



SECURE PASSWORDS

RECOMMENDED BEST PRACTICES

DO

- ✓ Make passwords at least 8 characters long
- ✓ Use a mix of uppercase, lowercase, numbers, and symbols
- ✓ Change default or temporary passwords right away
- ✓ Turn on Multi-Factor Authentication (MFA/2FA)
- ✓ Use a unique password for each account
- ✓ Store passwords in an approved password manager
- ✓ Follow your organization's password policies

DON'T

- ✗ Use your name, username, or personal info
- ✗ Use simple or common passwords (like 'password' or '123456')
- ✗ Use more than two identical characters in a row
- ✗ Reuse passwords or just tweak old ones
- ✗ Share or write down your password
- ✗ Store passwords in unencrypted text documents
- ✗ Wait until it's too late to secure your accounts