

CUP OF JOY WOMENTM OR GATHERING

Listen to a 15-minute Podcast and get together weekly for coffee and an hour of thanksgiving, prayer, and discussion with friends on Scripture.

FACILITATOR GUIDE



Facilitate a Small Group



Become a Facilitator. A Cup of JOY Women's small group or Gathering (mixed) is designed to accompany the WRAP Yourself in JOY Podcasts. Each podcast series is based on one of the JOY books written by Karen Dwyer, and all five books have imprimaturs.

Podcast. Small group members will listen to an accompanying 15-minute podcast before or at the weekly meeting.

Grow Together. Hosting a Cup of Joy Women's small group is a beautiful way to involve others in the study of Scripture and gently evangelize. Your small group will grow together in faith, hope, love, and JOY.

WrapyourselfinjoyPodcast.com

Coffee & Discussion Format



Cordial and Casual. Inviting others to join you for coffee or tea will make your invitation seem friendly and casual. As a host and facilitator, you receive a handout for each meeting, including an agenda, which includes:

- **Opening Prayer.** Open the meeting with a prayer and invite the Holy Spirit to guide the study.
- **Thanksgiving.** Invite each woman to offer a one-sentence thanksgiving.
- **Discussion & Scripture.** Using the Cup of Joy one-page study guide, read the questions aloud (and the brief commentary) on the handout. Then invite a response and call on those who offer to respond.
- **Prayer & Petitions.** Invite each one to offer a one-sentence petition, followed by *For this, I pray to the Lord*. All respond: *Lord, hear our prayer*. Close with the "Our Father."

Meet for One Hour Per Week



Only One Hour. The weekly one-hour format over coffee (or tea) indicates that the meeting will be concise and efficient. Discussing the content covered in the questions and Scriptures with brief commentary will help the Scriptures come alive.

Keep the Focus. As a facilitator, you will help keep the discussion on track and away from news items, diet, etc. You will want to call your members back to the particular question or Scriptures if a meeting starts to get off track.

Fellowship. Many love to share their lives in conversation, so if your group enjoys sharing, invite them to come 15 to 20 minutes early for fellowship.

Wrapyourselfinjoy.com

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Type JOY in the subject line.