

# Be In The Know Adult Course Details

Week	Date	Topic(s)	Presenter	Host Location
1	January 10, 2024	Community Gardening	Bruce Manns, York Fresh Food Farms	UPMC
2	January 17, 2024	Goal Setting, Career Choices and Resume Writing	Tavon Parker, Solita Day & Bob Conrad	Dreamwrights Center for Community Arts
3	January 24, 2024	Healthy Living	Anika Jackson, Erin Schmidt & April Seredych of Family First Health	Family First Health
4	January 31, 2024	Sex Trafficking & Domestic Violence	Jennifer Foxworthy, Inspirational Speaking LLC	YMCA of York PA
5	February 7, 2024	Insurance and Estate planning	Kate Rohrbaugh, BarleySnyder & Henry Boulding, Boulding Mortuary Service	Barley Snyder
6	February 14, 2024	Finances and Credit Management	Heather Maxfield, Fulton Bank	The YWCA

***Our 2024 Adult Course is Sponsored by Wingstop Charities***