

Welcome to

SINCE 2009

ESTEEM

DANCE • FITNESS • TUMBLING

WELCOME TO CLASS AT ESTEEM!

THINGS TO KNOW FOR YOUR DANCE OR TUMBLE CLASS AT ESTEEM!

WHAT TO PACK:

- ✦ DANCE BAG
 - ✦ DANCE SHOES
 - ✦ WATER BOTTLE
- ***LABEL ALL ITEMS!**

BEFORE CLASS:

- ✦ PLEASE ARRIVE NO EARLIER THAN 5 MINUTES BEFORE YOUR CLASS TIME
- ✦ GO TO THE BATHROOM AHEAD OF TIME SO YOUR STUDENT DOESN'T HAVE TO MISS ANY CLASS!

IS THERE A LOBBY?

WE HAVE AREAS TO DROP OFF AND PICK UP STUDENTS BUT NOT A DESIGNATED SPOT FOR PARENTS TO WAIT. WE'VE DEDICATED ALL OUR SPACE TO MAKING THE BEST STUDIOS FOR OUR STUDENTS!

WHY CAN'T I WATCH MY CHILD'S DANCE CLASS?

WE'VE FOUND OUT STUDENTS FOCUS BEST ON LEARNING WHEN IT'S JUST THEM AND A TEACHER IN THE ROOM. OUR DANCE & TUMBLE CLASSES ARE SUPER SAFE AND SUPER FUN! WE KEEP KIDS ENGAGED EVERY MOMENT. YOUR CHILD WILL BUILD CONFIDENCE AND SELF-ESTEEM AND APART FROM DANCING, THEY ALSO LEARN ABOUT LINING UP, TAKING TURNS, LISTENING TO THE TEACHER, AND FOLLOWING INSTRUCTIONS. ALL VALUABLE SKILLS! KIDS FOCUS ON THE MUSIC AND STEPS MORE WHEN THEY'RE NOT LOOKING TO THEIR PARENT FOR A REACTION. OTHER KIDS MAY ALSO BE NERVOUS TO HAVE PARENTS THAT AREN'T THEIRS WATCHING. SO RELAX AND LEAVE YOUR DANCER OR TUMBLER TO HAVE FUN WITH US!

A SNACK BEFORE CLASS WILL HELP WITH FOCUS & ENERGY! (PLEASE DO NOT PACK SNACKS TO BE RESPECTFUL OF ANY ALLERGIES.)

WE HAVE ASSISTANTS IN ALL CLASSES THAT ARE THERE TO HELP STUDENTS WITH ANYTHING THEY NEED!