

ESTEEM

DANCE · FITNESS · TUMBLING

CLASSES

WHAT YOU NEED TO KNOW

Make sure to pack a dance bag with all your items and shoes labeled!

Water bottles are fine but please leave snacks and toys at home.

Please arrive no earlier than 5 minutes before your scheduled class time. Lobby space is limited and classes may be coming out before your student goes into their studio.

Have your student go to the bathroom before class, if possible at home. There are bathrooms at the studio but they are located in busy hallways that we try to keep clear for our students.

The safety of every child and staff member at Esteem is our highest priority. To maintain a secure environment, we are implementing a strict policy: parents and guardians will not be allowed inside the building during class times.

This policy is not meant to create distance, but rather to protect. By limiting access, we are able to:

- Monitor exactly who enters and exits the building at all times.
- Ensure that only staff and enrolled students are present in classrooms and common areas.
- Create a safe, distraction-free learning space where dancers can focus and thrive.

We take the responsibility of caring for your children very seriously, and this policy is a key part of providing the safest possible environment. Please know that staff will always be available at drop-off and pick-up to assist your dancer and to answer any questions you may have.

We've found students focus best on learning when it's just them and a teacher in the room. Our dance & tumble classes are super safe and super fun! We keep kids engaged every moment. Your child will build confidence and self-esteem and apart from dancing, they also learn about lining up, taking turns, listening to the teacher, and following instructions. All valuable skills! Kids focus on the music and steps more when they're not looking to their parent for a reaction. Other kids may also be nervous to have parents that aren't there watching. So relax and leave your dancer or tumbler to have fun with us!

All prek classes are meant to set students up to learn the fundamentals but above all we value making dance and tumble FUN!