

# Play Refuge Library

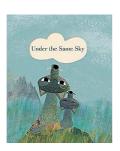
#### **PLAY REFUGE**



## **Feelings**

At Play Refuge, we are passionate about literature and bibliotherapy.

You can choose any books from this list from Play Refuge Library to borrow while in the therapeutic intervention.







- The Great Big Book of Feelings by Mary Hoffman
- How are You Feeling Today? By Molly Potter
- The World Made a Rainbow by Michelle Robinson
- You've Got Dragons by Kathryn Cave
- When I Care about by Cornelia Maude Spleman
- Exploring Emotion: A mindfulness Guide to dealing with emotions by Paul Christelis, Illustrated by Elisa Paganelli
- Feeling Worries by Kay Barnham, Illustrated by Mike Gordon
- Angry Arthur by Hiawyn Oram and Satoshi Kitamura
- Barbara Throws a Wobble by Nadia Shireen
- Feeling Angry by Katie Gouglass, Illustrated by Mike Gordon
- Sarah's Heavy Heart by Peter Carnavas
- Don't be cross, Goldilocks by Sue Nicholson, Illustrated by Laura Brenlla
- Words and your heart by Kate Jane Neal
- Snow White and the very angry dwarf by Steve Smallman, Illustrated by **Niel Price**
- Pom Pom gets the grumps by Sophy Henn (young children)
- Turtle comes out of her shell by Sue Graves and Trevor Dunton
- Little Unicorn is SAD by Aurélie Chien Chow Chine (young children)
- Shark Feels Shy by Katie Woolley and David Arumi (young children)
- Angelfish Feels Angry by Katie Woolley and David Arumi (young children)
- Under the Same Sky by Britta Teckentrup
- The Worrying Worries by Rachel Rooney and Zehra Hicks
- Storm Goliath by James Sellick and Criag Shuttlewood
- When Sadness come to Call by Eva Eland
- Why Should I Share? By Katie Daynes, Illustrated by Christine Pym (young children)





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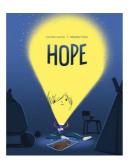
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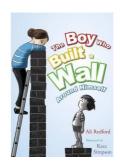
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- \*The Boy Who Built a Wall around Himself by Ali Redord, Illustrated by Kara Simpson
- Pablo's Feelings by Gráine Mc Guinness, written by Sumita Majumbar and **Andrew Brenner**
- I Love me! By Marvyn Harrison, Illustrated by Diane Ewen
- The Rabbit Listened by Cori Doerrfeld
- I'm not (very) Afraid of Being Alone) by Anna Milbourne, Illustrated by Sandra de la Prada (separation anxiety)
- Hope by Corrinne Averiss and Sébastien Pelon
- Love by Corrinne Averiss and Kirsti BeautyMan
- An Unexpected Thing by Ashling Lindsay
- Red, Red, Red by Polly Dunbar (young children)
- Kindness Grows by Britta Teckentrup
- Me and My Fear by Francesca Sanna
- The Huge Bag of Worries by Virginia Ironside
- The Red Tree by Shaun Tan

