

FULL TIMELINE

REDACTED DRAFT - UPDATED 08.03.2025

created by [Jennifer Knight](#) for [Crime Curious](#)

COLORADO v. JAMES CRAIG

(23CR664)

18th Judicial District
Aurora, Colorado in Arapahoe County
Judge Shay Whitaker



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August 2020

James creates the jimandwaffles@gmail.com account.

April 2022

James and Ryan [REDACTED] become business partners in an attempt to save the dental practice (Summerbrook Dental, formed in 2009).

SIDEBAR: Angela served as office manager from 2017-2022. At some point during this time, James admits to drugging Angela without her knowledge or consent. He claims he was suicidal and wanted Angela to sleep through it.

August 2022

James is experiencing financial difficulties and his dental practice is on the verge of failing once again despite his first bankruptcy in 2021.

Late 2022 - February 2023

James becomes romantically entangled with several women (Carrie [REDACTED], Elizabeth [REDACTED], Jordan [REDACTED], etc.) whom he meets online through a dating service which connects people who are seeking a “sugar daddy” and “sugar baby” exchange of adult companionship for financial support. James spends thousands upon thousands of dollars on these women and their families. He showered them with expensive dinners, hotels, travel, and gifts.

James takes Elizabeth on a ski trip (12/8/22) and has to end the trip early (12/9/22) because Angela learns that he’s with another woman in Montana. Angela tells James not to come home, but James weasels his way back in with more lies and further manipulation.

The following is an example of the text messages between Angela and James after she finds out about Elizabeth:

Angela: There is nothing you can do to get past this. We'll get through Christmas with the kids but that's all. I don't have anything left for you now. You had a month of chances to save your marriage. But what you wanted with her was more important than us. I hope she was worth it.

James: It was not worth it. It absolutely wasn't worth it. I used her to build up my ego. I am not emotionally attached. I was not physical with her.

Angela: Maybe her validation and admiration can fill the void your family left behind.

Angela finds out that James is dating yet another woman, Carrie. James tells Carrie that Angela knows about her, and there's a chance that Angela might contact Carrie. James lets Carrie know he is ready and willing to pay someone to "solve" his "problem" but Carrie blows him off. She tells him that he should hire a homeless person and eventually stops seeing him altogether because he keeps bringing it up. Meanwhile, James continues to love-bomb Angela.

January 2023

James tells Ryan that he and Angela are having marital problems in response to Ryan telling James that their business arrangement is not working out. Ryan asks James to either accept a "drastic cut in pay" or work more hours by taking fewer vacations and less time off work.

February 22 - 25, 2023

James flies to Las Vegas to attend a dental conference. He gambles away \$2000 and/or hires a prostitute. More importantly, he meets a fellow dentist from Texas named Karin [REDACTED]. James tells Karin that he is in the middle of a

divorce. He claims to be legally separated, living in his own apartment. They dive head-first into a deeply romantic relationship based upon those lies.

Monday, February 27, 2023

Having arrived back in Colorado, James begins to communicate with his latest love interest using the jimandwaffles@gmail.com account. He also begins to conduct searches related to poison such as “how many grams of pure arsenic will kill a person” and “is arsenic detectable in autopsy” and “a dosage of tetrahydrozoline that is fatal” and “is there such a thing as an undetectable poison” and “how to make poison from Oleander.”

James creates a new Amazon account using the jimandwaffles@gmail.com address and **purchases Arsenic** for \$13.

Karin books a round-trip flight from Austin, Texas to Denver, Colorado. She is planning to arrive on March 8 and return home on March 10, 2023. She sends the flight information to James.

Tuesday, February 28, 2023

James sends Elizabeth flowers and tells her that he’s going through a divorce. He mentions that he wants to introduce Elizabeth to his children and she politely declines.

James searches Google for “how to make murder look like a heart attack” and “a dose of tetrahydrozoline is fatal.”

Wednesday, March 1, 2023

Angela travels to Utah to attend a genealogy conference with her sister (Toni [REDACTED]). According to Toni, Angela is neither sick nor suicidal. James searches “how long does it take to die from arsenic poisoning.”

Thursday, March 2, 2023

Angela is still in Utah, visiting her sister, neither sick nor suicidal.

Friday, March 3, 2023

Angela is still in Utah, visiting her sister, neither sick nor suicidal.

Saturday, March 4, 2023

Angela is still in Utah, visiting her sister. They make plans to attend another genealogy conference the following year. James is still love-bombing Angela via text messaging.

The Amazon package containing **Arsenic is delivered** to the Craig residence.

Karin plans a new round-trip flight to Denver from Austin, departing on March 16, 2023 and returning on March 20, 2023 because the previous trip had fallen through. She sends the updated flight information to James.

Sunday, March 5, 2023

Angela returns to Colorado from Utah.

Monday, March 6, 2023

Angela complains of a **sinus infection**, and James prescribes **Clindamycin**.

Angela becomes extremely ill and goes to Parker Adventist Hospital. Angela is released and sent home the same day.

James returns to Summerbrook after office hours and uses a computer in Exam Room #9 with the lights off rather than using his own laptop or the

computer in his office. This odd behavior is witnessed by Caitlin [REDACTED] (office manager #1).

James searches Google for “visine” and “tetrahydrozoline poisoning timeline.” He then **purchases Oleandrin** for \$330 from AdooQ BioScience.

Thirty minutes after leaving the office, James sends Caitlin a text message letting her know that a package will be arriving for him. He says it is personal and asks Caitlin not to open it.

James is still actively love-bombing Karin via text message throughout the day and into the night while Angela remains incredibly ill at home.

Tuesday, March 7, 2023

Angela goes to AFC Urgent Care Aurora Saddle Rock without James. They send her home.

Angela and James have an argument in the kitchen of the residence. Angela is upset that James told medical personnel at the hospital that she was suicidal. She said they didn’t believe her when she spoke with them because of what James had expressed to them.

Wednesday, March 8, 2023

James **purchases Potassium Cyanide** from Midland Scientific for next day customer pickup after driving to their office and learning that they do not offer in-person sales at that location. He is informed that the company does not have the item in stock, however, and he agrees to receive an overnight shipment to his dental practice from their supplier instead. He receives an email asking for more information about his intended use of the product.

At or about 10:50pm, James goes to King Soopers (local grocery store) and **purchases 12 bottles of Visine**. He uses his credit card.

James continues to love-bomb Karin. He claims to be upset that Angela is blaming him for her sudden illness.

Thursday, March 9, 2023

James **purchases 7 more bottles of Visine** at King Soopers.

James makes Angela another smoothie in the morning and leaves for work.

James completes the intended use form for Midland Scientific and sends it back to the company via email, now expecting the package to be received at the dental practice on Friday, March 10, 2023.

Angela gets increasingly worse. She crawls across the floor because she lacks the strength and ability to stand or walk. Her children find her passed out on the floor. She returns to Parker Adventist Hospital where she is admitted for inpatient care. More specifically, Angela's daughter drives her, and James meets them there.

James sends Karin a photo of Angela in the hospital bed with one of their daughters.

SIDEBAR: When they eventually looked back at samples taken from Angela this day, they found tetrahydrozoline. Blood results from toxicology showed that Angela tested positive for arsenic. No cyanide was detected.

Friday, March 10, 2023

Angela remains at Parker Adventist Hospital.

James contacts Midland Scientific in an attempt to track the cyanide delivery. They inform James that the delivery is now expected to arrive on Saturday, March 11, 2023. James is outraged by the delay.

Saturday, March 11, 2023

Angela remains at Parker Adventist Hospital.

James makes four trips to and from his office, most likely looking for the package from Midland Scientific.

At or about 7:30pm, James once again contacts Midland Scientific via email after not receiving the package. He is livid.

Sunday, March 12, 2023

Angela remains at Parker Adventist Hospital.

At or about 12:15am, Angela's heart monitor sounds an alarm that she requires emergency service from the hospital's rapid response team because her oxygen suddenly drops into the 50s and her heart rate skyrockets to 130bpm. She is sweating profusely. James is the only other person in the room when this happens.

Monday, March 13, 2023

Angela remains at Parker Adventist Hospital.

Midland Scientific responds to the email sent by James on Saturday evening. James is given a FedEx tracking number and told that the cyanide had been shipped to his office on March 13, 2023.

The **potassium cyanide package from Midland Scientific finally arrives** at Summerbrook. Katty [REDACTED] (receptionist) opens the package by mistake and gives the package to Caitlin. Caitlin, assuming the package contains the Fentanyl they had ordered, learns instead that the package contains an invoice for cyanide and a cylindrical container with a biohazard sticker. This was the “personal package” James was expecting. Caitlin reseals the package and gives it to Dr. Craig without asking any follow up questions or telling him the package had been opened.

Tuesday, March 14, 2023

Angela is released from Parker Adventist Hospital. She is sent home on oxygen with instructions to reach out to her primary care doctor.

SIDEBAR: Blood samples were retained and tested later. Results from Angela’s 03.14.23 toxicology report will eventually show that Angela tests negative for cyanide at the time of her release from Parker Adventist.

James tells Caitlin that Angela was released from the hospital. He tells her that Angela made accusations that James poisoned her. James tells Caitlin that Angela said something to him along the lines of “There are poisons they don’t test for.”

James snaps a photo of Angela sick in bed after being released from the hospital and sends it to Karin. Angela makes several searches on her phone trying to figure out what’s wrong with her. He also makes Angela another smoothie before she goes to sleep.

Wednesday, March 15, 2023

Angela’s sister sends James a text letting him know that she had given Angela the meds (Clindamycin capsules) as instructed. Angela’s brother is

actually the one who gave them to her. Prosecutors believe those capsules were tainted unbeknownst to Angela's brother Mark and sister Toni.

Angela begins experiencing severe headaches and dizziness within 25 minutes of taking the capsules. She can't even hold herself up. Mark and Renee (Mark's wife) take Angela to UC Health University of Colorado Hospital seeking medical answers at or around 11am.

SIDEBAR: Blood and hair samples were retained and tested later. Results from Angela's 03.15.23 toxicology report will eventually show that Angela tests positive for benzodiazepines, arsenic, cyanide, and tetrahydrozoline at the time of her arrival at University Hospital.

James lets Karin know that he will be "going dark" at various times throughout the day. Karin is expected to arrive the following day and James doesn't want her to worry if he is unable to respond.

James meets them at the hospital with food for Angela. He's wearing blue scrubs. At approximately 2pm, James is alone in Angela's hospital room. He leaves the room and heads down the hall. Prosecutors say that he headed down that hall to most likely dispose of a cyanide syringe in the "sharps container" while wearing scrubs so nobody would notice anything strange - just another medical professional disposing of a dirty needle, right?

Angela has an immediate seizure and begins to rapidly decline. She is intubated and placed on life support in the hospital's Intensive Care Unit. Medical personnel are unable to find a medical condition that would cause Angela's sudden crash. She never wakes up.

Caitlin calls Jacqueline [REDACTED] (office manager #2) to explain some odd behavior by James and the delivery of potassium cyanide to the office as soon as she hears that Angela has once again gone to the hospital.

James sends Michelle [REDACTED] (Ryan's wife) a text message saying that Angela has been admitted to the hospital and her condition is grave.

Michelle calls Ryan and they go to the hospital (in separate vehicles) to support Angela. On the way to University Hospital, Michelle receives a phone call from Jacqueline regarding the suspicious delivery and strange behavior reported by Caitlin. Michelle, Jackie, and Caitlin have a 3-way phone call. Michelle calls Ryan again. They meet briefly in one of their vehicles outside the hospital.

Ryan speaks privately with one of Angela's nurses while James is busy on a phone call and shares his suspicion that Angela might be a victim of poisoning. He explains that James recently ordered potassium cyanide for their dental practice. The nurse calls the police, thus kicking off the investigation by law enforcement.

After leaving the hospital, Ryan receives a phone call from James. Ryan takes the call on speaker so Michelle can also hear the conversation. James asks Ryan if he said anything disturbing to hospital staff. Ryan admits that he spoke with staff and tells James he is aware of the package James received at the office. James argues that inside the package was a ring that was purchased for Angela. Ryan makes it clear that he knows better. James changes his tune and admits to the cyanide, but says that it was ordered at Angela's request. Ryan encourages James to hire an attorney and ends the conversation.

Thursday, March 16, 2023

Detective Chamberlain (APD MCHU) arrives at University Hospital at or around 12:30am to speak with hospital staff. Detective Chamberlain learns that Angela is on life support with no brain activity and that she may not make it through the evening.

In the early morning hours, Ryan and Michelle go to the Aurora Police Department HQ to participate in a voluntary interview with lead detective Bobbi Olson of the Major Crimes Homicide Unit.

Caitlin is also interviewed by police and leaves out the fact that she was having what she called an “emotional affair” with James.

Detective Merino submits three search warrant applications and affidavits to the 18th Judicial District Courts - one for James and Angela’s home, one for the Summerbrook dental office, and one for the home of a ward member where James and the children will be spending the night.

James sends Ryan the following text message:

Good morning Ryan. Thank you for taking my patient load today. I want to make an urgent plea to you. If we were ever friends, please do this favor for me. Please don't talk to anyone about what we talked about last night, including any law enforcement officers. You are under no obligation to answer their questions unless you are served a subpoena and you will do more damage than good to my family by continuing to insert yourself into this. Angela is gone and I am devastated. There is nothing that can bring her back and I want desperately to tell you all of the details so that you can better understand what's gone on behind the scenes with her. There is so, so much that you don't know that I wish you did. If you knew everything this would make so much sense to you but there's no use in telling you right now.

You and I have a history of you and the other partners and Jackie all talking about me behind my back and deciding what you think is best and then you're always the fall guy that has to pull the trigger or tell me what you've all decided about me. In fact, yesterday you didn't even come to me. I had to seek you out. You have never given me the advantage of talking with me first - you

just decide and then act and hope I'll pick up the pieces later. This is a pattern in our business dealings and now has become a factor in our personal dealings.

Let me paint a picture for you of what this has done. Yesterday I had to tell my kids their mom was not going to wake up and they were there to say their final goodbyes. That was at 6:45pm. The hospital said we could bring the kids up to say goodbye at that time, but because of the investigation you opened by your incomplete information, the hospital made those poor, grieving, hysterical kids wait until after 10pm to see their mom. After an hour or so of saying goodbye to her, we went home just before midnight only to have our house sealed against our entry by the police. Instead of getting to go home and find comfort, they were met with flashing lights and cold, unfeeling cops and the kids, scared and confused, had to go sleep at the home of a ward member. Family is starting to come into town today and I have to tell them they can't come to my house and try to explain why. I have to hire a homicide attorney to make sure I don't end up being painted in the light that you know some hungry DA is anxious to paint me in because I am most likely going to be charged even though that is absolutely NOT what happened.

Ryan, I understand why you did what you did. I do. I get it. But if you had come to me personally, man-to-man instead of talking to everyone else about what you thought you knew, I might have let you in on some details that would have made you less likely to cause this horrible storm. Man Ryan, if you had ONLY put me higher on your list of priorities instead of putting everyone else's opinions and gossip ahead of me! For that I am very, very mad at you. I have talked to you about this multiple times but you don't seem to care and now what you thought was responsible has become reckless and so, so destructive.

And so I'm asking, if there was ever any love in your heart for me, please don't make this any worse by talking to any officers or anyone else about this

unless you are legally forced to. And whoever else on the team you think is going to be questioned, I would ask that you privately ask them to honor this request, too.

Also, please do not respond to this text message until I text you again.

Child Protective Services case worker Sidney Romero meets with James Craig and his children individually. Sidney then contacts Detective Merino to report that James told her Angela was suicidal and had been for some time. Sidney also reports that James told her he asked Angela for a divorce in December of 2022. She says that according to James, he has revived Angela on several occasions after she intentionally overdosed on opioids and other substances over the last few months.

At or about 8:30am, Detective Graw and Lead Detective Bobbi Olson respond to the home of Jennifer [REDACTED] after learning that James and the children are staying at her house while the Craig residence is sealed. James is given a copy of a signed search warrant for his phone, Angela's phone, his wallet, and his laptop. James turns the items over with passcodes. James refuses to speak with detectives about Angela's medical status.

At or about 8:45am, several detectives including lead detective Bobbi Olson respond to the Craig residence and execute the search warrant for their home. The warrant is amended to include interior and exterior surveillance footage. They take possession of multiple types of powder proteins, multiple workout-style shakers used to consume protein drinks or shakes, a computer tablet, two unlabeled Ziploc-style plastic bags with a white powdery substance inside them, and a water bottle located on the exercise bike in the main bedroom area.

At or about 11:45am, several detectives including Lead Detective Bobbi Olson execute the search warrant at Summerbrook Dental. They seize a hard

drive from the computer in Exam Room #9. They also take possession of a small hand vacuum with a white powdery substance inside.

Friday, March 17, 2023

Angela remains in the Intensive Care Unit at University Hospital.

James takes Karin out for a nice sushi dinner and they have what she referred to as “physical intimacy” that night in her hotel room.

Lead Detective Bobbi Olson meets with Toni (Angela’s sister) and learns that Angela showed no signs of ill health during her recent visit to Utah. Toni tells Detective Olson that James had engaged in multiple affairs with several women over the years and that James had drugged Angela about five years ago. Toni says that James told her he had refused an autopsy for Angela at the hospital. Toni also tells Detective Olson that the couple’s finances are dire. She says that Angela told her James had run his dental practice in the ground.

Saturday, March 18, 2023

At or about 4:30pm, Angela is taken off life support and she passes away in the hospital. Her organs are harvested.

James takes Karin to a lovely dinner in Boulder and stays with her in the hotel room until midnight.

An arrest warrant is issued for James after detective Bobbi Olson presents a 52-page affidavit of probable cause to district court magistrate Richard Ferro.

Sunday, March 19, 2023

James is arrested for Angela's murder and booked into the Arapahoe County Detention Center.

At or about 2am, Detectives knock on Karin's hotel room door and tell her that James has been arrested for Angela's murder. She defends him.

March or April 2023

James asks his 18-year old daughter to come down to the jail and bail out an alleged relative named Jonathan whom she's never met for \$2,250 and then give him a ride home. James says the man is a cousin. She bails the man out and Jonathan gives her a letter outlining the steps she should take to buy a "cheap laptop you will only use once" and go on the dark web with an encrypted email address to obtain a deep fake video of Angela claiming that she wants to kill herself, that she had asked James to buy the cyanide. She is told to pay with a prepaid Visa gift card. Then, she is supposed to destroy the laptop and tell detectives that she found the video in her mother's handbag. If she will do it, she is supposed to let James know in code. More specifically, if she is willing to do it, she would tell him "the candy is good" and if she is unwilling, "the candy is disappointing." She instead gives the letter to detectives at the behest of her brother and uncle. Her brother and uncle show up at the jail. They try to cancel the process of bonding this man out, but they're too late. They tell the inmate that he will need to find a ride home.

April - June 2023

James gets close with a cell mate named Nathaniel [REDACTED]. He asks Nate to "handle" the last person that he dealt with in medical (most likely Kacy). He wants Nate to murder lead detective Bobbi Olson.

James somehow gets the address of Kozzi [REDACTED] (Nate's estranged wife) and sends her a letter asking for help finding fake witnesses who will claim that they know Angela. He also asks her to create fake photos and phone logs. He also wants her to get someone to say they know Caitlin (office manager) and he wants them to say that she was bragging about setting James up for Angela's murder at the behest of Ryan (business partner).

He also creates a letter inside a letter (the outer letter is addressed to Nate's attorney, the inner letter is addressed to Kozzi) and gives it to Nate. Nate's copy is eventually found during a Suboxone sweep at the jail which was set up with deputies by Kozzi so Nate wouldn't look like a snitch. Kozzi gives her copy to Bobbi Olson.

June 28, 2023

The bond amount for James Craig is set at \$10 million.

July 14, 2023

Kacy [REDACTED] meets with lead detective Bobbi Olson and tells her that James has been trying to get him to plant evidence at the Craig residence. He has the alarm code plus codes to enter the house and truck. He knows where all the cameras are. He was locked up in the medical unit with James who offered cash and dental work in exchange for Kacy planting fake journal or diary entries that would show Angela was suicidal in either the garage or truck. His plan was to get a church member or his attorney to retrieve them as evidence. James also wants Kacy to take a photo of a policeman's son getting off the school bus so it can be used as intimidation.

October 2023

James pleads Not Guilty.

Late April 2024

An employee at the Arapahoe County Detention Center receives a letter (postmarked 04.15.24) that was returned to the jail by the post office as undeliverable. The letter starts with, “Hey Will and Becca,” and ends with, “Love, Jimmy.” There is a separate letter to future fake witnesses inside the main letter to William [REDACTED] James wants these people (female, attractive) to claim that Angela had offered them money in order to establish a fake setup wherein James is framed for Angela’s attempted murder because she wants leverage in their upcoming divorce. The letters included clear instructions about burner phones and fake identification. He also covered the proposed payment for their services.

April 4, 2024

Someone writes an anonymous letter to James Craig’s parents claiming that Angela paid them \$66,000 to frame James. The suspicious letter is then turned over to the police.

November 21, 2024

Trial is postponed after James Craig’s lawyer Harvey Steinberg abruptly withdraws from the case citing the rules of professionalism that allow a lawyer to withdraw if “the client persists in a course of action involving the lawyer’s services that the lawyer reasonably believes is criminal or fraudulent” or “the client insists upon taking actions that the lawyer considers repugnant or with which the lawyer has a fundamental disagreement.”

November 22, 2024

The District Attorney’s office files new charges against James for one count of tampering with physical evidence, two counts of solicitation to commit perjury, and two counts of solicitation to commit murder of two members of local law enforcement, Detective Bobbi Olson and Officer/Deputy Hillstrand.

Can't find any info whatsoever on anyone named Hillstrand. Was it actually Aurora Police Chief Mark Hildebrand???

June 28, 2025

Just after midnight, James Craig's attorney, Robert Werking sets his own house on fire and waits patiently on the front porch to be arrested. This situation causes Werking to withdraw from the case, but his wife, Lisa Moses, continues to run defense in the Craig matter with co-counsel Ashley Whitham.

July 8, 2025

Robert Werking makes his first court appearance as a defendant and his attorney, David Beller, makes a public statement.

"Being a defense lawyer necessarily means bearing the burden of living at all times in other people's trauma. Sometimes, this means becoming a news story, when the weight of trauma is too much for us to continue to carry," Beller says in the statement. "Mr. Werking is getting the mental health treatment so many of us delay receiving."

July 15, 2025

Trial begins. 10 full days of testimony.

July 30, 2025

James Craig is sentenced to serve Life Without the Possibility of Parole plus 33 consecutive years. He is found Guilty by a jury of his peers on Counts 1-6 and Not Guilty on Count 7 as set forth below.

Count #1 - Murder in the First Degree
(GUILTY, LWOP)

Count #2 - Solicitation to Commit Tampering with Physical Evidence
(GUILTY, 18 months, consecutive)

Count #3 - Solicitation to Commit Tampering with Physical Evidence
(GUILTY, 18 months, consecutive)

Count #4 - Solicitation to Commit Perjury in the First Degree
(GUILTY, 3 years, consecutive)

Count #5 - Solicitation to Commit Murder
(GUILTY, 24 years, consecutive)

Count #6 - Solicitation to Commit Perjury in the First Degree
(GUILTY, 3 years, consecutive)

Lesser Non-included Charge (presented to jury):

Count #7 - Manslaughter, Causing or Aiding Suicide
(NOT GUILTY)

