



The Way Church

Daniel Fast 2026

21-Day Prayer Focus Guide

(Aligned with the Daily Devotional)

“Devote yourselves to prayer.” — Colossians 4:2

WEEK 1 — CONSECRATION & SURRENDER

Day 1 — A Set-Apart Heart

Prayer Focus:

- Personal holiness

- A resolved heart to honor God
- Willingness to be set apart

Pray:

“Lord, I set my heart apart for You alone.”

Day 2 — Hunger for God

Prayer Focus:

- Spiritual hunger over physical appetite
- Desire for God’s presence
- Passion for prayer and Scripture

Pray:

“God, increase my hunger for You.”

Day 3 — Repentance & Renewal

Prayer Focus:

- Confession of sin
- Clean hearts
- Fresh starts

Pray:

“Create in me a clean heart, O God.”

Day 4 — Surrendered Control

Prayer Focus:

- Trust in God's direction
- Letting go of fear and anxiety
- Submitting plans to the Lord

Pray:

"Jesus, I trust You with my life."

Day 5 — Hearing God Clearly

Prayer Focus:

- Sensitivity to the Holy Spirit
- Discernment
- Quieting distractions

Pray:

"Lord, help me hear and obey Your voice."

Day 6 — Strength & Endurance

Prayer Focus:

- Physical and spiritual strength

- Perseverance through the fast
- Renewed energy

Pray:

“God, renew my strength as I wait on You.”

Day 7 — Worship & Gratitude

Prayer Focus:

- Thankfulness
- Joy
- Praise for God’s faithfulness

Pray:

“Lord, I praise You for who You are.”

WEEK 2 — DEPENDENCE & TRANSFORMATION

Day 8 — Freedom in Christ

Prayer Focus:

- Freedom from addiction, fear, and sin
- Breaking of strongholds
- Walking in grace

Pray:

“Jesus, help me walk in the freedom You give.”

Day 9 — Healing & Restoration

Prayer Focus:

- Physical healing
- Emotional and relational healing
- Restoration of broken areas

Pray:

“Lord, bring healing and restoration.”

Day 10 — Renewed Minds

Prayer Focus:

- Healthy thought patterns
- Rejecting lies
- Renewed perspective

Pray:

“God, renew my mind with Your truth.”

Day 11 — Unity in the Church

Prayer Focus:

- Unity at The Way Church
- Love and humility
- Peace among believers

Pray:

“Lord, make us one body with one heart.”

Day 12 — Spiritual Growth

Prayer Focus:

- Maturity in faith
- Obedience
- Deeper relationship with God

Pray:

“God, help me grow deeper in You.”

Day 13 — Families & Homes

Prayer Focus:

- Marriages
- Children and youth
- Faith-filled homes

Pray:

“Lord, lead our families to serve You.”

Day 14 — Rest & Trust

Prayer Focus:

- Releasing burdens
- Trusting God’s care
- Peace and rest

Pray:

“Jesus, I rest in You.”

WEEK 3 — MISSION & OBEDIENCE

Day 15 — Compassion for the Lost

Prayer Focus:

- Hearts for the lost
- Bold love
- Evangelism

Pray:

“God, give me Your heart for the lost.”

Day 16 — Bold Faith

Prayer Focus:

- Courage to live out faith
- Sharing the gospel
- Confidence in Christ

Pray:

“Lord, make me bold in faith.”

Day 17 — Servant Hearts

Prayer Focus:

- Humility
- Willingness to serve
- Christlike love

Pray:

“Jesus, teach me to serve like You.”

Day 18 — Obedient Living

Prayer Focus:

- Obedience in all areas
- Sensitivity to God’s leading

- Faithful action

Pray:

“Lord, help me obey You fully.”

Day 19 — Vision for the Future

Prayer Focus:

- God’s vision for The Way Church
- Direction for leadership
- Clarity for next steps

Pray:

“God, reveal Your plans for our future.”

Day 20 — Empowered by the Spirit

Prayer Focus:

- Fresh filling of the Holy Spirit
- Spiritual gifts
- Power to live on mission

Pray:

“Holy Spirit, fill me and lead me.”

Day 21 — Commitment to the Way

Prayer Focus:

- Renewed commitment to Jesus
- Faithfulness beyond the fast
- Daily obedience

Pray:

“Jesus, I choose You. I choose the Way.”