



JULY 2022



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
July Birthday's: To Be Announced								1	Mix & Mingle/The Daily Dozen Sunrise Stretch Group Challenge BINGO International Joke Day	
4	 HAPPY 4TH OF JULY CENTER CLOSED	5	Mix & Mingle/The Daily Dozen Chair Yoga @ Fitness Loon Witty Wellness Check Brain Bytes BINGO	6	Mix & Mingle/The Daily Dozen Sunrise Stretch Brain Bytes High/Low Game	7	Mix & Mingle/The Daily Dozen Drum Fit Cardio Riddle Time World Chocolate Day	8	Mix & Mingle/The Daily Dozen Sunrise Stretch Group Challenge (match-ups) Popcorn Cinema Free Play 	
11	Mix & Mingle/The Daily Dozen Drum Fit Cardio Rhythm & Hues (Painting) Brain Bytes	12	Mix & Mingle/The Daily Dozen Chair Yoga @ Fitness Loon Creative Coloring w/Music Pecan Pie Day	13	Mix & Mingle/The Daily Dozen Sunrise Stretch Brain Bytes High/Low Game French Fry Day	14	Mix & Mingle/The Daily Dozen Drum Fit Cardio Crafter's Corner BINGO	15	Mix & Mingle/The Daily Dozen Sunrise Stretch Creative Coloring w/music High/Low Game Popcorn Cinema 	
18	Mix & Mingle/The Daily Dozen Drum Fit Cardio Ice-Cream Bar BINGO World Ice Cream Day	19	Mix & Mingle/The Daily Dozen Chair Yoga @ Fitness Loon Brain Bytes Family Feud High/Low Game	20	Mix & Mingle/The Daily Dozen Sunrise Stretch Gameboard Day The Golden Nugget Lollipop Day	21	Mix & Mingle/The Daily Dozen Drum Fit Cardio Puzzlemania Family Feud	22	Mix & Mingle/The Daily Dozen Ohana Summer Olympics 	
25	Mix & Mingle/The Daily Dozen Drum Fit Cardio Horse Track Game Manicure Monday Cowboy Day	26	Mix & Mingle/The Daily Dozen Chair Yoga @ Fitness Loon Creative Coloring w/Music BINGO Aunts & Uncles Day	27	Mix & Mingle/The Daily Dozen Sunrise Stretch Brain Bytes Finish the Lyrics (Music)	28	Mix & Mingle/The Daily Dozen Drum Fit Cardio Rhythm & Hues (Painting)	29	Mix & Mingle/The Daily Dozen Sunrise Stretch Finish the Parable Creative Coloring Brain Games July B-Day Bash	

Activities Subject to Change