



NEWSLETTER

With the arrival of September upon us, we welcome the seasonal change. As cooler weather and cosy nights in slowly replace outdoor activities, we reminisce on summer and await the opportunities that September brings. As always, Golden Community strives to provide seasonal, meaningful activities that encourage participation and positive wellbeing.

Our online platforms are the first step in this goal as they are quickly becoming invaluable to our services. With this in mind, we continue to improve our online platforms to enhance our services and improve all that we do.

While we are working on our online platforms we are also striving to complete our community hub as soon as possible. We thank you for your patience while we do this. We know that you want the best services and we endeavour to provide the best but this takes time. We look forward to welcoming everyone very soon and cannot wait to see our community hub in full swing.

We love providing holistic nurse led services to all of our clients and we thank you for your continued support. Our aim, as ever, is to provide person centred support that corresponds to our values as a company. And September will not be any different.



This month we are recognising know your numbers week which runs from the 7th - 13th September. This week encourages blood pressure testing and awareness with the goal of minimising undiagnosed high blood pressure. High blood pressure has no symptoms but huge consequences which are entirely preventable. Therefore, to avoid the effects of high blood pressure, testing is essential. To this end, our staff are trained in monitoring blood pressure and would love to help you with this!

IMPORTANT DATES

7th September - Brazilian Independence Day
15th September - Harvest
20th September - yom Kippur
26th September - Client, Carers and Relatives Meeting via Teams
29th September - Michaelmas

SEPTEMBER ACTIVITIES

Sudoku
Wordsearch
'medicine' concoctions
Career reminiscing
country music listening

EXTRA SERVICES



Wellbeing
Support



Phlebotomy



Administrative
Support

01480 759840 - Office 8.30am-5pm
07570 181827 - Mobile 8.30am-8.30pm

September 2026



ENQUIRE HERE FOR
OUR DAY CENTRE!



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Providing appropriate support for our clients is paramount to our work. To this end, we encourage learning and education for our staff to enhance the services they provide. This month our staff are advancing their knowledge on arthritis and bone health. This is done with the aim of providing the best service we can so you can live the best life you can!

STAFF SPOTLIGHT!

The nominations are in! There has been so much amazing work achieved this month and therefore, many nominations! We have had nominations for Kathy, Chantel, Ella, and Chloe, but our employee of the month for August is Marcus! Marcus is always a cheerful presence in the office and is always there to help. Any problems that arise are dealt with swiftly and efficiently proving his dedication to Golden Community and our staff! Thank you so much for all you do Marcus and congratulations!

