

**TEXOMA SAILING CLUB
LADIES AT THE HELM RACE
May 25, 2024
SAILING INSTRUCTIONS**

1. RULES:

- 1.1. This race will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. RRS Rule 26 and A5 are changed to allow for a starting window.
- 1.3. RRS Rule 33 is changed regarding communication of course changes.
- 1.4. RRS Rule 32.2 is changed concerning shortening the course.
- 1.5. RRS Rule 52 is changed to allow electrically powered winches.

2. CHANGES IN SAILING INSTRUCTIONS:

- 2.1. Any change to the sailing instructions will be posted on the Regatta Notice Board by 10:00 am on day notice is to take effect, except that any change to the schedule of races will be posted by 2000 the day before it will take effect.
- 2.2. Oral changes may be made by the Race Committee on the water prior to the time of the warning signal of any race upon the raising of signal flag "L" with one sound. Oral changes will be broadcast on VHF Channel 69.

3. NOTICES TO COMPETITORS:

- 3.1. Notices to competitors will be posted on the TSC Notice Board located at the TSC Clubhouse.
- 3.2. On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 69.

4. SIGNALS MADE ASHORE:

- 4.1. Signals made ashore will be displayed from the railing at the TSC Clubhouse.
- 4.2. Code Flag "L" means Notices to Competitors and/or changes to sailing instructions have been posted on the Regatta Notice Board.
- 4.3. Code Flag "AP" with two sound signals means the race is postponed. DO NOT leave the clubhouse area. The warning signal will not be made sooner than 30 minutes from the lowering of "AP", accompanied by one signal. This modifies "Race Signals".

5. CREW LIMITATIONS

- 5.1. Each boat shall carry no less than two persons aboard when racing, one of which must be female acting as skipper/helmsperson for the entire duration of the race.
- 5.2. No later than the warning signal for the race, a female shall helm the boat for the duration of the race. Female crew may rotate helm assignments during a race.
- 5.3. Male crew members may coach and advise the skipper/helmsperson during the race but may not helm the boat in any way. Breach of this paragraph will result in a score of DSQ.
- 5.4. Any crewperson may raise, set, adjust, and lower sails and other rigging during the race.

6. RACING SCHEDULE:

- 6.1. This race will be held on May 25, 2024. Postponed or abandoned races may be rescheduled to a later date on the club's calendar.
- 6.2. Daily Schedule:

0930-1000	Registration at TSC Clubhouse
1000	Skippers Meeting at TSC Clubhouse
1200	First Starting Window
	No starts after 1400
1800	Awards Ceremony at TSC Clubhouse.

7. RACING AREA:

This race will be held on Lake Texoma and as indicated in the attached course diagram.

8. COURSES:

- 8.1.** Courses are diagrammed in Attachment A to these sailing instructions. The diagram shows the order in which marks are to be rounded.
- 8.2.** All marks are to be rounded to Port.
- 8.3.** The length of the courses determined by the Race Officer will be final.
- 8.4.** Competitors will be notified of course changes by VHF radio channel 69. This changes RRS Rule 33.
- 8.5.** In the event that a race must be stopped due to foul weather or other reasons before the race can be shortened by Rule 32, the Race Committee may utilize the rounding times of the last mark rounded by all boats of a fleet to score their race. This changes RRS Rule 32.2

9. MARKS:

- 9.1.** Rounding marks will be yellow cylinders. More details will be announced during the skipper's meeting.

10. ELECTRICALLY POWERED EQUIPMENT

- 10.1.** A boat may use electrically powered winches during racing. The use of autopilots is not permitted. This changes RRS 52.

11. THE START:

- 11.1.** A Five-Minute Starting Sequence will be used to start each individual Fleet. The start will open a 5-minute window for a boat to cross the starting line. The actual time the boat crosses the starting line will be used to calculate results. This changes RRS Rule 26.
- 11.2.** A boat starting after her 5-minute starting window has closed will be scored as her Fleet start time plus 5 minutes. This changes RRS Rule A5.
- 11.3.** The starting window is specific for the Fleet being started. Additional Fleets may be started while a window is open, each with their own starting windows.
- 11.4.** Starting Flags for each Fleet are:

Cruising Fleet	Numeric Pennant 1
Leisure Fleet	Numeric Pennant 2
Recreational Fleet	Numeric Pennant 3
All Fleets Start Together	Numeric Pennant 9
- 11.5.** The starting line will be between a staff displaying an orange flag on the race committee signal boat and an orange ball as the starting pin.
- 11.6.** Boats whose Warning signal has not been made shall avoid the starting area during the starting sequence for other fleets.
- 11.7.** A boat or mark tied to the committee boat will be considered a part of the committee boat. Any boat which makes contact with this boat or mark will be considered as hitting the committee boat.

12. CHANGE OF THE NEXT LEG OF THE COURSE

When changing the course after the start, including notification of lost or missing marks, competitors will be notified of course changes by VHF radio. This changes Rule 33.

13. THE FINISH

- 13.1.** The finishing line will be between the staff displaying a blue flag on the race committee boat signal boat and the finishing mark.
- 13.2.** A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

16.1 PROTESTS:

16.2 A protesting boat will inform the race committee of their intent to protest upon finishing a race, identifying the boat being protested.

16.3 The Race Officer will make a sound signal upon docking. A written protest must be filed with the TSC Race Captain or designee at the TSC Clubhouse within 30 minutes from the time the Race Officer makes the sound signal upon docking. A Protest Committee will hear and rule on protests as soon as possible. Protest forms are available at the TSC clubhouse.

16.3 A notice will be posted on the TSC Notice Board after the expiration of the filing time limit informing the competitors when there is a hearing in which they are parties to a protest or named as witnesses. It is the responsibility of the skipper who is party to a protest to read the board.

17. SCORING

17.1. The Low-Point Scoring System of RRS Appendix A will apply.

17.2. PHRF handicaps and Fleet Assignments will be established by the TSC Handicap Committee. Their assignments shall be final.

17.3. The Time on Distance method will be used to calculate a boat's corrected time to determine a boat's finishing place.

18. AWARDS

All boats will be recognized in order of finish.

**APPENDIX A
FIXED MARK COURSES**



SIGNAL	MARK ROUNDING ORDER	Distance (nm)
1	N-D-N	4.8
2	N-WF-N	7.8
3	N-D-WF-N	9.3
4	N-IF-N	7.8
5	N-IF-D- N	8.7
6	N-IF-WF-N	13.2

Marks	Coordinates
Mark D	N33 51.700 W96 35.940
Mark IF	N33 49.300 W96 36.000
Mark N	N33 51.700 W96 38.630
Mark WF	N33 54.723 W96 35.790