



Health Education Update

FCPS Board Meeting
July 26, 2021

Approved Health Education Standards



[Current Standards](#)

Please note that O.C.G.A. 20-2-143 is listed on p. 3 of the Current Standards document. State Board of Education Rule 160-4-2 is listed on pp. 4-6 of the document.

[Senate Bill 401](#)

Significant changes to standards:

- “Self-harm” is included in the standards for grades 4 and 5
- “Vaping” is introduced in grades 6-9
- The term “pornography” is introduced in grade 7 to explain harmful effects of sexually explicit media, messaging, and images on self-esteem, body image, and relationships” (Standard HE7.2.f)

Current Adopted Curriculum Resources for Health* /PE

Grade	Curriculum Resources
6th	Your Health Harcourt Brace & Company Copyright 1999 Authors: Charlie Gibbons, Kathleen Middleton, Jan Marie Ozias & Carl Anthony Stockton
7th & 8th	Totally Awesome Health, Everyday Learning Corporation Copyright 1999 Authors: Professor Linda Meeks & Dr. Philip Heit
Health (HS)	Glencoe Health The McGraw-Hill Companies Copyright 2011 Authors: Mary H Bronson, Ph.D.
Personal Fitness (HS)	Foundations of Personal Fitness National Textbook Company a division NTC/Contemporary Publishing Group Lincolnwood, Illinois USA Copyright 1997 Authors: Don L. Rainey, Tinker D. Murray

*At this time, there are no recommendations for changes to our adopted curriculum resources for health.

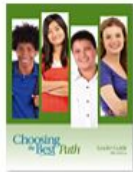
Current Adopted Curriculum Resources for Human Growth and Development*

Grade	Curriculum Resources
K & 1st	Video - What Tadoo
2nd & 3rd	Video - McGruff the Crime Dog on Self-Protection: Preventing Child Abuse and Neglect
4th & 5th	Video - Break the Silence: Kids Against Child Abuse
5th Grade Only	Always Changing: Boys and Girls
6th - 12th	Choosing the Best & "Promise Place" Guest Presentations

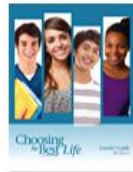
Middle School



Choosing the Best
Way
(8th Grade)
» [Learn More](#)

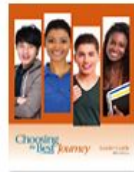


Choosing the Best
Path
(7th Grade)
» [Learn More](#)

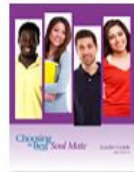


Choosing the Best
Life
(8th Grade)
» [Learn More](#)

High School



Choosing the Best
Journey
(9th-10th Grade)
» [Learn More](#)



Choosing the Best
Soul Mate
(11th-12th Grade)
» [Learn More](#)

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Human Growth and Development



- **Begins in Grade 5**
 - Standard HE5.1.g. - Identify the changes that occur during puberty
 - Video about human growth and development
 - A single lesson taught in one day
 - Parent preview of the video available
 - Requires parent opt-in to participate
 - Parental opt-out available
- **Grade 6 through High School**
 - Elements of various standards is used to develop a unit of study that is developmentally appropriate for each grade level.
 - Unit development is overseen by the Fayette County curriculum department.
 - Health education teachers were involved in unit development.
 - Instructional materials include the board-approved textbooks.
 - Health education teachers will receive training regarding the standards, instructional units, and instructional materials.
 - Parent preview of materials available
 - Requires parent opt-in to participate
 - Parent opt-out available