

# 2024

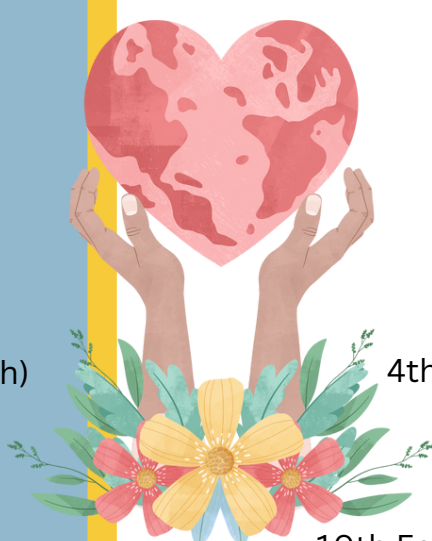
PLAY REFUGE

# Play Therapy Calendar



## January

1st January – New Year's Day (UK Bank Holiday)  
2nd January – World Introvert Day  
2nd January – New Year Holiday (Scotland only)  
4th January - World Braille Day  
5th January – Birth celebration of Guru Gobind Singh Ji (Sikh)  
5th January - Twelfth Night  
6th January – Epiphany (Christian – Western)  
6th January – The Holy Epiphany (Greek Orthodox)  
7th January – Christmas Day (Christian-Eastern Orthodox (not Greek Orthodox))  
15th January - Martin Luther King Jr. Day  
21st January – World Religion Day  
25th January – Burns Night  
25th January – St Dwynwen's Day  
26th January – International Customs Day  
26-28th January - RSPB Big Garden Birdwatch  
27th January – International Holocaust Remembrance Day  
28th January – National Lego Day



## February

LGBT History Month  
1st February – World Interfaith Harmony Week  
2nd February - Groundhog Day  
4th February - World Cancer Day  
4th February – International Day of Human Fraternity  
6th February – Internet Safety Day  
8th February - Lailat al-Isra wa-l-Mi'raj (Prophet's Ascension) (Islamic)  
10th February – Lunar New Year (Year of the Dragon) (Chinese)  
11th February – International Day of Women and Girls in Science  
13th February – Galentine's Day  
13th February – Shrove Tuesday (Mardi Gras)  
14th February – Valentine's Day  
15th February - Parinirvana Day (Buddhist)  
15th February – International Childhood Cancer Day  
17th February – Random Acts of Kindness Day  
19th February - President's Day (US)  
20th February - World Day of Social Justice  
14th February – Ash Wednesday (Christian – Western)  
18th February – First Sunday of Lent (Christian – Western)  
28th February – Rare Disease Day

## March

Women's History Month  
1st March – St. David's Day  
1st March – Self-injury Awareness Day  
1st March - World Music Therapy Day  
1st March – Zero Discrimination Day  
2nd March – World Teen Mental Wellness Day  
7th March - World Book Day  
8th March- Maha Shivaratri  
8th March – International Women's Day  
10th March – Mother's Day  
11th March – Ramaden, First day (Islamic)  
11th March – 8th April – Ramadan\*  
15th March - Red Nose Day  
15th March – World Sleep Day  
17th March – St. Patrick's Day  
18th March– Lent Monday (Christian-Eastern Orthodox)  
18th-24th March – Neurodiversity  
18th - 24th March - British Sign Language Week  
19th March - Spring Equinox  
20th March – International Day of Happiness  
20th March - First Day of Spring  
21st March - Nowruz Begins  
21st March - International Day for the Elimination of Racial Discrimination  
21st March - World Down Syndrome Day  
22nd March - World Water Day  
24th March – Purim (Jewish)  
24th March – World Tuberculosis Day  
24th March - Palm Sunday  
26th March – Holi (Hindu)  
29th March - Good Friday (Christian – Western)  
31st March – Clocks Go Forward  
31st March - International Transgender Day of Visibility  
31st March - Easter Day



## April

1st April - Easter Day (Christian-Eastern Orthodox)  
2nd April - World Autism Awareness Day  
2nd April – International Children's Book Day  
4th April – Qingming Festival  
7th April - World Health Day  
10th April – Eid al-Fitr, First day (Islamic)  
10th April – National Siblings Day  
14th April – Baisakhi (Sikh)  
14th April – Day of Silence  
14th April – International Moment of Laughter Day  
17th April – World Haemophilia Day  
22nd April – Pesach (Passover, First Day (Jewish)  
22nd April - Earth Day  
22nd April – Stephen Lawrence Day  
23rd April – St. George's Day



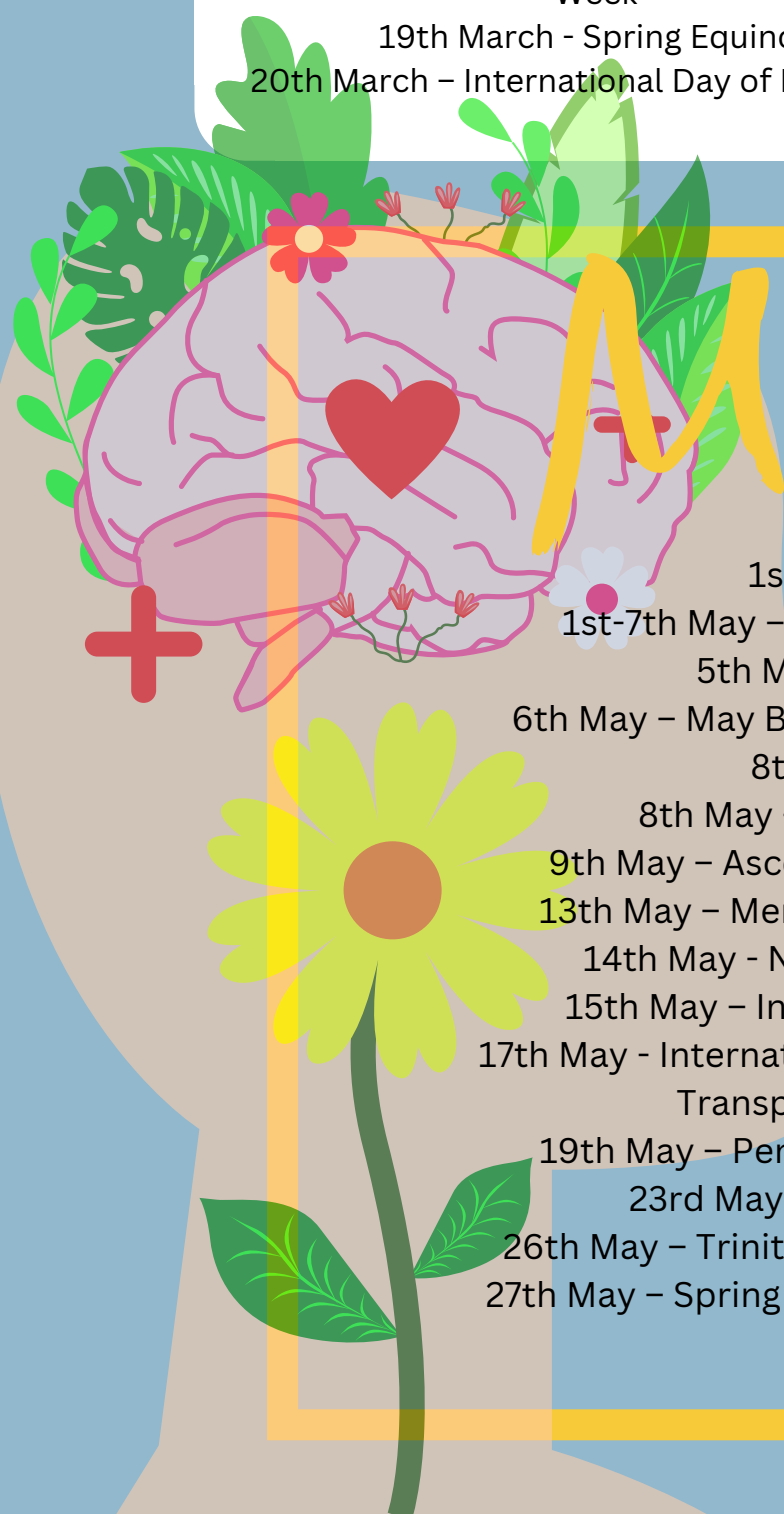
## June

Pride Month  
SANDS Awareness Month  
5th June - World Environment Day  
10th June - Dragon Boat Festival  
12th June – Shavuot (Pentecost), First Day (Jewish)  
14th June - Flag Day (US)  
16th June – Martyrdom of Guru Arjan Dev Ji (Sikh)  
16th June – Eid al-Adha (Feast of Sacrifice, First day (Islamic)  
16th June – Father's Day  
17th June – King's Birthday  
17th-23rd June - Refugee Week  
19th -26th June – Learning Disability Week  
20th June - World Refugee Day  
20th June - Summer Solstice  
20th June - International Children's Day  
20th June - Longest Day -First Day of Summer  
21st June - National Indigenous Peoples Day  
22nd June - Windrush Day  
23rd June – Pentecost (Christian-Eastern Orthodox)  
24th June - Midsummer Day  
29th June - Armed Forces Day



## May

1st May - May Day  
1st-7th May – Deaf Awareness Week (UK)  
5th May - Yom HaShoah  
6th May – May Bank Holiday (UK Bank Holiday)  
8th May – VE Day  
8th May – World Red Cross Day  
9th May – Ascension (Christian – Western)  
13th May – Mental Health Awareness Week  
14th May - National Children's Day UK  
15th May – International Day of Families  
17th May - International Day against Homophobia, Transphobia and Biphobia  
19th May – Pentecost (Christian – Western)  
23rd May – Wesak (Buddha Day)  
26th May – Trinity Sunday (Christian – Western)  
27th May – Spring Bank Holiday (UK Bank Holiday)





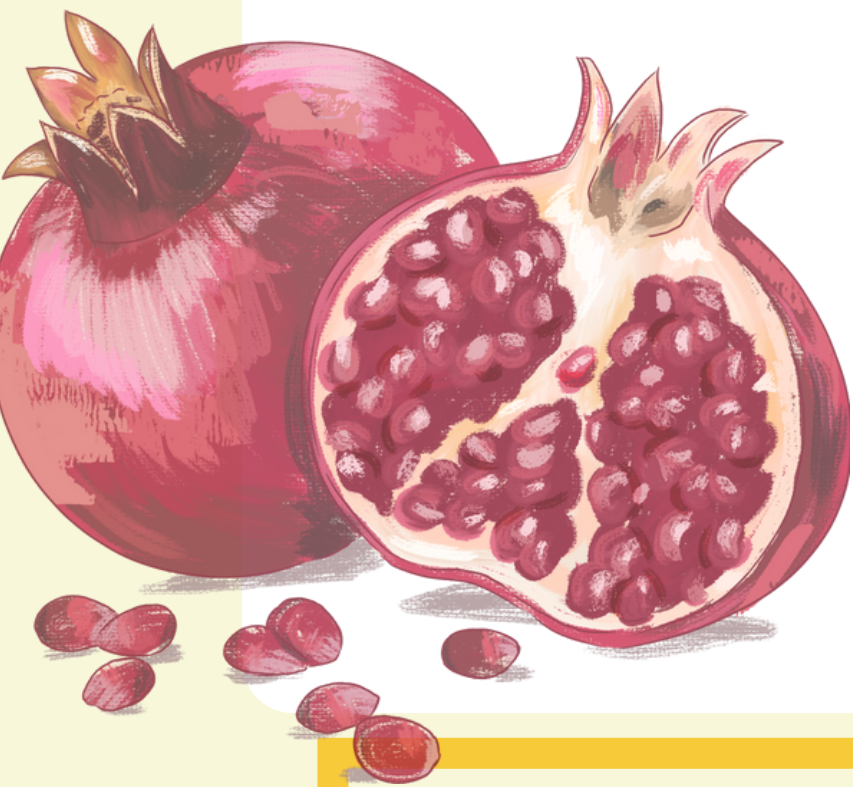
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# Play Therapy Calendar



## July



1st July - Canada Day (CAN)  
4th July - Independence Day (US)  
7th July - Al-Hijra (Islamic New Year)  
11th July - World Population Day  
12nd July - Battle of the Boyne (NI Only)  
16th July - Ashura\*  
18th July - Nelson Mandela International Day  
21st July - Dharma Day (Buddhist)  
27th July - Tisha B'va (Jewish)

## August



5th August - August Bank Holiday (Scotland only) 7th August - Playday - National Day for Play  
9th August - International Day of the World's Indigenous People  
12th August - International Youth Day  
13th August - 15th August - Obon\*  
15th August - Assumption (Christian - Western)  
19th August - World Humanitarian Day  
26th August - August Bank Holiday (not Scotland) (UK Bank Holiday)  
28th August - Dormition of the Holy Mother of God (Greek Orthodox)

## September

8th September - International Literacy Day  
10th September - World Suicide Prevention Day  
12th September - Yom Kippur  
15th September - Milad al-Nabi (Prophet's Birthday) (Islamic)  
16th-33rd September - Jeans for Genes Week (TBC)  
20th September - Epilepsy Action National Doodle Day (TBC)  
21st September - International Day of Peace  
21st September - World Alzheimer's Day  
22nd September - First Day of Autumn  
23rd September - Autumn Equinox  
24th September - Padmasambhava Day (Buddhist)  
27th September - Biggest Coffee Morning (TBC)



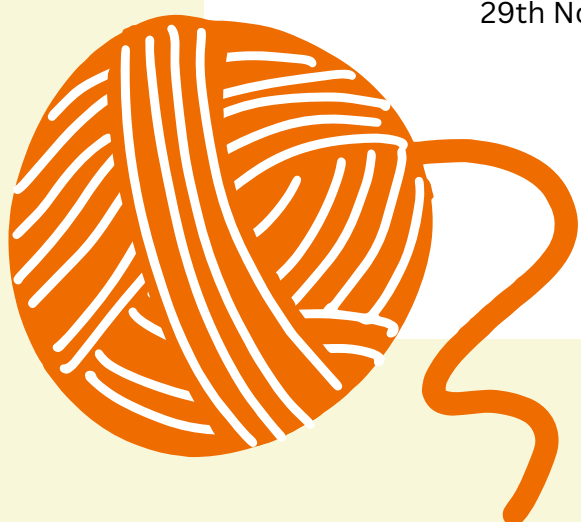
## October

Black History Month  
Global Diversity Awareness Month  
2nd - 8th October - Kinship Care Week  
3rd October - National Poverty Day (TBC)  
3rd October - Navaratri, First Day (Hindu)  
3rd - 4th October - Rosh Hashanah  
4th October - World Smile Day  
4th -10th October - World Space Week  
5th October - World Teachers' Day (TBC)  
7th October - National Braille Week begins (TBC)  
8th October - Grandparents Day  
9th - 15th October - SANDS Baby Loss Awareness Week  
10th October - World Sight Day  
10th October - World Mental Health Day  
12th October - Yom Kippur (Day of Atonement) (Jewish)  
14th October - Indigenous People's Day (US)  
17th October - International Day for the Eradication of Poverty  
17th October - Succot (Tabernacles), First Day (Jewish)  
27th October - Clocks Go Back  
27th October - British Summer Time ends  
31st October - Halloween



## November

1st November - All Saints' Day  
1st November - Diwali (Hindu)  
2nd November - Day of the Dead  
5th November - Bonfire Night  
9th November - World Adoption Day  
10th November - Remembrance Day  
11st November - Armistice Day  
15th November - Children in Need (TBC)  
15th November - Birthday of Guru Nanak Dev Ji (Sikh)  
18th November - Odd Socks Day  
20th November - Universal Children's Day  
24th November - Martyrdom of Guru Tegh Bahadur Ji (Sikh)  
25th November - International Day for the Elimination of Violence Against Women  
28th November - Thanksgiving Day  
29th November - Native Americans Heritage Day (US)  
30th November - St. Andrew's Day



## December

1st December - World AIDS Day  
1st December - First Sunday of Advent (Christian - Western)  
3rd December - International Day for People with Disabilities  
7th December - Hanukkah, First Day (Jewish)  
8th December - Immaculate Conception (Christian - Western)  
10th December - Human Rights Day  
21st December - Winter Solstice  
25th December - Christmas Day (Christian - Western) (Greek Orthodox)  
26th December - Kwanzaa (African Diaspora) - 1 week  
26th December - Hanukkah 1st day (Jewish)  
26th December - Boxing Day  
31st December - New Year's Eve / Hogmanay

### Notes

\*These dates may vary

Islamic dates are based on the new moon at Mecca and are subject to regional variation.

Hindu and Buddhist dates are subject to regional variation.

Sikh dates are based on the Nanakshahi Era calendar.

Jewish festivals and fasts begins at sunset of the previous dates.