



· MONDAY · · TUESDAY · · WEDNESDAY · · THURSDAY · · FRIDAY ·

HAPPY BIRTHDAY

MR. BOB 5/11

Mix & Mingle/Daily Dozen **1**
Sunrise Stretch
Bible Study w/Lori
Crafter's Corner
Group Challenge
BINGO

Mix & Mingle/Daily Dozen **2**
Witty Wellness Check
WIN-LOSE-OR DRAW!!
World Tuna Day

Mix & Mingle/Daily Dozen **3**
Sunrise Stretch
Group Challenge (puzzles)
BINGO

Mix & Mingle/Daily Dozen **6**
Sunrise Stretch
Brain Bytes (Monday Matchups)
(Outdoor Bubble Blast)
Golden Gardening

Mix & Mingle/Daily Dozen **7**
Drum-Fit Cardio
Trivia Tuesday
Golden Gardening
BINGO

Mix & Mingle/Daily Dozen **8**
Sunrise Stretch
Bible Study w/Lori
Group Challenge
Derby Dash

Mix & Mingle/Daily Dozen **9**
Chair Charmers
Brain Bytes (Jeopardy)
Crafter's Corner (Mom's Day)

Mix & Mingle/Daily Dozen **10**
Sunrise Stretch
Group Challenge
Celebrating Mothers
Birthday Celebrations
National Shrimp Day

Mix & Mingle/Daily Dozen **13**
Sunrise Stretch
Puzzlemania
Sequence
BINGO

Mix & Mingle/Daily Dozen **14**
Chair Charmers
Trivia Tuesday
Outdoor Fun
Golden Gardening

Mix & Mingle/Daily Dozen **15**
Sunrise Stretch
Bible Study w/Lori
The Golden Nugget
(Controlling Hypertension)
Natl Chocolate Chip Day

Mix & Mingle/Daily Dozen **16**
Drum-Fit Cardio
Golden Gardening
Outdoor Cookout Time!
BINGO
National BBQ Day

Mix & Mingle/Daily Dozen **17**
Sunrise Stretch
Find the Hidden Pictures
Gametime (Nascar)
Natl Nascar/Pizza Party Day

Mix & Mingle/Daily Dozen **20**
Sunrise Stretch
On That Note
Charades

Mix & Mingle/Daily Dozen **21**
Drum-Fit Cardio
Trivia Tuesday
"DON'T LOOK BACK" – group game

Mix & Mingle/Daily Dozen **22**
Sunrise Stretch
Bible Study w/Lori
Find the Hidden Pictures
BINGO

Mix & Mingle/Daily Dozen **23**
Brain Bytes
Chair Charmers
Canvas Painting (Sea Turtles)
World Turtle Day

Mix & Mingle/Daily Dozen **24**
Sunrise Stretch
Group Challenge
Outdoor Picnic
Senior Health & Fitness Day
Brown Bag-It Day

memorial DAY
Center Closed

Mix & Mingle/Daily Dozen **28**
Chair Charmers
Trivia Tuesday
Golden Gardening
BINGO

Mix & Mingle/Daily Dozen **29**
Chair Charmers
Balloon Volleyball
Bible Study w/Lori
Derby Dash

Mix & Mingle/Daily Dozen **30**
Drum-Fit Cardio
Golden Gardening
WIN-LOSE-OR DRAW!

Mix & Mingle/Daily Dozen **31**
Chair Charmers
BINGO
Puzzlemania