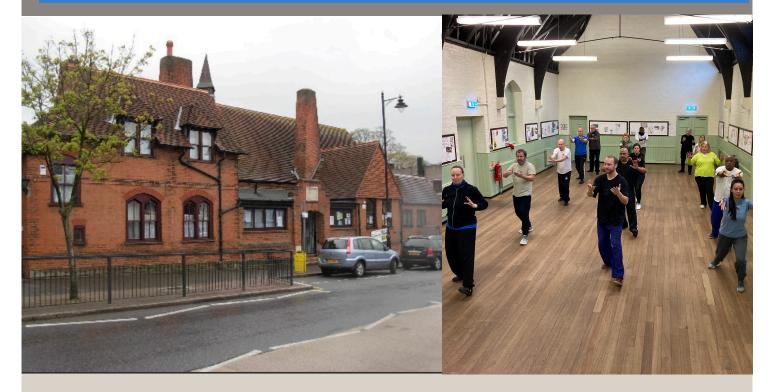
## Tai Chi in Cheam



The Parochial Rooms 42 The Broadway, Cheam Village SM3 8BD

Every Sunday from 9.45 am until 12

**Chi-Do Drills for fitness and health** 

Tai Chi 24 forms from beginner to competition and instructor

**Chi-Do Longevity Forms** 

Suitable for all ages from 14

Contact :- The Chi Clinic

98 Church Hill Road, Cheam SM3 8LJ 0208 641 3756

email. chicliniccheam@gmail.com www.chiclinic.co.uk The Instructors.

**Gold medalists** 

Tony Hardiman CDA. SBRCP. Fellow of The Complementary Medical Association and Master of Chi-Do Healing and Martial Arts

Vicky Ahern-Hardiman 2nd Dan CDA

James Norman 2nd Dan CDA

Assisted by:-

Bryan Parke, Mari Langan and Moon Hoang

**Class fees** 

£10 per session or £40 monthly I/A

Instructor training by invitation only.

For all other classes, please see the website.

The Chi Clinic was established in Cheam in 1999 and has helped over 14,000 people to recover health and fitness. It is a One Stop place for treatments and rehabilitation.