

**Join us for iLEAD, the Idaho Law Enforcement Advancement Day**, free training, dedicated to advancing the physical, emotional and mental strength of law-enforcement professionals

**Veteran, Not a Victim** - Former Green Beret & former ISP Trooper who suffered traumatic injuries during an explosion in Afghanistan, talks about his journey to recovery and the importance of not adopting a victim mentality.

Dan Nelson, Former Green Beret and Director of Mission 43

**Remembering Your Why** - Staying focused on why you chose your life of service and how to avoid complacency. *Travis Newby* - 20 year Navy Seal

**Bulletproof Resilience** - Strategies for building and maintaining mental resilience in light of frequent exposure to danger.

Brenda Lee, Founder & CEO of Modig Leadership

**Turning Pain into Power** - Navigating Life after a Line of Duty Death and Finding Healing as a Police Officer's Child

Chance Feldner, Idaho Police Officer

**Strength in Unity** - Strategies for Police Officers & Families to Navigate the Challenges of Line of Duty Death Preparedness. Taught by a former police officer whose wife, also a police officer, was killed in the line of duty.

Eric Anderson, Concerns of Police Survivors Idaho Chapter.

**Balancing Act**, Navigating Stress for Optimal Health. How stress impacts our short-term and long-term health, hormones, longevity, and gut health.

Lyndsy Kinghorn, Certified Family Nurse

**Life After Law Enforcement**, Leveraging your law enforcement skills for a successful transition into the private sector post-retirement.

Matt Schneider - Former Ada County Deputy turned Entrepreneur

#### Harnessing the Power of Every First Responder as Peer Support

This is a transformative concept that every first responder, regardless of roles, titles, experience possess the capacity to be a source of peer support.

MaKenzie Tiegs, Former Idaho Paramedic & Raw Thoughts Podcast Host

Strength Fitness and Nutrition to Help Avoid Injuries Throughout Your Law Enforcement Career Ron Daily - LASD Use of Force Instructor and Strength Coach

HOSTED By:













LIMITED SEATING.
REGISTER EARLY!
CLICK HERE OR
SCAN OR CODE

# **DOOR PRIZES**

- Custom Laser Engraved Handgun
- Benchmade Knife
- And more...

\*Must show up to get a ticket



### **CONTACT US**







### **WHEN**

APRIL 2, 2024 9:00 AM - 4:00 PM

Check in and free continental breakfast from 7:30 AM - 8:30 AM

## WHERE

Idaho Outdoor Fieldhouse 3179 E Barber Valley Drive Boise, Idaho 83716



Idaho Law enforcement ID required to gain entry.











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