

## VISIT FROM QUEENSLAND MEALS ON WHEELS REPRESENTATIVES



Committee members from Bowen & Collinsville Meals on Wheels recently met with Queensland Meals on Wheels representatives to discuss recent developments affecting Meals on Wheels. Bowen committee members Chris Storrie, Brenda Downham & Beryl Read along with our chef Tamarra Robson are pictured above.

**? HOW CAN I ACCESS INFORMATION ABOUT GOVERNMENT ASSISTANCE WITH MY CARE NEEDS?**

**CONTACT  
MY AGED CARE**

**1800 200 422**

**DON'T FORGET YOUR FLU VACCINATION!**



**Bowen Meals on Wheels**  
"The Voluntary, Caring Service"

**NEWSLETTER**  
Vol. 9 April, 2022



Hello to all our wonderful Meals on Wheels family. With Easter upon us already, we hope everyone is finally feeling that these past two crazy years are settling down. However, we have not taken our eye off the ball so to speak. Our operations are still carried out with the utmost care to ensure the health and well-being of our clients, our staff and volunteers and the community in general. The Committee would like especially to thank all of our clients and all of our volunteers for their co-operation and willingness to adhere to the rules that have been put in place during the Covid pandemic. Without this we would not have been able to continue to deliver without interruption over the past two years. Our Committee thank you all and wish you a wonderful Easter.

## WELFARE CHECKS-INS

If you are concerned about your own wellbeing or that of a friend, the Older Persons Advocacy Network - (OPAN), is available to support older people on **1800 700 600**.

To ensure older Australians are safe, healthy, and not missing out on services due to this challenging time, a referral program is available to Home Care and CHSP providers, or any concerned parties, **(with client consent to be contacted)**.

The service is complementary to the work of home care providers in continuing to connect with the older Australians they assist. Wellbeing Checks can be arranged in two ways:

1. **Clients** can ring themselves to register for these wellbeing call backs, or
2. Providers can register the clients' interest on their behalf **(with client consent to be contacted)**.

Call 1800 700 600

## COMMUNITY KEEPS ON GIVING



Bowen Meals on Wheels volunteers have attended the Grand View Hotel on two occasions to participate in their Friday Night Charity raffles. All we had to do

was sell the tickets. We would like to thank hotel patrons for their generosity, resulting in us raising several hundred dollars. We would also like to thank the Grand View Hotel for their great support of local community groups.



## WONDERFUL BOOST TO OUR SOLAR CAPACITY

Once again, Abbot Point Operations have stepped up to support us through their Community Support Program.

For the past few years they have provided funding which has covered our electricity costs. But this year they have gone a great deal further and donated \$10 000 to upgrade our ageing solar system so that we can install the maximum capacity we can. This will result in a significant decrease in our electricity costs while decreasing our carbon footprint as well. We are really excited to be able to upgrade our old solar system. It will mean lower electricity bills and we will be doing our bit for the environment.



## IGA SUPPORTS OUR VOLUNTEERS

You all know that most of our operations, including our meal deliveries, are carried out by volunteers, using their own vehicles and their own fuel. And we are all feeling the increase in the cost of fuel. This is even more noticeable today because our client numbers are higher than they have been for years.



So we are really grateful to Peries IGA for their great donation of \$1000 for fuel vouchers for our delivery volunteers.