself and indulge in your ship's onboard sauna and hot tubs – they really make coming back from your day's adventure all the more rewarding.

Delicious coffee, tea and soft drinks all day

Choose from a variety of hot and cold drinks, from a caffeine boost in the morning to a sugar-rush after lunch. Refill stations for your OceanBottle are located throughout the ship, keeping you hydrated without using any single-use plastics.

All-inclusive drinks

Enjoy a glass of wine or beer before dinner in the Pool Bar. Or unwind in the evening with a cocktail in the Explorer Lounge. Whatever and whenever you fancy, drinks are available throughout the day and evening at no additional cost (excluding premium drinks).

Gratuities included

Fantastic service is standard at HX Expeditions and we'll never add discretionary charges onto your bill (though if you'd like to leave something extra, it's always appreciated).

The all-inclusive that sets us apart...

Daily expeditions and activities

Every day, handpicked experts from a range of fields will lead you on discoveries whether on shore or on board. Join our Expedition Team on hikes, community visits and small boat trips before heading back to the ship and hearing fascinating talks in the lecture hall, as well as your briefing on the next day's schedule.

Expedition gear and water bottle – yours to take home

All guests receive a polar expedition jacket, a backpack, or another piece of HX exploration kit for the area you're exploring. And as the first cruise brand to ban single-use plastics, all guests receive a complimentary water bottle to refill on board and take home.

Professional photos of your trip from our onboard photographer

Every expedition has an onboard photographer who'll capture stunning images from each day of your voyage. After you've returned home, we'll send you a beautiful digital album along with a summary video to bring back your favourite memories and make those highlights easy to share.

Wi-Fi at no extra cost

We offer Starlink Wi-Fi on all our ships (if only the Norwegian explorers who founded HX in 1896 could see us now). But be aware that we often sail in remote areas with limited connection and streaming isn't supported.



What is included?

Expedition Cruise

A stay in a cabin of your choice

- Daily breakfast, lunch and dinner
- Wine, beer and spirits available at meals and throughout the day and evening (subject to licensing laws, excludes premium drinks)
- All day coffee, tea and soft drinks
- Fine dining in restaurant Lindstrøm included for suite guests
- A complimentary Ocean Bottle water bottle to refill on board and take home
- Wind and waterproof expedition jacket
- Professional photos from your trip taken by our onboard photographer
- Complimentary Wi-Fi. Please note, streaming is not supported
- Use of sauna, hot tubs, pool, fitness room, lounges and more
- Gratuities included. Fantastic service is standard at HX though if you'd like to leave something extra, it's always appreciated
- Range of included activities
- Overnight in Buenos Aires before the expedition cruise, including breakfast
- Airport transfers in Buenos Aires before the expedition cruise
- Transfers between the Ushuaia airport and the ship
- Flights in economy class between Buenos Aires and Ushuaia

Onboard Activities

In-depth lectures and discussions hosted by our knowledgeable Expedition Team

- Use of our Science Centre, including the library and advanced biological and geological equipment
- Citizen Science Programme allows guests to assist with ongoing scientific research
- Professional onboard photographer gives tips and tricks for the best landscape and wildlife photos
- Informal gatherings with the crew for daily briefings
- Daily briefing with the Expedition Team about the plans for the next day

Landing Activities

Escorted landings with small expedition boats

- Necessary equipment for activities, such as walking poles, will be provided on board on loan. Rubber boots are mandatory for biosecurity per IAATO guidelines. Your HX travel documents will have a recommended packing list.
- Expedition photographer on hand to assist you

Notes

All planned activities are subject to weather and ice conditions

- Excursions and activities are subject to change
- Please make sure you meet all entry and boarding requirements

Not included

International flights

- Travel insurance
- Luggage handling
- Optional shore excursions with local partners
- Optional small-group activities with Expedition Team
- Optional treatments in the onboard wellness and spa area

Optional extras

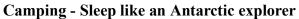
Enhance your journey with optional extras. Some activities are only bookable onboard and can't be reserved online or by phone. Subject to availability.

Snowshoeing 2 Hours: 79 Euro per person

When the conditions are right, there's no better way to cross the frozen terrain than by wearing snowshoes.

The modern equipment makes it easy to walk on the soft snow, and the elements are usually best during our late spring and early summer Antarctica cruises.

- Only bookable on board.
- Included: Snowshoes and ski poles.
- Requirements: A good level of fitness is essential.
- Walking information: Walking mostly on snow and icy terrain, uphill and downhill.
- This activity may have limited availability. In the event that space becomes limited, participants will be chosen via a lottery-based lucky draw.
- Subject to snow and weather conditions, there is no guarantee for snowshoeing towards the end of the season.



We'll venture ashore after dinner to pitch the tents and prepare for a night in the wilderness. Zip into your tent and drift off to the sounds of shifting ice, distant penguin calls, and the sea lapping the shore. It's just you and

the elements. Early risers can step outside and watch the first light spread across the ice before returning to the ship for breakfast.

The activity can only be booked onboard.

Spend the night in a tent amid the Antarctic wilderness for a once-in-a-lifetime camping experience.

- Sleep under the Antarctic sky with only the thin wall of your tent separating you from the elements.
- Experience Antarctica up close in a unique way few get to experience.
- Stay warm and comfortable with top-quality camping gear.
- Included: Tent, Antarctic-standard mats, sleeping bag & liner, headlamp, portable toilet (emergency), emergency camping food, special onboard breakfast, completion certificate.
- Pre-camp briefing and waiver required; IAATO rules enforced.
- Subject to weather, snow, and ice conditions.
- Walking/activity information: Involves physical activity on snowy terrain the surface at the camp site is relatively level, and terrain getting there can be varied uphill/downhill. Guests will be pulling the pulkas with gear themselves and are also responsible for raising and dismantling their tent. Short hikes may also available if conditions allow.

Guide Sea Kayaking Adventure 3 Hours: 199 Euros per person

There's truly no better way to feel the scale, silence, and raw beauty of this landscape than from the seat of a

kayak. Guided by seasoned experts, you'll glide across the water with your fellow adventurers, experiencing your surroundings in a uniquely intimate and peacefully immersive way.

- Explore from a rare water-level perspective
- Encounter wildlife up close, without the noise of a motor.
- Each outing is led by expert guides who ensure the utmost safety and share insights, and you'll be provided with all the top-quality gear you need.





Polar Outside

The Polar Outside cabins on MS Roald Amundsen have A double bed that can be divided into two single beds on request at the time of booking, and some have a sofa bed. All have a private bathroom with a shower and

toiletries, a TV, a safe, a minibar (charges apply), European two-pin plug sockets, and tea- and coffee-making facilities.

RR | Outside cabin \$10,999 USD per person

- Lower-deck cabin
- Window
- Double bed (optional twin)
- Some with sofa bed
- Bathrobes and slippers available on request
- Guests: up to 4 | Size: 19-23 m2
- Cabin code: RR



Arctic Superior cabins are both comfortable and spacious. These cabins feature a double bed which can be divided into two single beds in some cabins on request at the time of booking. Some also have a sofa bed, and many have a private balcony. Some with a limited/obstructed view. All have a private bathroom with a shower and toiletries, a TV, a safe, a minibar (charges apply), European two-pin plug sockets, and tea- and coffee-making facilities. A bathrobe and slippers are also available free of charge.

XT | Outside cabin with balcony \$13,457 USD per person

- Upper-deck cabin
- Private balcony, some with limited/obstructed view
- Double bed (optional twin)
- Sofa bed or seating area
- Bathrobes and slippers are available on request
- Guests: up to 4 | Size: 18 m2

XT Arctic Superior cabins with a limited/obstructed view:

XT-711, XT-712, XT-731, XT-735, XT-738, xT-742, XT-747, XT-754, XT-806, XT-807

Expedition Suite

Add some indulgence to your voyage aboard MS Roald Amundsen and reserve one of our Expedition Suites. Spacious, serviced, and with bed combinations for up to four people, these well-appointed apartments offer special features such as private balconies, expansive windows, and hot tubs. Suites feature a double bed that can be divided into two single beds on request at the time of booking, and some have a sofa bed. All have a private bathroom with a shower and toiletries, a TV, a safe, European two-pin plug sockets, a single-serve coffee machine, and tea- and coffee-making facilities. Naturally, the accommodation includes a full range of premium facilities as well as a minibar (charges apply), daily turn-down service, and laundry. Complimentary fine dining in our Lindstrøm restaurant is part of the experience, and a takeaway service means you can enjoy all meals exclusively.

ME | Suite with balcony \$15,773 USD per person

- Upper-deck suite
- Private balcony
- Double bed (optional twin)
- Sofa bed or seating area
- Bathrobes and slippers available on request
- Guests: up to 4 | Size: 22-28 m2
- Cabin Code: ME





Loving local food

Prepare your tastebuds for mouthwatering meals inspired by the region's flavours and crafted from many locally sourced ingredients, with three different restaurants to choose between.

Restaurant Aune

Named after the Norwegian ship chandler and polar expedition supplier Tinus Aune.



Restaurant Fredheim

The ships' informal and social meeting place – named after a 1900s hunting station on Svalbard.



A speciality restaurant named after Adolf Lindstrøm, the favourite chef of the Norwegian polar heroes. Fine dining in Restaurant Lindstrøm is included for suite guests. Non-suite guests can enjoy breakfast, lunch and dinner in Lindstrøm for an additional cost.





Pool Bar

Enjoy the refreshing pool with your favourite cocktail. What better way to get into holiday mode than by sipping on a cocktail while in the hot tub, creating a great atmosphere with great views.

Explorer lounge & bar

Relax and rejuvenate in the elegant Explorer lounge & bar. Sink into a comfortable armchair and gaze out at the magnificent views through the floor-to-ceiling windows.





From working out to chilling out

A full suite of facilities equips you to maintain an active lifestyle balanced by relaxation for body and mind. After exploring new destinations or exercising on board, you can rejuvenate in the wellness centre or relax in the infinity pool.







Sauna, Spa and Relaxation

The ship has a wellness center where the guests may buy treatments as body massage, face-, hand- and foot treatments.

Fitness Room

After a day of exploring new destinations, guests can relax and rejuvenate in the large gym and Wellness center.

Hot Tub & Pool

After a day of exploring new destinations, guests can relax and rejuvenate in the aft infinity pool and hot tubs as one of the highlights.

Optional Pre and Post Ideas!!

It's summer in South America during your Antarctica expedition—an ideal time to extend your journey into warmer climates. Before or after your cruise, consider exploring some of the continent's most iconic destinations:

- **Argentina** Vibrant cities, culture, and wine country
- Peru Machu Picchu One of the New Seven Wonders of the World
- Galápagos Islands Extraordinary wildlife and untouched nature
- **Iguazú Falls, Brazil** One of the world's great natural spectacles
- Amazon Rainforest Immersive wildlife and biodiversity experiences
- Chile World-class wine experiences and stunning landscapes

Turn your Antarctica expedition into an unforgettable South American adventure.

Join the group!

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