

FRIENDSHIP CATERING SERVICES

Prices subject to market cost. Call (604) 568-5756 or email <u>catering@vafcs.org</u> for price quote.

# **Catering Menus**

# BREAKFAST & BREAKTIME Fresh Baked Muffins Assortment of our house made muffins: banana, carrot, blueberry, raisin bran.

# Breakfast Basket

Assortment of house made muffin, and fried bannock. Served with jam and whipped butter.

**Yoghurt Parfait** Vanilla yoghurt with hazelnut granola, berry compote, and maple syrup.

### **Seasonal Fruit Platter**

Assorted sliced seasonal fruit based upon freshness and availability.

### **Continental Breakfast Meal**

Platter of freshly baked muffins, pastries and bannock. Seasonal fruit platter, and chilled fruit juices.

# Hot Breakfast

White cheddar and chive scrambled eggs with sausage, Hash browns.

BREAKFAST SANDWICHES & WRAPS Bannock Ham n' Egger Honey roasted ham, farm fresh egg, and cheddar on a bannock bun. Ham & Egg Wrap Farm fresh scrambled eggs, smoked ham, hash browns and pico di gallo

**Veggie Burrito** Farm fresh scrambled eggs, roasted tomato, peppers, onion, aged cheddar and pico di gallo

**Baked Bannock** Traditional with sea salt.

**Traditional Fry Bread** Cinnamon sugar, or plain.

# BEVERAGES

**Coffee** We serve *Spirit Bear Coffee* Company organic fair trade locally roasted

# Теа

We serve *Two Leaves and a Bud* organic, fair trade teas

SOUPS Pacific Salmon Chowder Fresh sockeye, root vegetables and a touch of cream.

Classic Chicken Noodle Chicken breast, fresh vegetables, herb broth

Tomato Fennel (vegan) Roasted tomato and fennel with fresh herbs

**Roasted Corn Chowder** Fresh corn and nugget potato with green chillies

**Beef Barley** Hearty slow cooked beef & barley with root vegetable

Yellow Thai Curried Chicken Coconut, butternut squash, and a touch of red curry



# LUNCH MEALS

### Soup, Sandwich

Selection of sandwiches on sandwich bread, choice of soup.

## Taco Beef Chili

Homemade bannock shell, lettuce, cheese, tomato, salsa, sour cream, seasonal fruit platter, and homemade cookies.

# **BBQ Pulled Pork**

Slow roasted spice rubbed pork shoulder with a tangy BBQ sauce, creamy coleslaw, potato salad.

### Salmon Wild Rice Bowl

Smoked salmon fillet, wild rice, sauteed kale, roasted beets, pickled mushrooms, with a citrus thyme vinaigrette.

# SALADS

### Field Greens & Seasonal Vegetable

Fresh greens, shaved seasonal vegetables with a grainy mustard & maple dressing.

### Indigi-Caesar Salad

Baby kale Caesar salad with Indian candy bits and grated parmesan

# **Toasted Quinoa**

Quinoa with roasted seasonal vegetables, chickpeas, feta and lemon herb olive oil

# PLATTERS AND SIDES

### Vegetable Crudité

Seasonal Vegetable selection, served with roasted garlic hummus, and tzatziki dip

# **Grilled Vegetable Antipasto**

Grilled zucchini, peppers, red onion, eggplant, served with marinated artichokes and olives

## **Cheese Selection**

Assortment of local and award winning Canadian cheese served with spiced nuts, roasted garlic.

# DINNER MEALS Roast Beef Buffet

Chef carved slow roasted AAA Canadian Beef, gravy, baked bannock, roasted root vegetables, garlic mashed potatoes.

### **Grilled Wild Salmon Buffet**

Juniper Berry rubbed grilled salmon fillet, wild rice pilaf, roasted root vegetables, baked bannock.

# Flame Grilled Chicken Breast

Grilled free range chicken breast, with lemon garlic herb butter, tzatziki, classic Greek salad, rice pilaf, baked bannock.

# **CHILLED BEVERAGES**

**Soda & Bottled Water** - *San Pellegrino* Italian flavoured sodas, Pepsi, Coke, Sprite, Rootbeer, Fresca and Orange Pop



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#### Why We Do What We Do

Friendship Foods & Events is above all a social enterprise company. That means we are working hard to make a small profit and invest it in changing lives. We exist to support initiatives of the Vancouver Aboriginal Friendship Centre Society. From "Pow Wow" nights, helping people find their footing in our community, shelters for those between homes, to community outreach, we do it all!

### **Crafting Outstanding Events**

At the heart of the aboriginal community in Vancouver, we represent the best of Native American food and hospitality and so much more! We're experts in corporate and catered events, whether you need sandwiches delivered for lunch, or comprehensive event coordination for an elite plated dinner for 150. We are not simply the "goto" aboriginal caterer but a premier culinary event group promoting traditional and new world cuisine to the world.

### West Coast Cuisine with an Aboriginal Twist

As award-winning caterers, we create delicious, customized menus featuring local, sustainable ingredients. We've catered everything from cocktails and canapes for 12, sit-down dinners for 200, as well as company barbecues and cultural celebrations. Dietary restrictions are never a problem. We're also experts in lunch delivery: besides sandwiches or salads, we have a diversity of options to create a truly special mid-day meal break.

### Payment Policies (for non-contract customers) EVENTS

For outside events, and new customers, 50% estimated deposit is due at time of booking. Any changes or final payments due for your event is due the day of your event unless otherwise specified and arranged with your event planner.

Payment plans and/or special terms are available upon request. Any adjustments or refunds will be discussed and billed accordingly after the event has completed. We accept payment by certified cheque, cash, or credit card (Visa / Master Card).

### **Final Guest Count**

Final Guest Count, is due 7 days prior to your event date(s). If you need to increase your guest count, within 7 days of your event date, we will make every effort to accommodate your request.

### **Cancellation Policy**

Our cancellation policy varies with the scope of the event, please ask regarding your event.

Corporate delivery orders require a 48-hour cancellation policy. Corporate clients note:

All prepayments and deposits are forfeited if you, the client, cancel the event with less than 48 hours' notice.

Friendship Catering will apply the balance of your deposits less 10% towards another delivery occurring within 90 days of the originally agreed-upon delivery date. All costs are subject to change.

Friendship Catering Services is the social enterprise wing of the Vancouver Aboriginal Friendship Center Friendship Center

We are located at: 1611 East Hastings Street Vancouver BC V5L 1S7 Telephone: 604.568.5756 Email: catering@vafcs.org

We proudly serve on the unceded territory of the Tsleil Waututh, Musqueum & Squamish Nations .

