



JUVENTUS



# AS ROMA • JUVENTUS • AC MILAN • INTER MILAN EXPOSURE TOUR

IN AFFILIATION WITH AH FOOTBALL CONSULTING,  
AUSTRALIAN SOCCER SCHOOL



AH FOOTBALL  
CONSULTING



# AC MILAN ACADEMY

AC MILAN ACADEMY PROJECT  
Sport Season 2018-2019



## A CITY, A TEAM, A SYMBOL

Milan and AC Milan, the city and the team. The same way of being and feeling: a strong connection with traditions and a love of challenges, the new and innovation

Two symbols that the world knows, recognizes and loves. The city of craftsmanship, enterprise, style, design and fashion, but also the city of hospitality, where it's easy to feel at home, and its team, with an internationally unique record of trophies. When its fans were almost all citizens of Milan or Lombardy, it was the club that united the aristocracy and the people. In an ideal embrace

The same embrace that, during its almost 120-year history, has expanded throughout Italy, Europe and the entire world.

Passion for AC Milan now unites almost four hundred million people of different ages, languages, cultures and origins. A passion for the red and black colors that signify AC Milan everywhere. A symbol, precisely

AC Milan Academy's aim is to develop a Milan Methodology which, through guidelines, technical programs, films and dedicated materials, supports thousands of coaches who daily work for the educational and sporting development of children

### Milan Academy training courses are based on:



TECHNICAL - TACTICAL AREA



COORDINATION - MOTOR AREA



RELATIONAL - EMOTIONAL AREA



NUTRITIONAL AREA



AC Milan Academy

# AC MILAN EXPERIENCE



It is a technical and tactical training week organized for groups of players of the same age who want to live a real AC Milan Experience at the Vismara Sports Centre, the heart of our Academy

The AC Milan Experience, optimized according to athletes football level, is planned not only to test the AC Milan teaching methods, but also to promote the city of Milan and AC Milan itself



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with an accurate training and emotional program optimized according to the age and level of each group

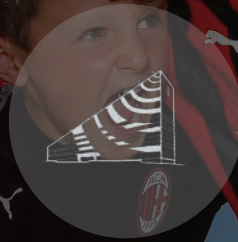
### Some of the available tools:



Medical Examination



AC Milan Coach  
AC Milan Account  
Physiotherapist  
Technical Program  
Training Session @Vismara



Greetings @Casa Milan  
Visit @Mondo Milan Museum  
Lunch @Cucina Milanello  
Tour @Milanello Sport Center  
Tour @San Siro Stadium



Puma kit



AC Milan Home Match  
Countdown on the Pitch  
Meet&Greet with AC Milan  
players after the match

## AN EXAMPLE OF OUR PROPOSAL



AC Milan Experience

Arrive at Milan  
Medical Check

Training Program  
Lunch at Cucina Milanello  
Visit at Milanello Sport Center

Training Program  
Visit at San Siro Stadium  
Leisure at Milan

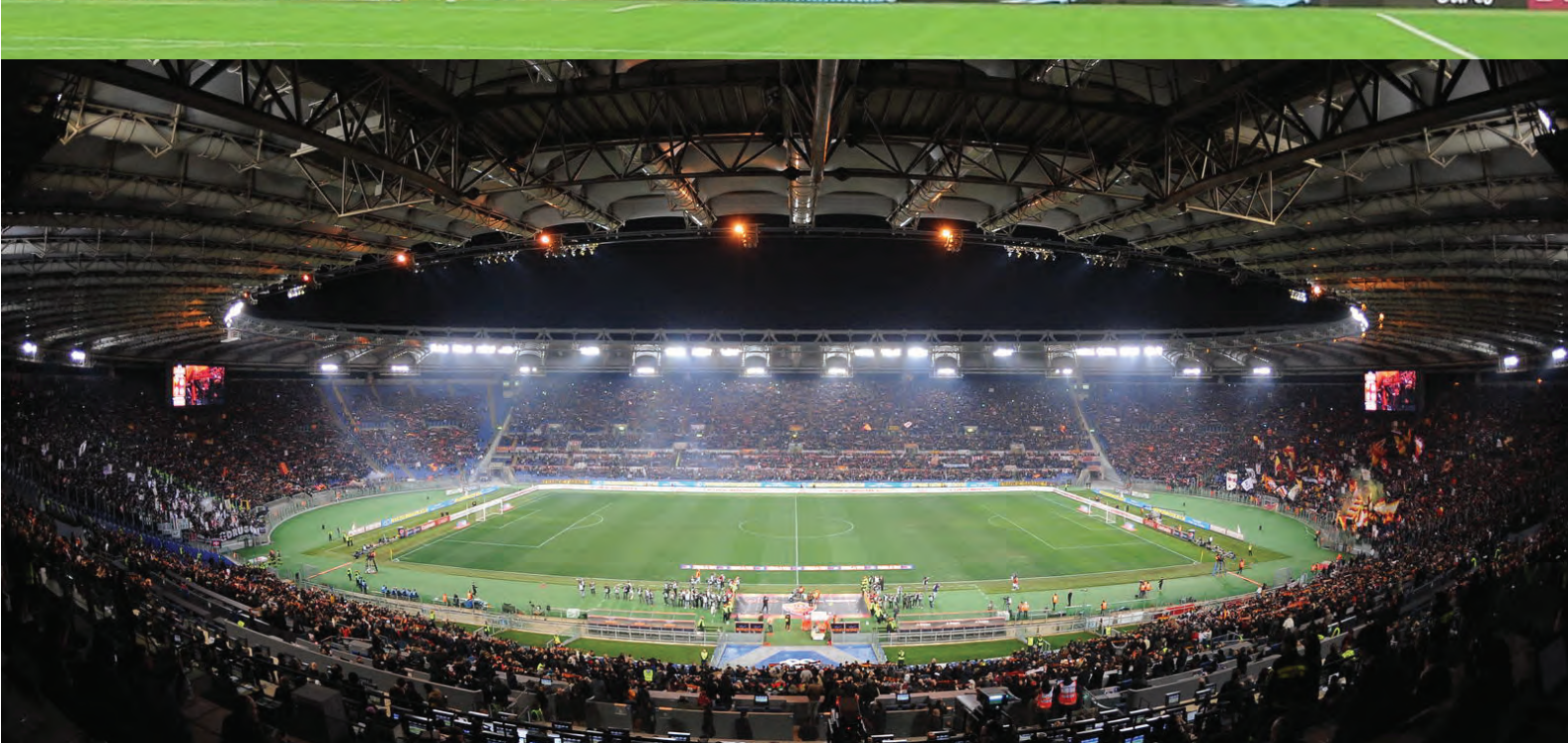
Training Program  
Visit at Casa Milan - Mondo Milan Museum  
& Official Store

Training Program  
Friendly Match  
Leisure at Milan

Training Program  
Leisure at Milan

San Siro Stadium: Match AC Milan  
Departure from Milan

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## INTER ACADEMY EXPERIENCE

*Inter Academy Experience is one-week program for youth players (boys and girls from 7 to 17 years old) who want to receive high-level specific training in our facilities in Milan and live a Nerazzurri Experience.*

*All the trainings are held by Inter Academy Official Coaches.*



## TRAINING EXPERIENCE @ SUNING YOUTH DEVELOPMENT CENTRE

- **Test session:** individual technical and physical test session prior to first training
- **Training session:** 1.5 hours per each training session. Age group dedicated training delivered by Inter coaches at academy training facilities (Inter elite or affiliated elite training centres)
- **Friendly match:** official match at G. Facchetti sport facilities vs Inter official affiliated club
- **Official Inter Academy certificate**



- The iconic training centre, opened in 1962 in Appiano Gentile focuses on maximization of player performance, comfort and innovation.
- Our first team training centre is an ideal backdrop, offering money can't buy experiences.
- During the visit, the young players can meet our First Team Champions!



EXCLUSIVE BEHIND SCENES  
ACCESS TO SAN SIRO STADIUM



MATCHDAY EXPERIENCE  
AT SAN SIRO STADIUM

# JUVENTUS TRAINING EXPERIENCE



# JUVENTUS ACADEMY

## THE PROJECT



### Project key points

Training session on field Activity

Juventus Stadium Tour & Juventus Museum visit

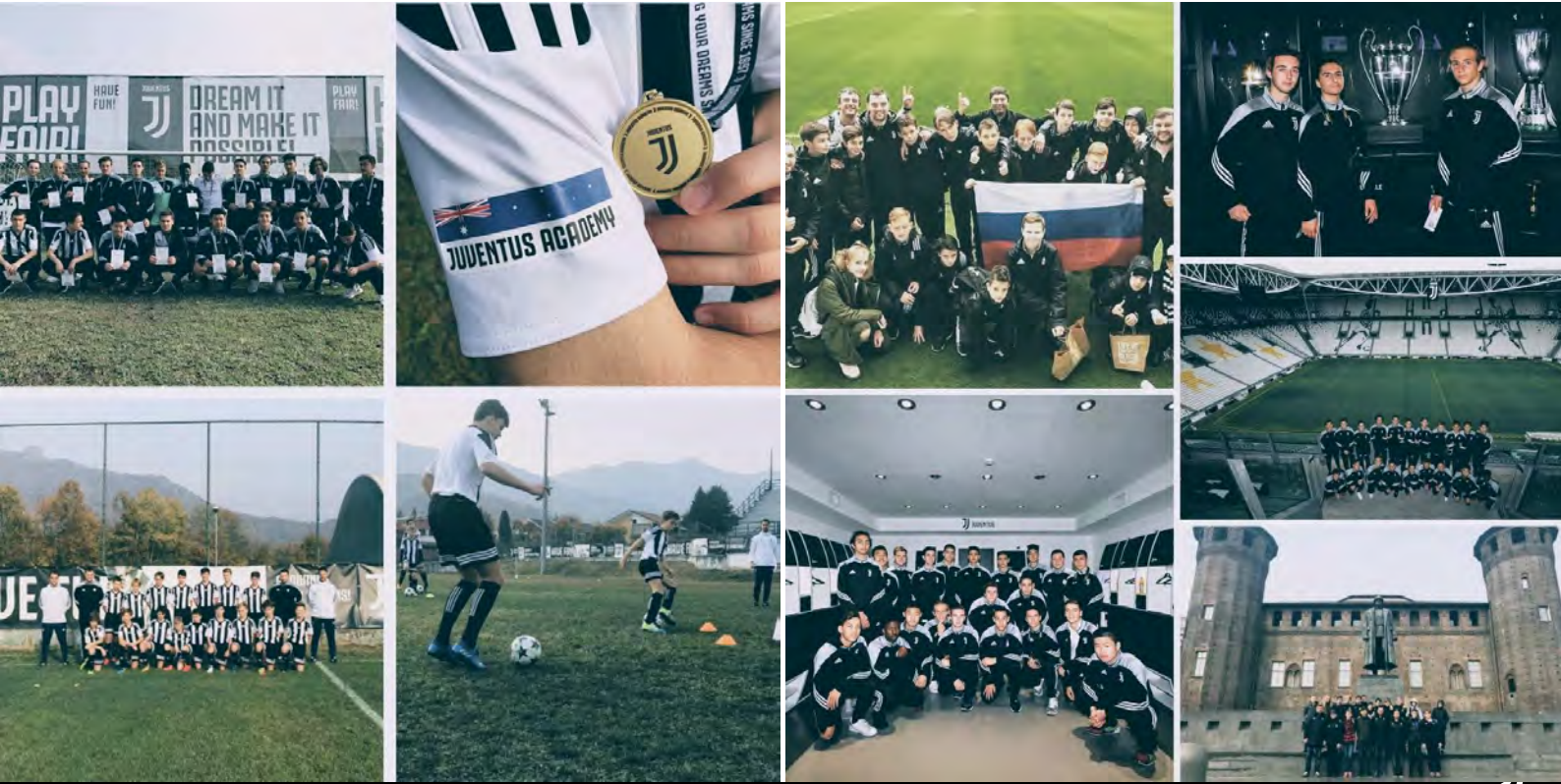
Juventus Experience Kit: official J-Academy Adidas Kit (t-shirt, short and socks\*),

Certificate and medal

Accommodation in the Cantalupa Sport Village Campus

*\* If the group is not coming from a Juventus Academy or Camp Project*





# CANTALUPA SPORTS VILLAGE

## Cantalupa Sports Village

### WHY CANTALUPA?

European Town of Sport 2014

All facilities can be reached by walk

Safe place for the kids

Placed in a natural environment beneath the mountain (450 m.above sea level)

Experience in hosting important sports teams (Chinese Athletics Federation, Italian Archery National Team and professional football teams)





# Cantalupa Sports Village



## Sports Village Facilities:

- 2 grass football fields with illumination
- 1 Sports Center that includes gym, indoor futsal/basketball field, indoor athletic track (80 meters), indoor climbing wall, bar
- 1 athletic track uncovered
- Fitness trail and forest path (1600/6000 meters)
- Swimming pool (on request and in according of availability)
- Archery training facility covered and uncovered (hosting the Italian Archery National team)

# Cantalupa Sports Village



## Accommodation:

- Campus with sport facility for free time (football, basketball, tennis, volley)
- 3\* Hotel
- Indoor theater and uncovered amphitheater

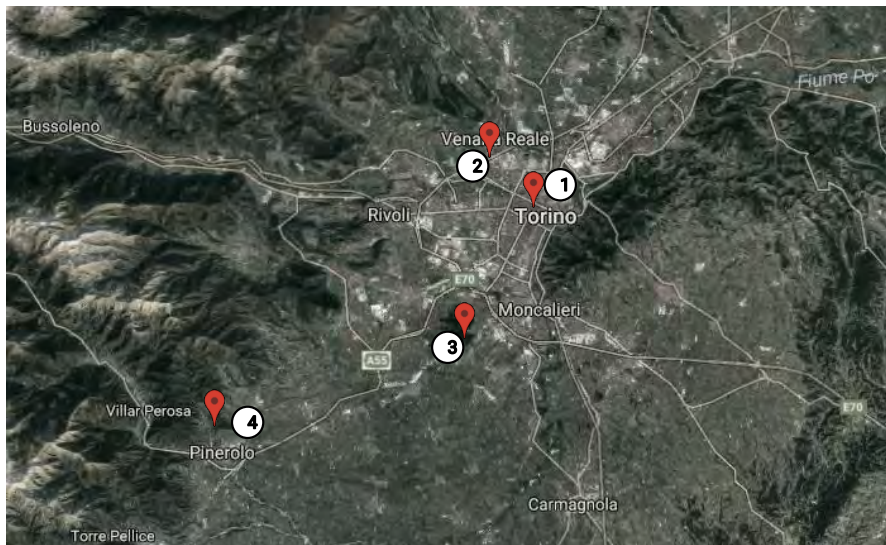
*All facilities can be reached by walk*



## Facility map



- 1
- 2
- 3
- 4
- 5
- 6 CROSS COUNTRY
- 7
- 8



- 1 Torino City Center
- 2 Juventus Headquarters, Stadium and Museum
- 3 Vinovo (Juventus Training Center)
- 4 Cantalupa

### Distances:

- Cantalupa – Torino City Center: 45 min. (44 km)
- Cantalupa – Juventus Stadium: 41 min. (40 km)
- Cantalupa – Vinovo Juventus Training Center: 25 min. (26 km)

## Other activities near Cantalupa



- 1 Torino Zoo**  
10 Km away from Cantalupa
- 2 Mines museum**  
38 Km away from Cantalupa
- 3 Casa Canada**  
15 Km away from Cantalupa (excursion by walk)
- 4 Fenestrelle Fort**  
45 Km away from Cantalupa
- 5 Pinerolo Town Center**  
8 Km away from Cantalupa

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Cantalupa

\* For further informations, click on the logo | Other excursions can be organized on request

# JUVENTUS TRAINING EXPERIENCE

# JUVENTUS ACADEMY

GROWING YOUR DREAMS SINCE 1897