

PAYMENT METHODS

If you would prefer not to have to handle cash when paying for your meals there is an alternative. Online banking is an easy way to pay if you or a family member is able to make bank transfers online. We can e-mail a monthly invoice and a direct deposit can be made into our bank account. If someone has Power of Attorney for you or you yourself would like to look into this further just call Chris on 0419 431006n or send an e-mail to:

bowenmealsonwheels@gmail.com



A LITTLE BIT OF HISTORY

The establishment of Bowen Meals on Wheels was proposed at a public meeting in November 1973. A Committee was formed in August 1974 and the first meals were delivered on December 2, 1974, under the auspices of the Blue Nurses Association. At first they operated out of the CWA kitchen. On that day 20 meals were delivered at 50c per meal.

After 5 years of fundraising and support from Lions, Rotary, local churches, the Pensioners' League and many other organisations and individuals, a dedicated Meals on Wheels building was completed on land donated by the Council. The first meals from here went out on July 16, 1979. By 1981 meal prices had risen to \$1.00. The organisation became an incorporated body on September 25, 1986.

Today Bowen Meals on Wheels Inc. continues to deliver an average of 100 nutritious meals each week to people who may be in their senior years, recovering after hospitalisation, a major illness or surgery, a person with a disability, a carer, or someone needing assistance due to special circumstances. Even Cyclone Debbie didn't stop deliveries and the CWA are still involved with some of their ladies coming to the rescue in the kitchen

4. while our prison camp ladies are out of action..



Bowen Meals on Wheels
"The Voluntary, Caring Service"

NEWSLETTER

Vol. 5 July, 2020

VOLUNTEERS' GRANT

Earlier this year we applied for a Commonwealth Community Volunteers Grant so that we could give something back to the wonderful band of locals who give freely of their time helping in the kitchen and delivering meals. As a result we have received funding to purchase identifying badges for them to wear so that they can be easily recognized as Meals on Wheels helpers.

We also received funds to distribute to those delivery people who drive their own vehicles and they will soon be receiving a voucher to help toward their fuel costs.



Brenda, Kaiarahi, Edgar and Beryl sporting their new badges.

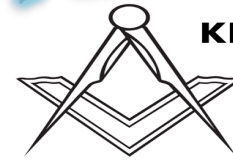
MEET A VOLUNTEER

Terry Hickmott has been a Bowen resident for almost 40 years and has volunteered with us for 7 years. He has also spent some time in the SES and Volunteer Marine Rescue and at the Neighbourhood Centre. These days he loves to spend as much time as possible at his beach hut. When not at the hut he enjoys flying radio-controlled planes or driving his beloved old Studebaker.

As well as helping with deliveries, Terry has been maintaining the grounds at our kitchen since we lost the services of the girls from the prison camp due to the COVID19 crisis. He is always happy to do any other jobs asked of him and is a much valued member of our Bowen Meals on Wheels family.



! DONATIONS !



KENNEDY MASONIC LODGE

FREEMASONS
Queensland

Late last year we received a very generous donation from Kennedy Masonic Lodge. Their donation was of great assistance to us in meeting our insurance costs. Like all expenses, this one seems to increase each year and we just cannot operate without it. So here's a great big thankyou to all the Kennedy Lodge members in Bowen.

Once again we have received a very generous donation from Adani (Abbott Point Bulkcoal) which will go a long way to covering one of our largest expenses, electricity. They have been a constant support to our organisation and we extend our gratitude to them.



LiveLife Pharmacies have again come to our rescue with funding to assist us in purchasing hand sanitiser and handwash - two items which we have had to acquire in larger quantities due to the Corona Virus situation.



We would also like to express our appreciation to all those individuals who have continued to support us with cash donations. A huge thankyou Helen, Stan, Carol, Bill, Brett, Jenn, Jim and Alicia.

A big thankyou too to Ben and Sarah Bonn, who very generously thought of Meals on Wheels through a donation from the Peter Project, a charity they established in memory of their nephew. These funds have been used to purchase some of our new delivery boxes, which are much lighter and and roomier for our deliveries.



Beryl prepares to load meals into our new delivery boxes.