This league is a competitive Skip's choice league where teams can consist of both men and women. Team and



individual entries are welcome and coordinators will do their best to find teams for the individual entries. Teams stay together for the entire season.

The league is divided into divisions and teams play a round robin within their division. At the end of the round robin teams move up or down based upon performance. This shift happens 3 or 4 times a year. This system ensures that teams are playing against other teams of equal skill.

Games are 8 ends and played Wednesday evenings at 6:30 or 9:00 pm. Teams typically play one or two late games in a 5-game draw.

The season concludes with Championship Play-Offs. The team's total points through the entire year will determine their playoff divisional seeding. The winners of each division receive a prize