



Consent Policy

Version 5

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1. Consent Policy

The Consent Policy of Elite Sports Professional Services (ESPS) is established to ensure that all service users give informed, voluntary, and legally valid consent before receiving any form of treatment or service. This policy outlines the procedures and standards for obtaining consent, which must be adhered to by all staff members.



2. Purpose and Definitions

The purpose of this policy is to define the principles and procedures for obtaining, documenting, and managing consent from service users. This includes consent for treatment, data sharing, and any other relevant procedures. The policy defines consent as a clear and affirmative agreement to proceed with a proposed intervention, fully informed of its nature, benefits, risks, and alternatives.

3. Scope

This policy applies to all staff members of ESPS, including healthcare professionals, administrative personnel, and anyone involved in the delivery of services. It covers all aspects of consent, including verbal, written, and online consents.

4. Roles, Rights, and Responsibilities

- **Staff Roles:** All staff members are responsible for ensuring that consent is obtained and documented in line with this policy.
 - **Rights of Service Users:** Service users have the right to receive comprehensive information regarding the proposed treatment, ask questions, and withdraw consent at any time.
 - **Responsibilities:** ESPS staff must respect the autonomy of the service user and ensure that the consent process is free from coercion or undue influence.
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5. Principles of this Policy

The consent process should be guided by the following principles:

- **Voluntariness:** Consent must be given freely without any form of pressure or coercion.
- **Informed Decision:** Service users must be provided with all necessary information regarding the treatment or service, including risks, benefits, and alternatives.



- **Capacity:** Only individuals with the capacity to understand and make decisions can provide valid consent.
 - **Documentation:** Consent must be clearly documented and securely stored.
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6. Distribution

This policy is distributed to all ESPS staff and is available through internal communication platforms and the organization's policy management system. It is also accessible to service users upon request.

7. Training

All ESPS staff must undergo regular training on the consent process, including updates to this policy. Training will cover the legal, ethical, and practical aspects of obtaining and documenting consent.

8. Monitoring and Reporting

Compliance with the Consent Policy will be monitored through regular audits and reviews. Non-compliance or issues identified during these audits will be reported to management, and corrective actions will be implemented.

9. Summary of Legal and Mandatory Documentation

This section provides a summary of relevant legal requirements and mandatory documentation that must be adhered to as part of the consent process. It includes, but is not limited to, the Mental Capacity Act, General Data Protection Regulation (GDPR), and relevant healthcare laws.

10. Versions

- **Version 5:** Reviewed and updated in August 2024 by Dr. K Parmar



- **Previous Versions:** Documented history of amendments and reviews.

11. Bibliography

A list of references and sources used in the development of this policy, including legal texts, guidelines, and best practice documents.

Note: The use of an online secure verified Doctify consent form is mandated, providing links to ESPS resources for further information. Service users are encouraged to ask questions and seek clarification if needed before providing their consent.