

WINCHESTER CANNONS SPRING 2023

Team Requirements:

- All players must complete the following forms:
 - Winchester Cannons Player Registration - Due Feb. 26
 - Consent to Treat Forms - Due Feb. 26
 - Register with USARugby through Rugby XPlorer - Due Feb. 26
 - Pay Club Dues - Due by first game (No Dues, No Jersey)
- Players will need the following equipment:
 - Mouthguard
 - Cleats (soccer are fine, NO metal studs)
 - Game rugby shorts & socks (provided by the club)
 - Practice rugby shorts

Club Dues & Registration:

- All players must be registered by FIRST PRACTICE & pay dues by the FIRST GAME
- Dues breakdown:

Basic Expenses for Spring	Cost Per New Player	Cost Per Returning Player
RVA Due	\$3	\$3
Ref, Field, & Game Fees	\$75	\$75
T-Shirt	\$15	\$15
Kit (Only required for new players)	\$30	
Spring Total	\$120	\$90
Sibling Discount (\$10)*	\$110	\$80
Spring & Summer Pay in Full Discount (10%)**	\$175	\$150

*Sibling discount applies to the the sibling player's dues, including youth players this summer.

**Summer dues are \$75.

- Register with USARugby through Rugby XPlorer
 - Registration fee of \$41

Practice & Game Schedules:

- Preseason Training
 - 19 January - 28 February
 - Tues & Thurs 7-8pm
 - Valley Health Wellness Center
- Outdoor Practices
 - Saturdays @ Weaver Park
 - Start 25 February
 - 9-11am
 - Tuesdays & Thursdays @ Weaver Park & TBD
 - 2 March - 9 March - 5:30-6:30pm
 - 14 March - 30 March - 5:30-7:00pm
 - 4 April - 26 May - 5:30-7:30pm
- Games
 - 11 March vs. Knightmares (Rugby PA)
 - 19 March @ Chambersburg (Rugby PA)
 - 25 March - RVA Game
 - 1 April - RVA Game
 - 15 April @ Western Suburbs
 - 22 April - RVA Game
 - 29 April vs. Holy Family (RVA)
 - 6 May - RVA Playoffs
 - 13 May - RVA State Tournament in Culpeper
 - 21 May @ Hollidaysburg (tentatively)
 - 27 May @ Segra Field (tentatively)
 - *All games are subject to change*

Parent Volunteers:

- We ask that parents donate items for the Player Tent so we can make sure our players are hydrated and energized for a long day of playing rugby.
- Any parents interested in coaching, please contact Coach MT directly.

Team Communication:

- Coaches will communicate with all players and parents via TeamSnap. Please expect an invite email to join the Cannons TeamSnap.
- Coaches will also communicate via email.

Coaches Information:

Coach MT - Head Coach	Coach Joe Baraukas	Coach Aaron Painter
540-539-2900 anna.moffett.thompson@gmail.com	540-974-5074 piroquebuilder@gmail.com	540-683-0526 apainter@vt.edu