





## A FAMILY PRAYER

Heavenly Father, thank you for the gift of our family. Enlighten our hearts and minds that we may live more fully this vocation to love.

In our daily life and work, may we reflect the self-giving love which you, O Father, eternally show with your Son and the Holy Spirit.

Let your love be evident in the peace that reigns in our home and in the faith we profess and live. May our family always be a place of generosity, understanding, forgiveness and joy.

Kindly give us the wisdom and courage to be witnesses to your eternal design for the family; and grant that the Holy Family of Nazareth may always guide our path to holiness as a family.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God forever and ever. Amen.

IF YOU REMAIN IN MY WORD, YOU WILL TRULY BE MY DISCIPLES, AND YOU WILL KNOW THE TRUTH, SAYS THE LORD.

JN 8:31B-32

Today you are invited to watch a video by Friar Casey Cole where he will share what he loves about being Catholic.

After watching the video, I encourage you to come up with your own list of at least 5 things that you love about being Catholic. After you've created your list share it with your family and see what they love about being Catholic as well.

https://youtu.be/lu00w9\_-98s