

# WELCOME

## VILLA AMARANTA

## LA SPEZIA

## GETTING AROUND



*Enjoy your stay!*

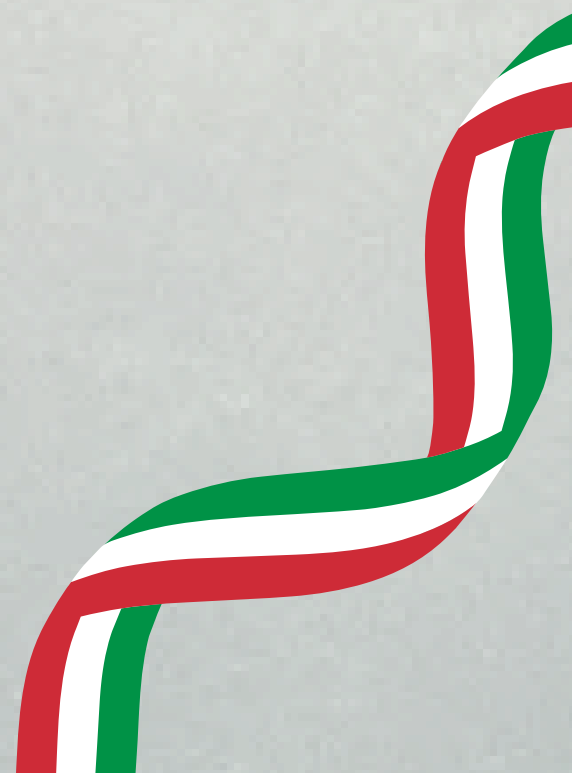
Via Guglielmo Marconi, 101

19125 La Spezia, SP, Italy



my  
tourist  
home<sup>®</sup>

<https://amarantavilla.com/>







# Welcome!

Villa Amaranta



Getting Around



Luggage  
storage



Guided Tours



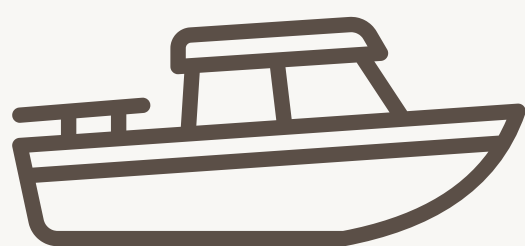
Beaches to Visit



Cinque Terre



Places to See



Boat Tours



Cooking Classes



Places To Eat

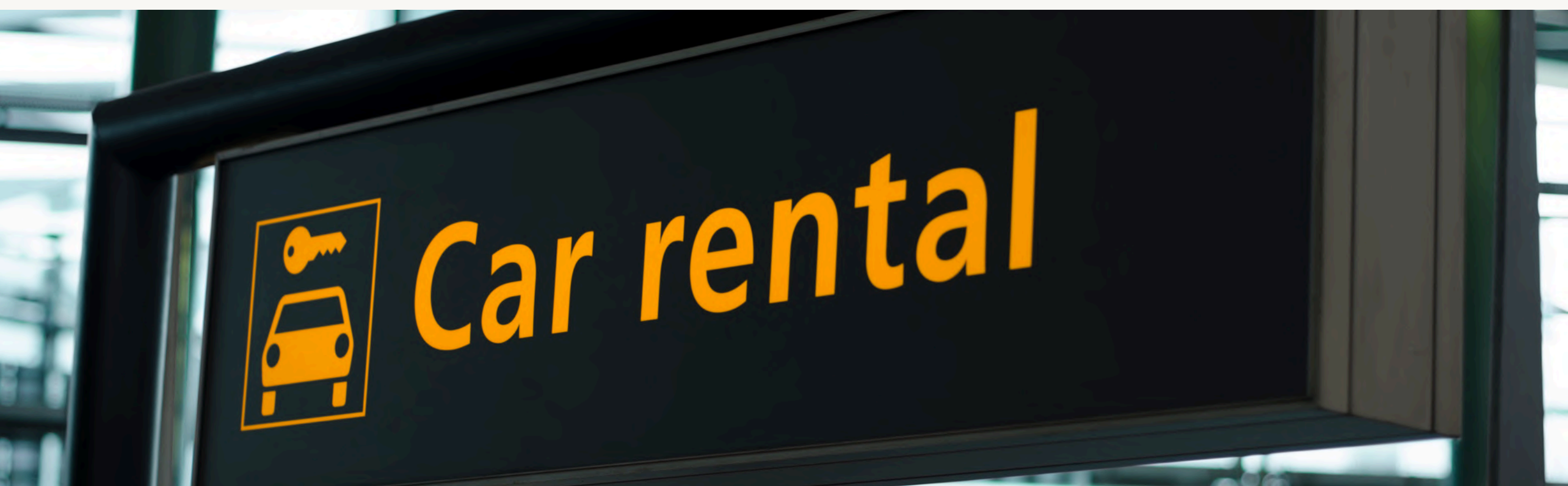
*Enjoy your stay!*

Via Guglielmo Marconi, 101  
19125 La Spezia, SP, Italy





# GETTING AROUND

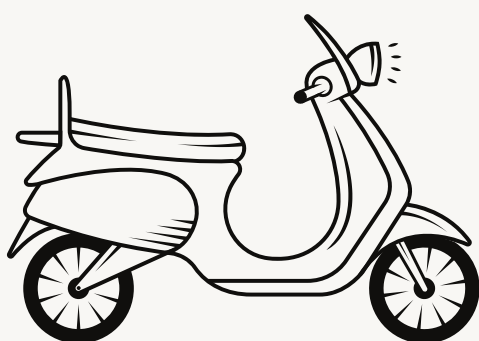


## CAR RENTAL

**Hertz** – Viale San Bartolomeo 389, La Spezia ·  
+39 0187 512140

**Europcar** – Viale San Bartolomeo 457, La Spezia ·  
+39 0187 590247

**Rentia** – Viale Italia 29, La Spezia ·  
+39 0187 1788210



## SCOOTER RENTAL

Scooters are a great way to get around with no traffic or parking worries.


We recommend:

**Scooter Point** – Viale Giovanni Amendola, 102 ·  
+39 348 734 7749



## CITY BUS

La Spezia has a reliable bus network to nearby towns and beaches.

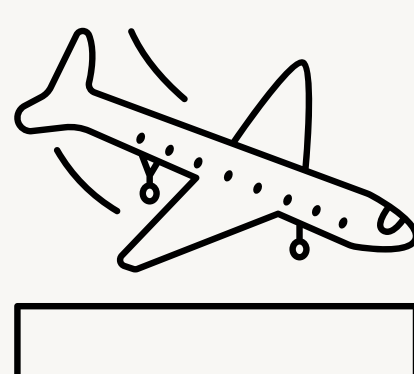
Tickets can be purchased at kiosks, tobacco shops, or via the Dropticket app.  **DropTicket**



## TAXI

Taxis are available by phone or at main taxi stands in La Spezia.

RadioTaxi: +39 0187 523523



## AIRPORT SHUTTLE

Private transfers are available to and from all main airports and any destination.

**Please contact us to arrange your transfer.**





# LUGGAGE STORAGE

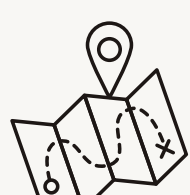


## LUGGAGE STORAGE

Need a place to store your bags? Contact us for a discount code at the luggage storage located at Via XX Settembre 209, just a 3-minute walk from La Spezia Centrale train station.







# Beaches to Visit



## VENERE AZZURRA – LERICI

A scenic beach between Lerici and San Terenzo, offering both free and serviced areas. Known for its crystal-clear waters, it has earned the Blue Flag and “Four Sails” awards. Ideal for sunbathing, swimming, or a relaxing pedal boat ride.

Location: Central Bay of Lerici Phone: 351 7601523

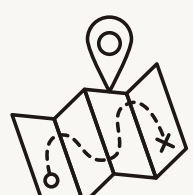


## LIDO – LERICI

This private beach club offers a spacious sandy shore with shallow, calm waters—perfect for families and safe swimming. For those who prefer rocks, the long wharf provides a peaceful sunbathing spot or a refreshing dive into the crystal-clear sea.

Location: Lungomare Biaggini, 24, Lerici

Phone: +39 0187 966327



# Beaches to Visit



## COLOMBO – LERICI

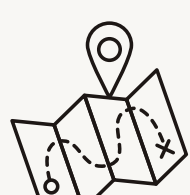
A sandy beach with a brand-new pier. Offers rentals and a sea-view bar and restaurant between Lerici and San Terenzo.

Location: Via S. Biaggini, 1, 19032 Lerici Phone: +39 0187 971999



## SAN TERENCE – LERICI

Stretching along the charming village, this beach features fine white sand and calm waters. Partly free and partly serviced, it's ideal for sunbathing or renting canoes and pedal boats to explore the coast.+39 329 6497780



# Beaches to Visit

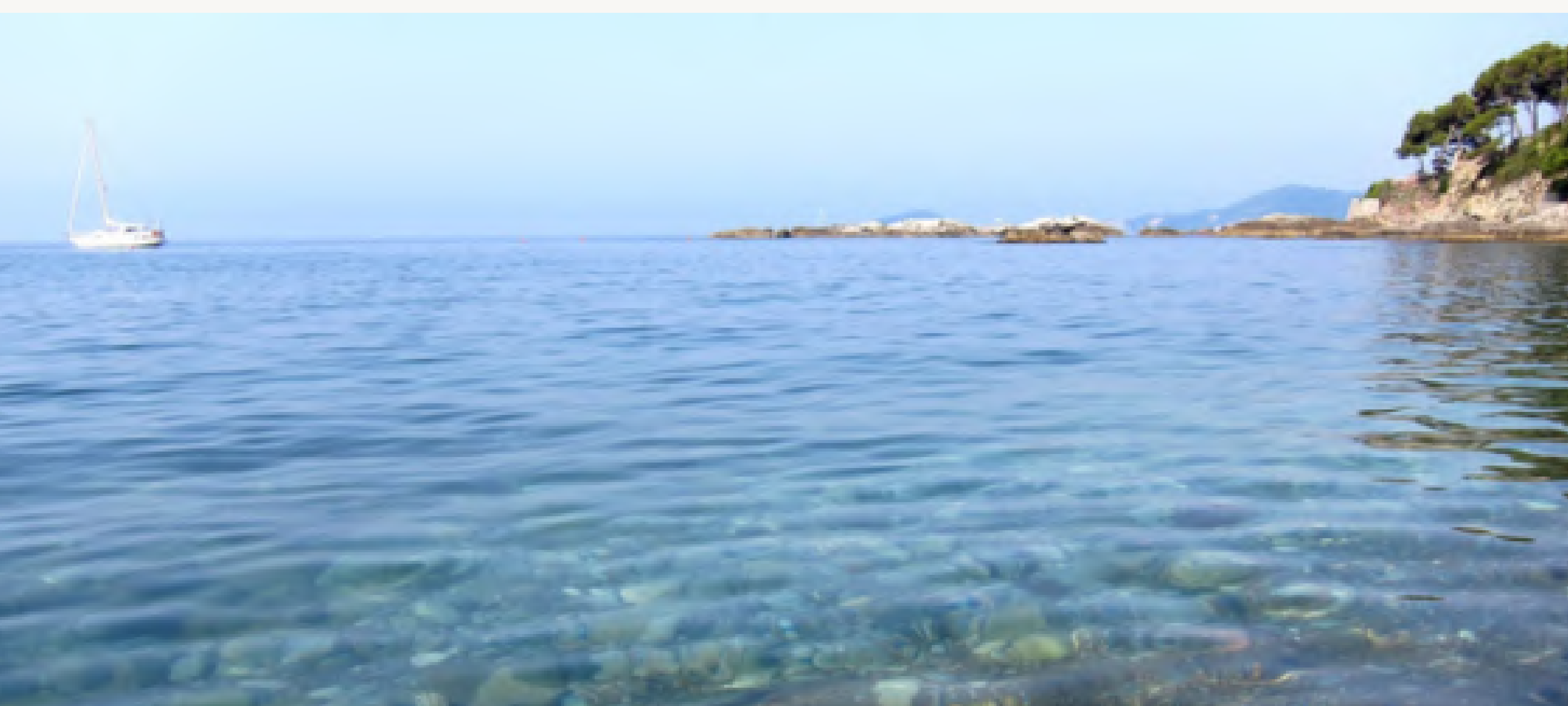


## BAIA BLU – LERICI

Tucked away in a picturesque bay, Baia Blu is a full-service beach club offering pools, bars, a restaurant, and direct beach access. It's an ideal spot for both relaxation and family-friendly fun in the sun.

Location: Via Santa Teresa, Pozzuolo, 19032 Lerici

Phone: +39 0187 970454

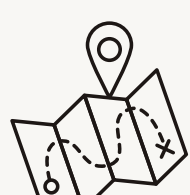


## FIASCHERINO – LERICI

Hidden between Lerici and Tellaro, Fiascherino's two beaches are a peaceful retreat. Divided by a small rocky promontory, they are easily accessible via steps and offer kayak and pedal boat rentals to explore the hidden coves nearby.

Phone: +39 327 4030090





# Beaches to Visit



## ECO DEL MARE – LERICI

This luxurious beach club is nestled in a dramatic natural cove between Fiascherino and Lerici. Reachable by stairs or elevator, it offers a unique and tranquil setting surrounded by stunning cliffs and crystal-clear waters.

Location: Via Fiascherino, 4, 19032 Maramozza, Tellaro

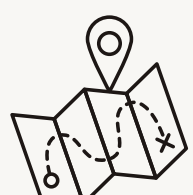
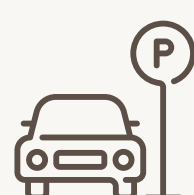
Phone: +39 0187 968609



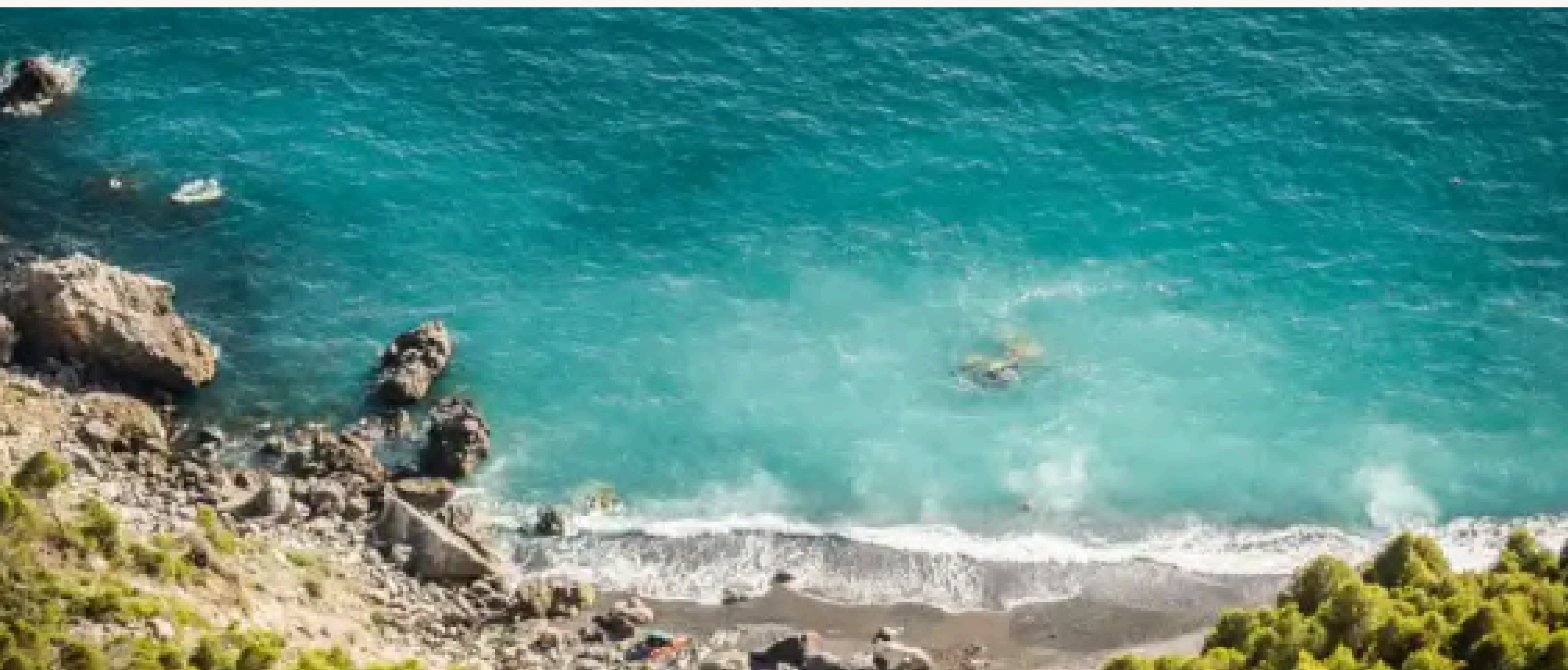
## LA CALETTA – LERICI

A serene, hidden inlet accessible by sea or down the steps from Maralunga. La Caletta offers unspoiled natural beauty, and beneath its clear waters lie the remains of a Roman shipwreck—perfect for a snorkeling adventure.





# Beaches to Visit



## PUNTA CORVO – MONTEMARCELLO

A wild and breathtaking beach framed by cliffs and Mediterranean vegetation. Reach it by descending nearly 800 steps from Montemarcello or by boat from Fiumaretta or Bocca di Magra. A true escape for nature lovers.



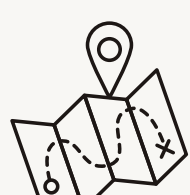
## IL GABBIANO – PALMARIA ISLAND

Located at Punta Secco, this free pebble beach is ideal for families. It offers umbrella and sunbed rentals, hot showers, restrooms, and a play area for children.

Reservations are recommended on weekends.

Phone : +39 339 7900844





# Beaches to Visit



## POZZALE – PALMARIA ISLAND

Facing the Isola del Tino, Pozzale is a wide pebble beach with dramatic cliffs and Mediterranean flora. Accessible by ferry or scenic hiking paths, it's a quiet haven with exceptional sea views.

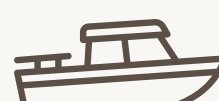
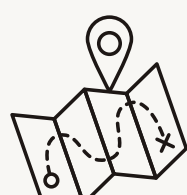
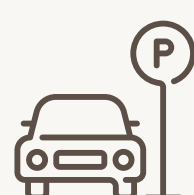


## ARENELLA – PORTOVENERE

Bagno Arenella is one of Portovenere's most exclusive beaches, just a short walk from the historic center. Overlooking Palmaria Island, it offers parasols, sunbeds, beach cabins, and bar service from May to September. Location: Via Olivo, 19025 Portovenere

Phone: +39 0187 792131





# Beaches to Visit



## OLIVO – PORTOVENERE

A simple and peaceful public beach, just steps from the village. A great place to relax and swim with scenic surroundings.



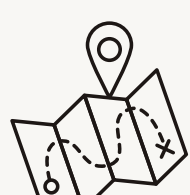
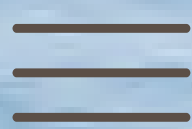
## TERRAZZE – PORTOVENERE

A chic beach club with poolside and seaside bar service. Sunbeds and umbrellas available from May to September in one of the most scenic spots in town.

Location: Via Il traversa Olivo, 19025 Portovenere

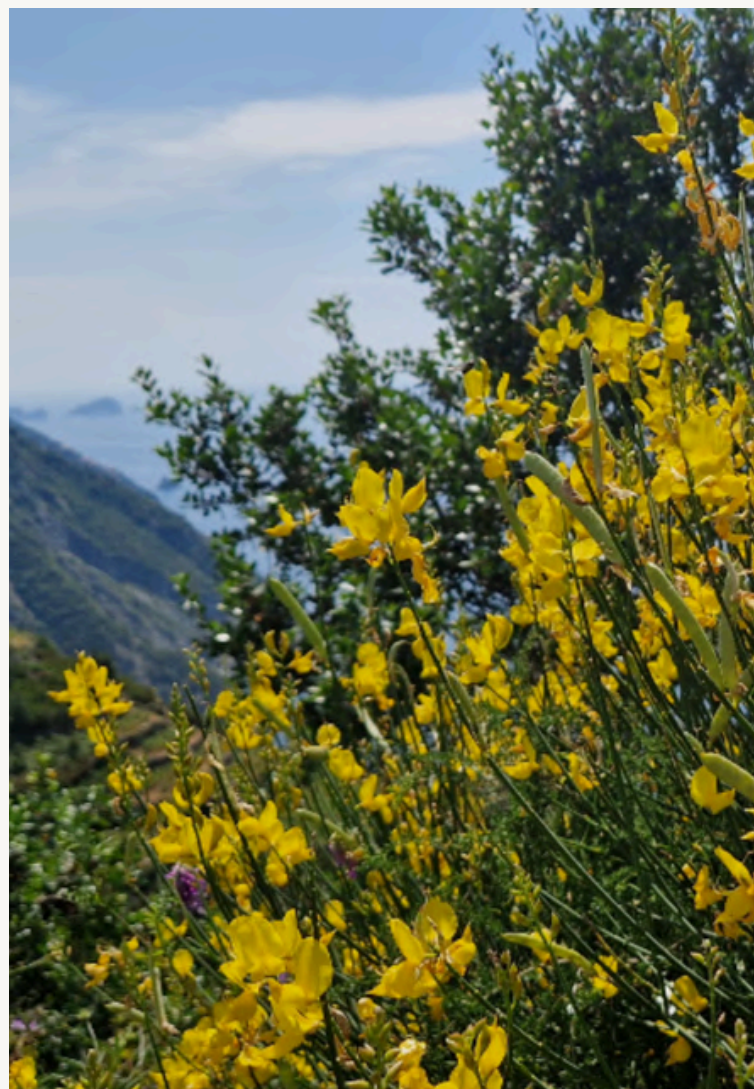
Phone: +39 0187 791435





# Cinque Terre

## NATIONAL PARK



### CINQUE TERRE CARD

Includes access to park trails, guided hikes, local buses, public toilets, Wi-Fi, and museum discounts. The train version also offers unlimited regional travel between La Spezia and Levanto (excludes Intercity/Freccia trains).

### UNESCO WORLD HERITAGE SITE

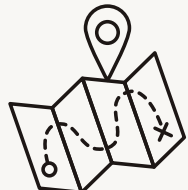
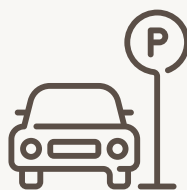
Cinque Terre is one of Italy's smallest but most iconic national parks. With five historic villages—Riomaggiore, Manarola, Corniglia, Vernazza, and Monterosso—set along terraced cliffs, it's a unique blend of nature and human history. Known for dry-stone walls and coastal agriculture, it's rightly called the 'Park of Man'.

### HIKING TRAILS & MAPS

Over 120 km of scenic trails connect the villages and coastline. Trails vary in difficulty and must be hiked in good weather with proper shoes

[CLICK HERE TO  
BUY ONLINE](#)





# PLACES TO SEE



## LUNI ARCHAEOLOGICAL AREA

Once a thriving Roman colony founded in 177 BC, Luni was a key trade hub near the Magra River, famous for its marble and temples. Today, you can explore the forum, basilica, temple of Luna, mosaicked homes, and a 7,000-seat amphitheatre. Artifacts are displayed in the adjacent National Archaeological Museum.

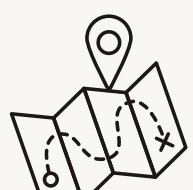
[Visit Website](#)

## TELLARO

A UNESCO World Heritage Site since 1997, Portovenere is a charming seaside village near La Spezia. Explore dramatic cliffs, sea caves, medieval castles, and the historic churches of St. Peter and St. Lorenzo. Stroll through its ancient streets and enjoy stunning coastal views and timeless architecture.

[Visit Website](#)





# PLACES TO SEE



## VAL DI VARA & MAGRA RIVER PARK

Where sea and mountains meet, this wild and scenic area has long inspired artists and writers. At its heart lies the Montemarcello-Magra Park, a protected reserve between Liguria and Tuscany. Explore by foot, bike, canoe, or horseback, enjoy birdwatching along the Magra, or taste local products — a perfect escape for nature lovers.



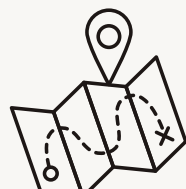
## LERICI

A jewel of the Eastern Riviera, Lerici overlooks the Gulf of Poets, crowned by a 12th-century castle housing the Geo-Paleontological Museum. Its sandy, Blue Flag beaches stretch along a lively promenade.

Nearby are San Terenzo, with its castle and historic villas, and the hamlets of Fiascherino and Tellaro — all part of the Montemarcello-Magra Park.

Every July, the Feast of St. Erasmus lights up the bay with a sea procession and fireworks.





# PLACES TO SEE



## MONTEMARCELLO

Perched above the coast between Liguria and Tuscany, Montemarcello is a peaceful medieval village with Roman roots. Stroll through narrow stone streets, pass under ancient arches, and admire the 15th-century Church of San Pietro. Don't miss the panoramic viewpoint at Punta Corvo for breathtaking sea views. A true hidden gem for walkers, photographers, and history lovers.

 [Visit Website](#)

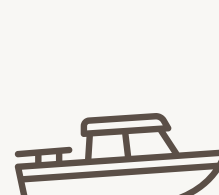
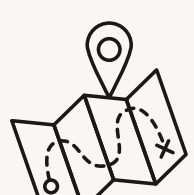
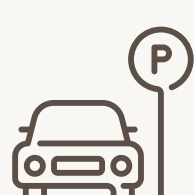
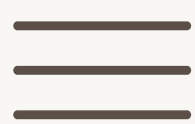


## CARRARA MARBLE CAVES

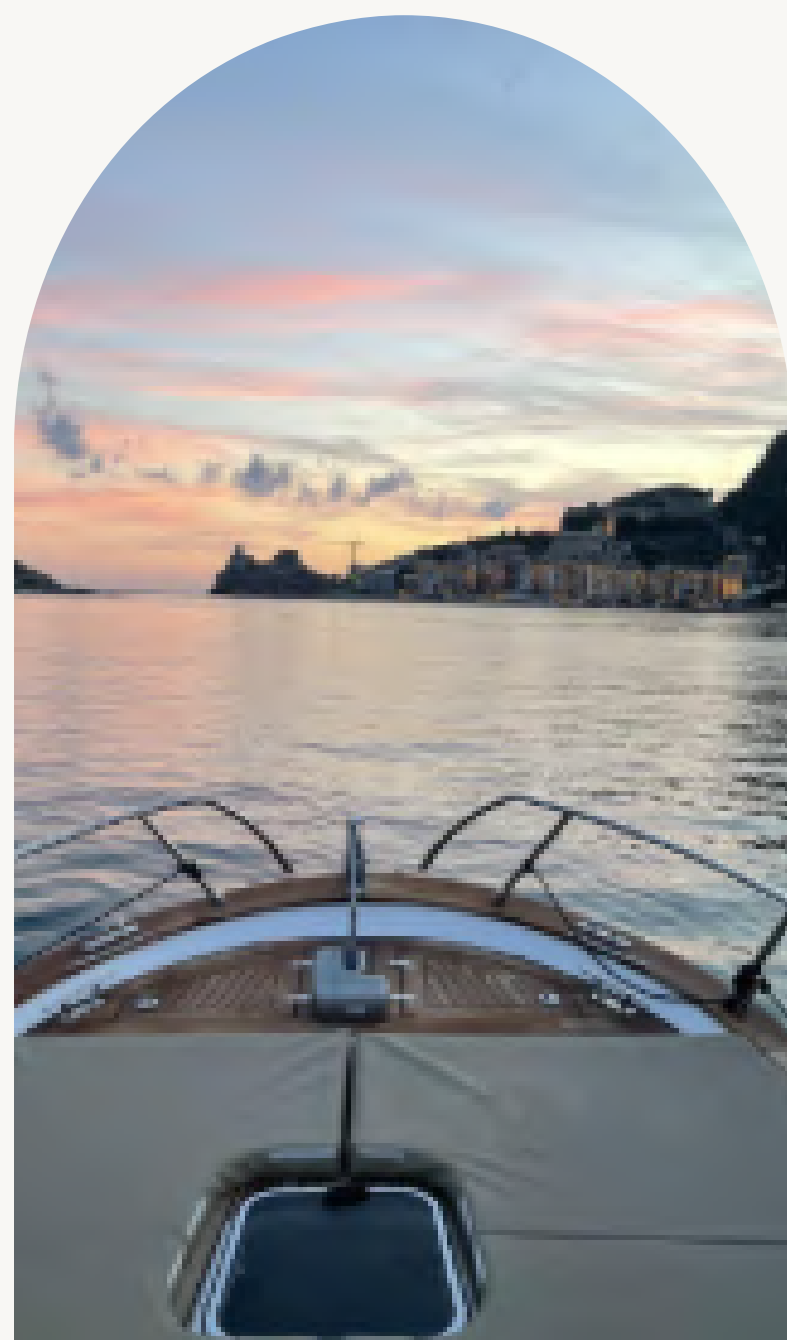
High in the Apuan Alps, the Carrara marble quarries have supplied the world with prized white marble for over 2,000 years. Visit active quarries at 1,000 m above sea level, where ancient craftsmanship meets modern machinery. Discover the history, techniques, and people behind this iconic material used in art and architecture worldwide.

 [Visit Website](#)





# Private Boat Tours

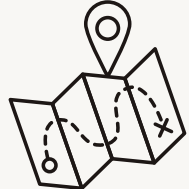


## GULF OF POETS & CINQUE TERRE

Discover the breathtaking Ligurian coastline from the sea with tailor-made private boat tours offered by [mytouristhome](https://mytouristhome.com). Ideal for couples, families, or small groups, these experiences reveal hidden coves, dramatic cliffs, and picturesque villages only accessible by boat.







# Pesto & Pizza

## COOKING CLASS



### PESTO COOKING CLASS

Learn to make authentic Ligurian pesto with a private chef in your home using a traditional marble mortar and pestle. After preparing the pesto, enjoy it with local focaccia, savory snacks, and a glass of Vermentino wine.

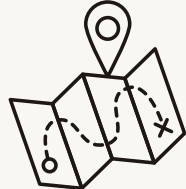
[READ MORE](#)

### PIZZA COOKING CLASS

Join Pierluigi and his wife in their Italian home to create real Neapolitan pizza from scratch. Learn the secrets of dough, stretching, and baking—then enjoy your pizza together around the table, Italian-style.

[READ MORE](#)





# PLACES TO EAT



## OSTERIA ALL'INFERNO

Traditional Ligurian fare in a cozy, historic setting since 1905.



Via Lorenzo Costa 3, La Spezia



## IL RISTORANTINO DI BAYON

Fresh seafood and elegant plating in a warm, intimate space.



Via dei Mille 115, La Spezia



## OSTERIA DELLA CORTE

Gourmet Italian dishes with passion and refinement.



Via Napoli 86, La Spezia



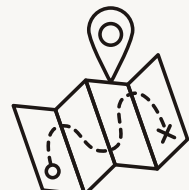
## PIZZERIA DA PIPEO

Loved by locals for its classic pizza and farinata baked to perfection.



Via Domenico Chiodo 42, La Spezia





# PLACES TO EAT



## PIZZERIA PACHINO

Crispy, flavorful pizza made with high-quality ingredients in a friendly space.



Via del Prione 195, La Spezia



## LA TORTUGA DI CLAUDIO

Seafood with a stunning gulf view in the quiet hamlet of Cadimare



Via Giovanni Amendola 25,  
Cadimare – La Spezia



## ACRONIA LA CANTINA

Informal and vibrant cantina known for delicious focaccia and local vibes.



Via Sarzana 52, La Spezia

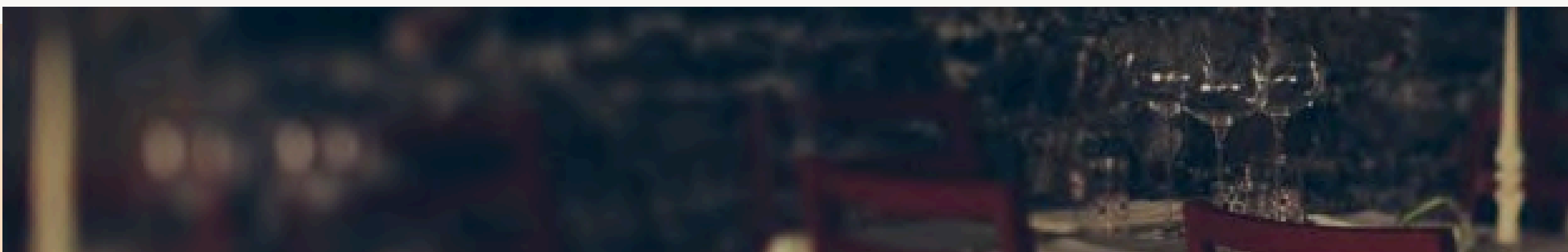


## LA PIA CENTENARIA

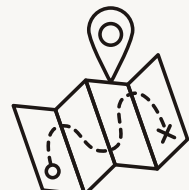
Iconic spot for focaccia and traditional Ligurian farinata.



Via Magenta 12, La Spezia







# PLACES TO EAT



## NANA MEAT AND WINE

Specializes in dry-aged meat and an excellent selection of red wines.



Via Napoli 138, La Spezia



## SEMPRE AMIGHI

Fresh local seafood in a casual setting. Traditional La Spezia recipes with takeaway option.



Via Roma 21, La Spezia



## IL FRANTOIO LERICI

Seafood dishes in a cozy and reliable setting, always a good choice.



Via Gerini 27, Lerici

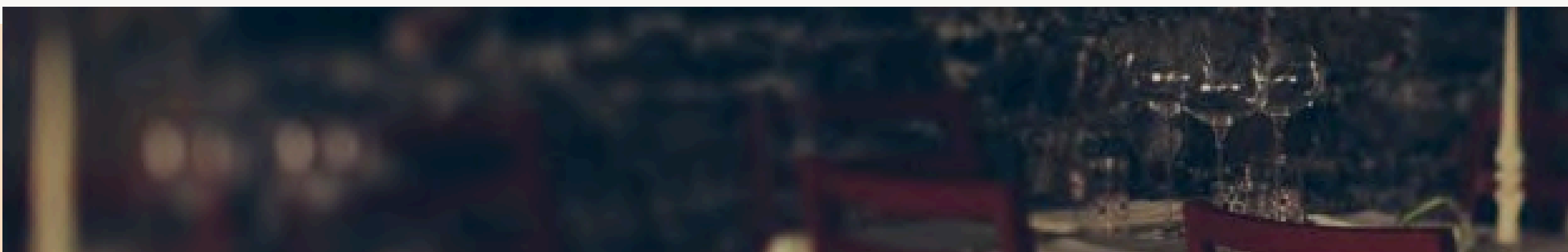


## IL FICO TRENTACAREGHE (FIASCHERINO)

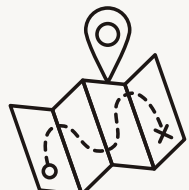
Creative Ligurian seafood in the scenic bay of Fiascherino, with fresh daily catch.



Via Fiascherino 148, Lerici







# PLACES TO EAT



## LA BARCA TELLARO

Sea view dining in the charming square of Tellerò. Elegant but relaxed.



Piazza Figoli, Tellerò



## TRATTORIA LA MARINA DA ANTONIO

A classic waterfront trattoria with fresh seafood and old-world charm.



Calata Doria, Portovenere



## TRATTORIA TRE TORRI

Historic spot offering refined dishes rooted in tradition and local ingredients.



Via Cappellini 56, Portovenere

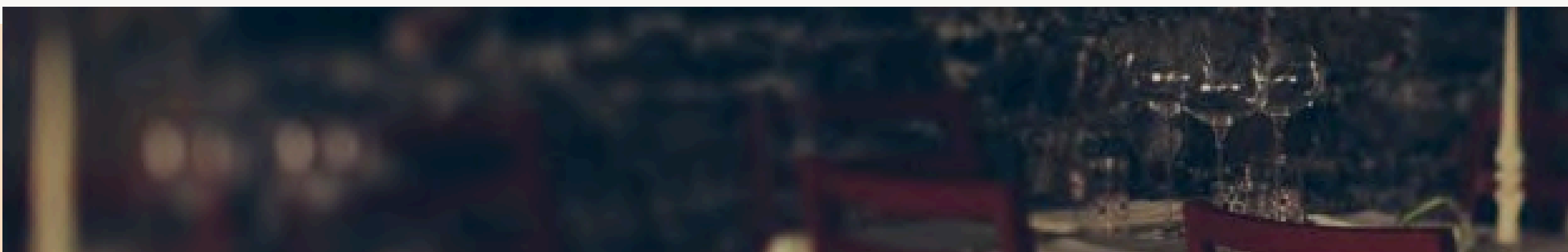


## IL TRITONE (FEZZANO)

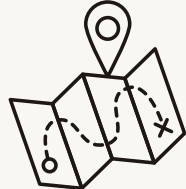
Casual seafood restaurant near the harbor in the peaceful village of Fezzano.



Via Cavour 64, Fezzano







# PLACES TO EAT



## RIO BISTROT (RIOMAGGIORE)

Modern bistro with beautiful views and inventive seafood. MICHELIN Plate.



Via San Giacomo 10,  
Riomaggiore



## RISTORANTE ARISTIDE (MANAROLA)

Bright terrace and rustic interior offering classic Ligurian seafood and pasta.



Via Discovolo 290, Manarola



## LOCANDA TIABUSCION (VOLAstra)

Authentic Cinque Terre cuisine with house wines in a rustic hillside setting.



Via Volastra 13, Volastra

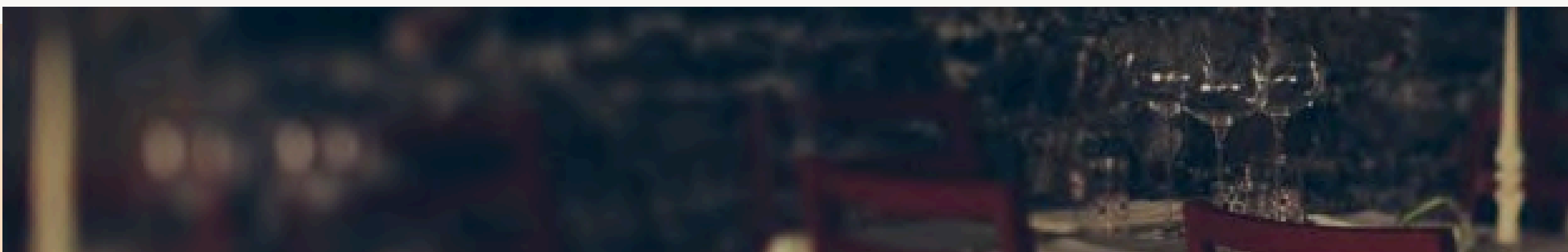


## DAU CILA (RIOMAGGIORE)

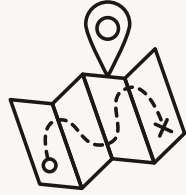
Seafront fine dining at the marina. Traditional flavors, elegant atmosphere.



Via San Giacomo 65,  
Riomaggiore







# PLACES TO EAT

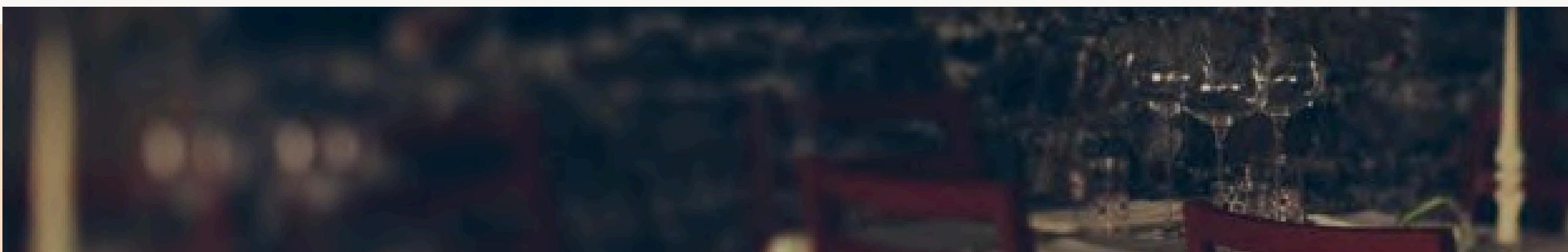


## RISTORANTE PESCARINO

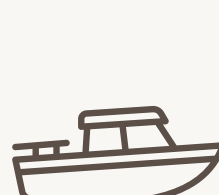
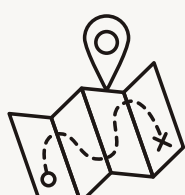
A peaceful forest setting with elegant yet simple dishes.  
MICHELIN Plate.



Via Campo di Prova 1,  
Montemarcello



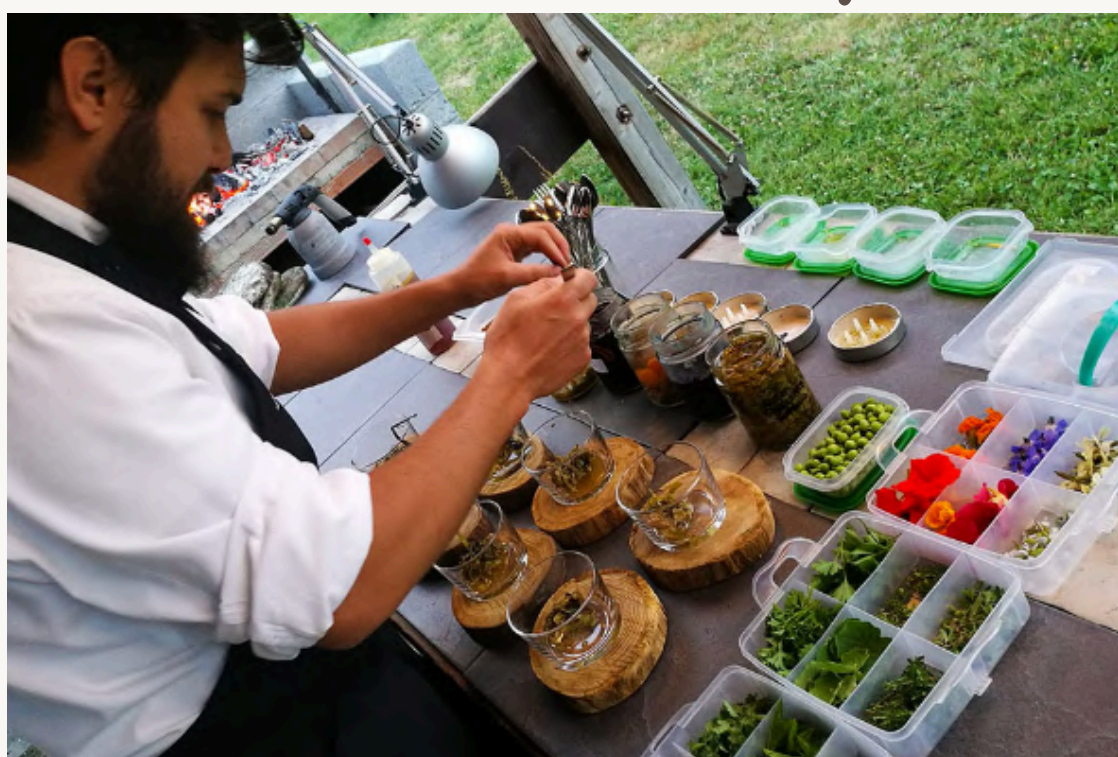




# *Chef* service



INTATTO



## CHEF SERVICE

Discover our personalized dinner service, bringing a refined, restaurant-quality experience directly to your villa. Guests can select a tailored three- or four-course menu in advance, including an appetizer, either a single main course or two separate courses (first and second), and a dessert to finish. Every menu is thoughtfully designed to match your tastes and dietary preferences.

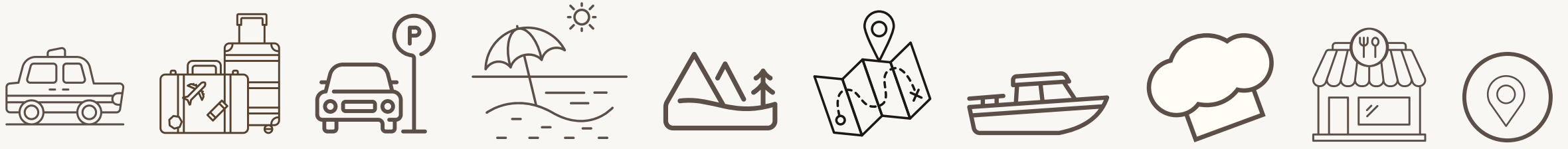
This is more than just a meal — it's a private culinary event led by a skilled chef, right in your own kitchen. Whether for a special celebration or simply to elevate a quiet evening at home, the service offers a memorable, intimate dining experience curated just for you.

To book or view sample menus, please contact your host or concierge.

READ MORE







# Guided Tours & Experiences

**ALL TOURS ARE LED BY OFFICIAL GUIDES CERTIFIED BY REGIONE LIGURIA.**

## A – DISCOVERING LA SPEZIA

Start at Piazza Verdi, stroll through 19th-century streets Via Chiodo and Via Cavour, and admire the historic Military Arsenal. Walk along Via del Prione to reach the Cathedral of Santa Maria Assunta, then climb to the San Giorgio Castle terrace for panoramic views. End the tour with a tasting of traditional farinata.

## B – THE GULF OF POETS

Meet in Lerici and walk to San Terenzo with breathtaking views of the gulf. Through literary readings, retrace the footsteps of Shelley, Mary Shelley, Virginia Woolf, and D.H. Lawrence, who found inspiration in this magical coastline.

## C – HIKING PALMARIA & PORTOVENERE

Meet at La Spezia (Viale Italia) and sail to Palmaria Island. Enjoy a scenic hiking tour through untouched nature, with a light lunch stop. Then, return by boat to Portovenere for a brief visit to its medieval village. Trekking shoes and water recommended.

## D – HIKING CINQUE TERRE CLASSICO

Start in Manarola, take a bus to Volastra, then hike to Corniglia through scenic vineyards with spectacular sea views. Lunch options available in Corniglia's bars or enotecas. Trekking shoes and water recommended.

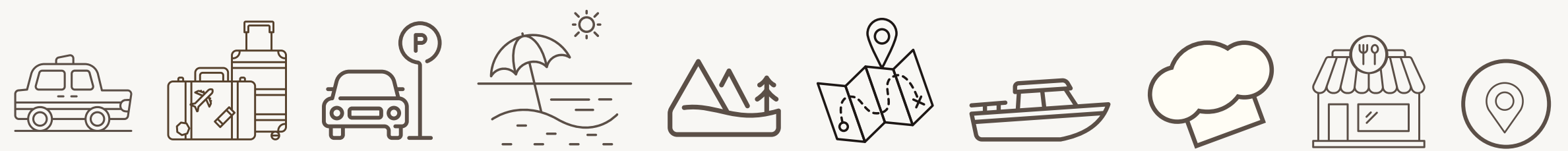


**To book or inquire about availability, please contact us via WhatsApp:**



**+39 340 7386 623**





# THANK YOU!

PLEASE ENJOY YOUR STAY!



*Villa Amaranta*

[www.amarantavilla.com](http://www.amarantavilla.com)



[reservations@mytouristhome.it](mailto:reservations@mytouristhome.it)

