

June

Ohana Adult Day Program
(470) 251-4450

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mix & Mingle/Daily Dozen Sunrise Stretch (bands) 2 Witty Wellness Checks  Manicure Monday  Group Game Time National Game Show Day	Mix & Mingle/Daily Dozen 3 Chair Charmers (exercise) Creative Coloring/Music Keen Karaoke Trivia Tuesday	Mix & Mingle/Daily Dozen 4 Sunrise Stretch Jeopardy  Bible Study w/Lori	Mix & Mingle/Daily Dozen 5 Chair Charmers (balloon ball) Old Maid Steal the Bundle National Ketchup Day	Mix & Mingle/Daily Dozen 6 Sunrise Stretch (outdoors) Roll-A-Word  Puzzlemania National J-Day 
Mix & Mingle/Daily Dozen 9 Sunrise Stretch (bands) Puzzlemania  Manicure Monday Group Game Time	Mix & Mingle/Daily Dozen 10 Chair Charmers (exercise) Creative Coloring/Music Trivia Tuesday Fire Drill 	Mix & Mingle/ Daily Dozen 11 Drum Fit Cardio Bible Study w/Lori Brain Bytes BINGO  June B-Day Bash	Mix & Mingle/Daily Dozen 12 Brain Bytes Uno  Derby Dash World Oceans Day	Mix & Mingle/Daily Dozen 13 Sunrise Stretch (bands) Group Challenge (Finish the parable) Creative Coloring/Music PIT (card game)
Mix & Mingle/Daily Dozen 16 Sunrise Stretch (bands)  BINGO Puzzlemania Challenge 	Mix & Mingle/Daily Dozen 17 Chair Charmers (exercise) Creative Coloring/Music Charades Roll-A-Word 	Mix & Mingle/Daily Dozen 18 Drum Fit Cardio Bible Study w/Lori THE GOLDEN NUGGET w/Nurse Donica (The Brain 101) Autistic Pride Day	Mix & Mingle/Daily Dozen 19 Chair Charmers (ball toss) Board Games Brain Bytes Elder Abuse Awareness Day	Mix & Mingle/Daily Dozen 20 Sunrise Stretch (bands) Group Challenge (Bean Bag Toss) Puzzlemania Challenge   1ST Day of Summer
Mix & Mingle/Daily Dozen 23 Sunrise Stretch (bands) Creative Coloring/Music Outdoor Shenanigans	Mix & Mingle/Daily Dozen 24 Chair Charmers (exercise) Move It PIT (card game) Trivia Tuesday	Mix & Mingle/Daily Dozen 25 Drum Fit Cardio Bible Study w/Lori PAINT to Summer Vibes 	Mix & Mingle/Daily Dozen 26 Chair Charmers (DiceRcise) Brain Bytes Wheel of Fortune	Mix & Mingle/Daily Dozen 27 Sunrise Stretch (bands) BINGO  Roll-A-Word 
Mix & Mingle/Daily Dozen 30 Sunrise Stretch (bands) Group Game Time BINGO  Roll-A-Word 	 Erika D. 6/11	<ul style="list-style-type: none"> • Alzheimer's & Brain Awareness Month • National Safety Month • 15th - World Elder Abuse Awareness Day 		"It Takes a Village" If you see or suspect elder abuse, neglect, or exploitation REPORT IT! 1.866.552.4464

*We are an equal-opportunity employer

Activities are subject to change