# **CONNOR CHEATHAM**

23504 Leyte Drive, Torrance, CA 90505

#### **PURPOSE**

Seeking employment in an outpatient physical therapy setting.

### **CONTACT**

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### **EMAIL:**

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## **REFERENCES:**

Provided upon request

## **EDUCATION**

# California State University San Marcos

August 2022 – Present

Major: B.S. Kinesiology: Movement Science

## **South High School**

August 2018 – June 2022

Major: Healthcare and science courses

### WORK EXPERIENCE

# Director of Sports & Fitness Training SportPhysioRX (Torrance, CA)

March 2020 - Current

- Direct all sports & fitness training services for patients of all fitness levels.
- Assist the physical therapist will patient care including supervising exercise sessions and exercise program development.
- Other duties include supervising staff, greeting patients, organizing gym equipment, cleaning facility, and office paperwork.

## **CERTIFICATIONS**

- NASM Certified Personal Trainer (#1231077239)
  - August 2023 Present
- American Red Cross CPR/AED
  - August 2023 August 2025

# **SKILLS**

- Customer service experience
- Knowledge of basic sciences: anatomy and physiology, etc.
- Knowledge of exercise techniques and training
- Ability to relate to all cultures, gender/ethnicities, and age groups.
- Experience with different computer systems