

Tai Chi in Cheam

Classes in 2024



The Parochial Rooms

42 The Broadway, Cheam Village

SM3 8BD

Every Sunday from 9.45 am until 12

Chi-Do Drills for fitness and health

**Tai Chi 24 forms from beginner to
competition and instructor**

Chi-Do Longevity Forms

Suitable for all ages from 14

Contact :- The Chi Clinic

98 Church Hill Road, Cheam SM3 8LJ

0208 641 3756

email. chicliniccheam@gmail.com

www.chiclinic.co.uk

The Instructors.

Gold medalists

**Tony Hardiman CDA. SBRCF. Fellow of The
Complementary Medical Association and
Master of Chi-Do Healing and Martial Arts**

Vicky Ahern-Hardiman 2nd Dan CDA

James Norman 2nd Dan CDA

Assisted by:-

Bryan Parke, Mari Langan and Moon Hoang

Class fees

£10 per session or £40 monthly I/A

Instructor training by invitation only.

For all other classes, please see the website.

***The Chi Clinic was established in Cheam in
1999 and has helped over 14,000 people to
recover health and fitness. It is a One Stop
place for treatments and rehabilitation.***