









# June

Ohana Adult Day Program  
(470) 251-4450

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) <b>Witty Wellness Checks</b> ✓ Manicure Monday Group Game Time <b>National Game Show Day</b></p> <p>2</p> 	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (exercise) Creative Coloring/Music Keen Karaoke Trivia Tuesday</p> <p>3</p>	<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch Jeopardy Bible Study w/Lori</p> <p>4</p> 	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (balloon ball) Old Maid Steal the Bundle <b>National Ketchup Day</b></p> <p>5</p>	<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (outdoors) Roll-A-Word Puzzlemania <b>National J Day</b></p> <p>6</p> 
<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) Puzzlemania Manicure Monday Group Game Time</p> <p>9</p> 	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (exercise) Creative Coloring/Music Trivia Tuesday <b>Fire Drill</b></p> <p>10</p> 	<p>Mix &amp; Mingle/ Daily Dozen Drum Fit Cardio Bible Study w/Lori Brain Bytes <b>BINGO</b> <b>June B-Day Bash</b></p> <p>11</p> 	<p>Mix &amp; Mingle/Daily Dozen Brain Bytes Uno Derby Dash</p> <p>12</p>  <p><b>World Oceans Day</b></p>	<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) Group Challenge (Finish the parable) Creative Coloring/Music PIT (card game)</p> <p>13</p>
<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) <b>BINGO</b> <b>Puzzlemania Challenge</b></p> <p>16</p>  	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (exercise) Creative Coloring/Music Charades Roll-A-Word</p> <p>17</p> 	<p>Mix &amp; Mingle/Daily Dozen Drum Fit Cardio Bible Study w/Lori <b>THE GOLDEN NUGGET</b> w/Nurse Donica (The Brain 101)</p> <p>18</p> <p><b>Autistic Pride Day</b></p>	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (ball toss) Board Games Brain Bytes</p> <p>19</p> <p><b>Elder Abuse Awareness Day</b></p>	<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) Group Challenge (Bean Bag Toss) <b>Puzzlemania Challenge</b></p> <p>20</p>  <p><b>1<sup>ST</sup> Day of Summer</b></p>
<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) Creative Coloring/Music Outdoor Shenanigans</p> <p>23</p>	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (exercise) Move It PIT (card game) Trivia Tuesday</p> <p>24</p>	<p>Mix &amp; Mingle/Daily Dozen Drum Fit Cardio Bible Study w/Lori <b>PAINT to Summer Vibes</b></p> <p>25</p> 	<p>Mix &amp; Mingle/Daily Dozen Chair Charmers (DiceRcise) Brain Bytes Wheel of Fortune</p> <p>26</p>	<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) <b>BINGO</b> Roll-A-Word</p> <p>27</p>  
<p>Mix &amp; Mingle/Daily Dozen Sunrise Stretch (bands) Group Game Time <b>BINGO</b> Roll-A-Word</p> <p>30</p>  	<p><b>HAPPY BIRTHDAY</b> Erika D. 6/11</p>	<ul style="list-style-type: none"> <li>• <b>Alzheimer's &amp; Brain Awareness Month</b></li> <li>• <b>National Safety Month</b></li> <li>• <b>15<sup>th</sup> – World Elder Abuse Awareness Day</b></li> </ul>		<p><b>"It Takes a Village"</b> If you see or suspect elder abuse, neglect, or exploitation <b>REPORT IT!</b> <b>1.866.552.4464</b></p>

\*We are an equal-opportunity employer

Activities are subject to change