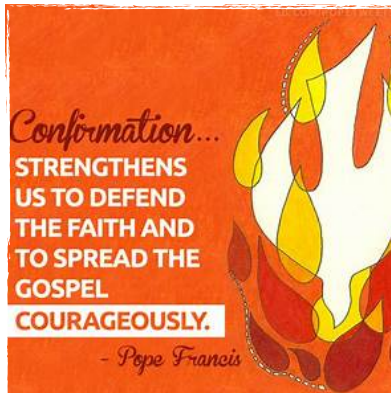


MAY
20



BREATHE IN ME,
O Holy Spirit,
THAT MY THOUGHTS MAY ALL BE HOLY.
ACT IN ME, *O Holy Spirit,*
THAT MY WORK, TOO, MAY BE HOLY.
DRAW MY HEART, *O Holy Spirit,*
THAT I LOVE BUT WHAT IS HOLY.
STRENGTHEN ME, *O Holy Spirit,*
TO DEFEND ALL THAT IS HOLY.
Guard me, then,
O Holy Spirit,
that I always may be holy.
AMEN.

**I WILL ASK THE FATHER AND HE
WILL GIVE YOU ANOTHER
ADVOCATE TO BE WITH YOU ALWAYS**

JN 14:16

Today you are invited to watch Bishop Barron's video the Sacrament of Confirmation. After watching the video share with your family something that you learned or seemed interesting to hear. After you watch the video say a prayer so the Holy Spirit can prepare you to receive the Sacrament of Confirmation.

<https://youtu.be/f-UuMAU7qT0> -Bishop Barron on the Sacrament of Confirmation