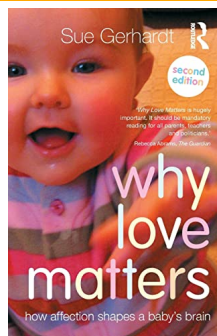
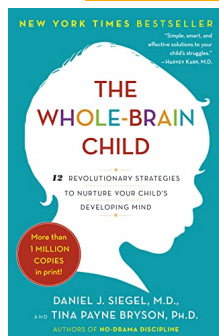


Developmental Trauma & Attachment



Books

- **The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma** by Bessel Van Der Kolk
- **Why Love Matters** by Sue Gerhardt
- **Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship** by Laurence Heller
- **Building the Bonds of Attachment**, Dan Hughes
- **.Attachment Focused Parenting**, Dan Hughes
- **Creating Loving Attachments - Parenting with PACE**, Kim S. Golding and Daniel A. Hughes
- **Attaching in Adoption: Practical Tools for Today's Parents** - Deborah D. Gray
- **The Boy Who Was Raised As a Dog: And Other Stories from a Child Psychiatrist's Notebook** - Dr. Bruce Perry
- **Parenting from the Inside Out** by Daniel J. Siegel M.D. and Mary Hartzell M.Ed
- **The Whole-Brain Child – 12 proven strategies to nurture your child's developing mind** by Daniel Siegel and Dr. Tina Bryson
- **First Steps in Parenting the Child who hurts** by Caroline Archer

Online Resources

- <https://beaconhouse.org.uk/usefulresources/>
- <https://beaconhouse.org.uk/resources/>
- Developmental Trauma Close-Up (pdf)
- <https://beaconhouse.org.uk/wp-content/uploads/2020/02/Developmental-Trauma-Close-Up-Revised-Jan-2020.pdf>
- Developmental Trauma diagram (jpg)
- <https://beaconhouse.org.uk/wp-content/uploads/2019/09/DT-Van-Der-Kolk.jpg>