

METL FOOD MENU

APPETIZERS

CAULIFLOWER BITES panko & parmesan coated cauliflower florets/ basil aioli/ ranch/ 9

WINGS bone-in chicken wings in your choice of sauce: buffalo – sweet n spicy – garlic & parmesan / 12

POUTINE crinkle fries/ sausage gravy/ cheese/ 9
Add bacon +3 / grilled chicken +5 / fried egg +2

FRENCH ONION DIP caramelized onions/ sour cream/ roasted garlic/ veggies/ 8 **GF**

CHIPS & SALSA /4 **V GF**

TACOS

FISH TACO beer battered or grilled/ mango salsa/ **AGF** cilantro slaw/ queso fresco/ chipotle aioli/ corn tortilla/ 4.5

CHICKEN TACO chicken breast/ pico de gallo/ queso fresco/ avocado crema/ flour tortilla/ 5 **AGF**

VEGGIE TACO fried cauliflower/ mango salsa/ cilantro slaw/ queso fresco/ chipotle aioli/ corn tortilla/ 4.5

SHRIMP TACO jumbo shrimp/ cilantro slaw/ pico de gallo/ avocado crema/ flour tortilla/ 5 **AGF**

FLATBREADS

SPINACH & ARTICHOKE garlic white sauce/ artichoke hearts/ fresh spinach/ mozzarella/ parmesan / 15

BUFFALO CHICKEN garlic white sauce/ chicken breast/ red onion/ cilantro/ buffalo sauce/ blue cheese/ mozzarella/ parmesan/ 16

DESSERTS

CHOCOLATE FLAN CAKE triple chocolate cake/ vanilla custard/ caramel/ 9

CHEESE DANISH BREAD PUDDING lemon cookie crumble/ vanilla ice cream/ 9

CHOCOLATE PUDDING CAKE dark chocolate/ coconut milk/ brown sugar/ oreos/ 9 **V AGF**

V vegan **GF** no gluten **AGF** available without gluten

FRENCH FRIES

Crinkle Cut SM/3 LG/6
Garlic Parm SM/3.5 LG/7
Sweet Potato SM/4 LG/8

MASH N GRAVY 4

SIDE CAESAR SALAD 4

SIDE HOUSE SALAD 4

SALADS AND BOWLS

CAESAR SALAD romaine/ creamy Caesar dressing/ parmesan/ croutons/ 8 **AGF**

SXSW SALAD fried chicken breast/ romaine/ pico de gallo/ Caesar dressing/ bacon/ avocado/ 14

ELOTE BOWL grilled corn/ crema/ cotija cheese/ cilantro/ siracha/ avocado/ tortilla chips/ 12 **GF**

add shrimp +7 / chicken breast +5 / burger patty +4

BURGERS AND SLIDERS

AVOCADO TURKEY SLIDERS (2) ground turkey patty/ pepper jack/ cilantro slaw/ avocado/ chipotle aioli/ 10

CHEESEBURGER SLIDERS (2) grass fed beef patties/ grilled onions/ aged cheddar/ basil aioli/ 10

METL DOUBLE BURGER 2 thin spiced burger patties/ 2 slices aged cheddar cheese/ lettuce/ tomato/ onion/ pickle/ chipotle aioli/ 11

MUSHROOM BACON BURGER grass fed beef patty/ bacon/ grilled mushrooms & onions/ gruyere cheese/ lettuce/ tomato/ garlic aioli/ 13 **AGF**

VEGAN BURGER Beyond burger patty/ grilled onions & mushrooms/ lettuce/ tomato/ avocado/ vegan mayo/ charcoal bun/ 13 **V AGF**

FRIED CHICKEN SANDWICH chicken fried chicken breast/ cheddar/ sausage gravy/ bacon/ fresh serrano peppers /14

add bacon +3 / avocado +3 / fried egg +2

ENTREES (includes 2 sides)

CHICKEN FRIED CHICKEN boneless breaded chicken breast/ sausage gravy/ 16

NEW YORK STRIP 8oz boneless steak/ garlic-serrano butter/ 24 **GF**