

**Maria Del Pilar Martinez, Ph.D., LMHC, NBCT**

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**Education**

**Union Institute & University**

Doctor of Philosophy in Interdisciplinary Arts and Sciences

Concentration: Psychology

Specialization: Counseling and Adolescent Studies

Graduation: April 30, 2008

**Florida International University**

MHS 6427 Adult Psychopathology (Spring, 2004)

MHS 6470 Human Sexuality (Summer, 2004)

MHS 6450 Substance Abuse Counseling (Fall, 2006)

-Non-degree seeking courses taken for eligibility for Mental Health Counseling Licensure

-Licensed Mental Health Counselor

**Florida International University**

Master of Science in Counselor Education

Exceptional Student Specialization Track

December 1999

G.P.A. 3.849

**Florida International University**

Bachelor of Arts in Psychology with Research Honors

Minor in Women's Studies

April 1997

G.P.A. 3.525 Cum Laude

**Clinical/Field Experience**

**MDM Counseling and Mediation Services 2008 to the present**

-President

-Psychotherapist in private practice serving all ages

-Qualified Supervisor MHC

-Florida CEU Provider

-Pre-marital Course Provider

-DCF approved Parent Education and Family Stabilization course provider

### **MeetYourSupervisor.com 2013 to the present**

- Creator/Designer of a supervisor directory and resource website for counseling interns in Florida seeking licensure
- Teacher and Approved Provider of 16 hour Qualified Supervision Training course (228 attendees since 2013)
- Teacher and Approved Provider of 12 hour Qualified Supervision Training course

### **John A. Ferguson Senior High School 2008 to the present**

- Academy counselor for students in the Design and Architecture Program
- Academy counselor for students in the International Baccalaureate Program 2008 -2010
- Dual Enrollment liaison 2008-2010
- Coordinator for the Honors and Executive Internship Program (HEIP) 2008-2010
- Clinical Supervisor for Interns in School Counseling

### **Career Specialist 2007**

Arvida Middle School/Howard McMillan Middle School

- Duties include Interest/Skill Assessment; Assistance in Career Decision-making and Career Information; Individual Career Counseling/Planning; Group Career Counseling/Planning; Classroom Guidance; Interest, Aptitudes, and Personality Testing; Information about Vocational and Technical Training; Information about Military Service; Employability Skills; Resume Writing; Career Portfolio; Job Application Process; Interviewing Tips; etc

### **Title III Therapist since 2007**

- Provide individual and family therapy to students attending Miami Dade County Public Schools who are ESOL level 1 or 2.

### **Guidance Counselor 2000-2007**

Miami Killian Senior High School

- Duties include registration, subject selection assistance, scheduling, academic advisement, graduation, individual counseling, group counseling, classroom guidance, dropout prevention counseling, school to work transitions, college assistance, parent/teacher conferences, and referrals to outside agencies
- Leader/Facilitator for Not on Tobacco (NOT), the Premier Teen Smoking Cessation Group for Girls for 2 school years and for Practical Exercises Enriching Relationship Skills (PEERS), a ten-week program where students are taught relationship skills in an effort to improve their existing communication skills for one school year
- Currently working during the 2006-2007 school year on developing a Resource Manual to better serve our "At-Risk Students." It will be designed as a tool for the Student Services department in guiding students and their families on neighboring alternative schooling programs that may better meet the student's educational needs.

### **Adult Education Counselor 2007**

Palmetto Adult School

- Assist students and adults in credit recovery, GED, School to Work transitions, academic advising and individual counseling
- One of two counselors to be the first to be involved in the “Highway to Success” program before its inception in the Fall of 2007 under the supervision of Dr. Gehret, Principal of Adult Education in several neighboring schools.

### **Adjunct Professor since 2007**

Florida International University

Course: MHS 6511L Group Counseling Lab

This is an experiential course where graduate students engage in a group counseling experience.

### **Group Counseling Facilitator 2007-2009**

Florida International University

(Keeping Kids Safe Program, funded by The Children’s Trust of Miami) This is a personal safety curriculum that teaches children self-protection and assertiveness skills to reduce their vulnerability to harm and abuse, while also educating their parents on safety rules to help keep their children free from dangerous situations. Group facilitators alternate co-facilitating the children and parent groups.

### **Florida Supreme Court Certified County and Family Mediator since 2007**

Received a 40-hour training in innovative and interactive mediation and conflict resolution skills approved by the Florida Supreme Court for Certification as a Family Court Mediator and a court-ordered Parenting Coordinator.

### **Adjunct Professor since 2006**

Miami Dade College

Courses: CLP 1006 Psychology of Personal Effectiveness  
DEP 2000 Human Growth and Development  
PSY 2012 Introduction to Psychology  
ISS 1161 The Individual in Society

Florida International University

Courses: MHS 6511 Group Counseling  
MHS 6511L Group Counseling Lab

### **Instructor 2006**

Parent Depot

The Broward court system requires parents before their final divorce hearing to take this 4-hour course in an effort to prevent child abuse.

### **Florida Baptist Children's Homes (FBCH) 2005**

Kendall Facility

-FBCH offers a residential group home and shelter for children and adolescents who have been victims of abuse.

-Lead a forgiveness intervention using the Christian scriptures along with the Strengthening Families Curriculum as part of a faith-based forgiveness intervention for eight sessions, and three follow-up sessions with adolescent females who had experienced abuse.

### **Chaplain 2004**

Jackson Health System

-Completed one unit of Clinical Pastoral Education (490 hours) as my doctoral internship. I was assigned to the Women's Center, Oncology, Emergency Room, and to each of the Psychiatric Units that served children, adolescents, and adults.

### **Counseling Internship Fall 1999**

G. Holmes Braddock Senior High

-Lead a self-esteem group for Learning Disabled students (ESST research grant project)

-Worked with internship supervisor on scheduling, registration, and senior conferences and conducted individual counseling sessions with supervision of TRUST counselor

### **Counseling Practicum Spring 1999**

Emerson Elementary

-Lead a Divorce Recovery group for 3rd, 4th, and 5th graders

-Lead large classroom guidance activities on topics such as safety, death, making friends, divorce, self-esteem, anger, health and nutrition, stepfamilies, etc.

-Worked with practicum supervisor on child study teams and school activities

-Conducted individual counseling sessions with supervision

### **The Learning Garden 1998**

-Pre-school teacher

### **Francisco Baldor School 1998**

-Substitute teacher

### **Miami Children's Hospital Spring 1996**

-Volunteered in their Pre-school center

### **FIU Psychosocial Development Lab 1996-1997**

-Leader/facilitator in the Making Life Choices Workshop

-Co-leader/facilitator in the Building Better Relationships Workshop

### **Community Psychology Field Experience 1996**

-Senior Lab, received an "A"

-Acquired knowledge in problem solving and social skills training. Applied behavioral techniques in a community/recreational setting with small groups of 6 to 12 year olds

## **Research Experience**

### **Union Institute & University 2003-2008**

- Evaluated research in the area of Forgiveness and Abuse
- Designed a theoretical and pedagogical forgiveness strategy for adolescent female victims of abuse
- Dissertation focus was to gain a better understanding of the impact of forgiveness education on adjustment to abuse by adolescent female subjects. An examination of forgiveness in a traumatic event such as abuse can bring new hope to victims and their loved ones.

### **Exceptional Student Specialization Track ESST Grant 1998-1999**

- Independent research was conducted under the supervision of department faculty along with the data collection of a self-esteem group intervention for high school students with learning disabilities

### **Summer 1999**

- Received an "A" in EDF 5481 Measurement and Appraisal in Counseling

### **FIU Volunteer Research Assistant 1996-1997**

- Duties included administering questionnaires, conducting interviews, coding data for both the college and high School workshops
- Submitted Honors Thesis (The Development of the Relationship Assessment Scale: Measuring One's Capacity for Intimacy) to the Society for Research on Identity Formation, Florida Chapter, Annual Convention, Tampa, Florida, (November)
- Developed honors thesis. Responsibilities included becoming more familiar with the mechanics of writing a research paper, recruiting participants for the study, administering measures, and data analysis.
- Worked with Doctoral students in the Developmental Psychology Program

### **Fall 1995**

- Received an "A" in PSY 3213 Research Methods

## **Presentations**

Martinez, M., Berman, A., & Lorente, C. (1996, Nov.) The Development of the Relationship Assessment Scale: Measuring One's Capacity for Intimacy. Presented at the Society for Research on Identity Formation, Florida Chapter, Annual Convention, Tampa, Florida.

Martinez, M. and McEachern, A. (2000, March) A Self-esteem Group Intervention for High School Students with Learning Disabilities. Presented at the ESST Research Symposium II, Miami, Florida

## **Certifications/Licenses/Honors/Memberships/ Awards**

**Licensed Mental Health Counselor (Florida)**

**Qualified Supervisor MHC**

**National Board Certified Teacher in School Counseling/Early Childhood through Young Adulthood**

**Continuing Education Provider for Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Florida)**

**Supreme Court Certified Family and County Mediator (2007-2011)**

**American Counseling Association**

-Member

**American Psychotherapy Association**

-Diplomate Member

-Certified Relationship Specialist

-Board Certified in Professional Counseling

**Union Institute & University Scholarship**

-Received a \$9,048 scholarship awarded by the University Dean, Dr. Larry Preston for 2007

**United Teachers of Dade Scholarship**

-Received a \$2,100 scholarship for my doctoral studies at Union Institute and University for 2003-2005

**Exceptional Student Specialization Track ESST Grant**

-Three year project designed to prepare school counselors to work with culturally, linguistically, diverse exceptional education students attending South Florida urban schools

-Grant recipient (paid for four semesters of tuition at FIU and \$4500.00 stipend)

**The Counseling Academic and Professional Honor Society**

-Member

-Corresponding Secretary 1998-2000 for Delta Iota Chapter

**Graduated BA with Research Honors**

**Association for Moral Education**

-Member

-Attended annual conference in Ottawa, Canada 1996

**Deans List Fall 1995-April 1997**

**National Honor Society in Psychology PSI CHI 1995-1997**

-Member

-Co-fundraiser chairperson 1996

**Student Honors Mentor Program Fall 1995**

(Participant in the Institute for Public Policy and Citizenship Studies)

**Deans List Fall 1994-Spring 1995**

\*References and further information will be provided upon request