

**ULTRASONIC CAVITATION** 

## WHAT IS ULTRASONIC CAVITATION?

Ultrasonic cavitation, also called ultrasonic lipolysis, is a body contouring treatment that is used to remove fat deposits under your skin. Ultrasonic cavitation relies on ultrasound technology to break apart fat cells. Ultrasound waves are sent deep into the layers of your skin, causing a disruptive vibration. Fat cells then break apart from each other and are dislodged from your dermal layers. After a few days, the fat cells are absorbed by your lymphatic system and drained as waste from your body.

## BENEFITS

Benefits of Ultrasonic Cavitation:

- Treats: Waist, Back, Thighs, Hips, Arms & Calves
- Non-Surgical and Non-Invasive
- Removes Targeted Fat and Cellulite
- Pain-Free & Relaxing Procedure
- See 1 to 3 inches of shapely reduction per area
- Allows immediate Return to Normal Activity
- Permanently Eliminates Targeted Fat Cells
- Proven Safe Worldwide and Convenient

## Aftercare Advice

To assist with success of Ultrasonic treatment, it is advised that you follow these simple aftercare pointers.

- Complete 30 minutes of exercise within 12 hours of treatment as well as 3 times a week.
- Drink 2 liters of water a day
- Avoid alcohol, fatty foods and caffeine 24-48 hours post treatment.
- Follow a well balanced, healthy choice diet, filled with fresh fruits and vegetables.

## CONTRAINDICATIONS

Pregnant, Breastfeeding, Pacemaker, Heart Valve Replacement or Severe Heart Disease, Severe Liver or Kidney Disease, Metal Implants in or near the treatment zone, Epilepsy, HIV/AIDS, Cancer (all forms), Undergoing chemotherapy or immunotherapy, High blood pressure (uncontrolled), Diabetes (uncontrolled), Chemical peels and laser resurfacing, Sunburn