

BEHIND THE MIRROR

Behind the Mirror is a raw and reflective novel about the wounds we inherit, the truths we bury, and the lifelong journey of returning to ourselves.

Julie Sloan was shaped by abandonment at a young age—left behind by the people who were meant to love her first. In the absence of safety, she became who she thought she had to be: irreplaceable, self-sacrificing, and always performing. In marriage after marriage, she stayed until she couldn't anymore—afraid to be fully seen, convinced she was unworthy of lasting love.

When her fourth marriage nearly collapsed, something shifted. It wasn't betrayal that broke her—it was the quiet realization that she had never yet lived her own truth.

What followed was a reckoning: with her childhood wounds, the roles she played to survive, and the woman she was finally ready to become.

Now, years later, Laura, a Pulitzer Prize-winning reporter, wants to profile her work in a non-profit that serves women who need to heal. Laura, expecting a success story, is entranced when Julie begins to tell the story behind the story—the one she's never shared publicly. The one that illustrates all the ways she abandoned herself first.

Julie's powerful story is one of transformation—choosing truth over performance, wholeness over perfection, and becoming the woman who no longer fears her own reflection. Julie's healing becomes more than personal. It becomes her purpose as she helps young women rise from the very places she once fell.

Sometimes, the hardest person to face is the one behind the mirror.

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