### **Local Resources**

* **Centers for Independent Living** (CILs) are consumer-controlled, community-based nonprofit organizations that provide information & referral, advocacy, peer support, independent living skills training, and transition services for people with disabilities. [**Find your local CIL.**](https://dnmichigan.org/)
* [**Michigan Developmental Disabilities Council**](https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/developmentaldisability) works to change systems to serve the needs, wants, and desires of people with developmental disabilities.
* [**Michigan Alliance for Families**](https://www.michiganallianceforfamilies.org/) provides information, support, and education for families who have children and young adults (birth to 26 years of age) who receive (or may be eligible to receive) special education services.
* **The Arc** promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports full inclusion and participation in the community. [**Find your local Arc.**](https://arcmi.org/find-your-local-arc/)
* [**Charting the LifeCourse**](http://www.lifecoursetools.com/)is the use of framework and tools designed to help visualize ideas, vision and goals, as well as problem-solve and advocate for supports.
* [**Disability Rights Michigan**](https://www.drmich.org/)is the independent, private, nonprofit, nonpartisan protection and advocacy organization authorized by Federal and State law to advocate and protect the legal rights of people with disabilities in Michigan.
* [**Michigan Disability Rights Coalition**](https://mymdrc.org/) cultivates disability pride and strengthens the disability movement by recognizing disability as a natural and beautiful part of human diversity while collaborating to dismantle all forms of oppression.
* [**Special Education Mediation Services**](https://www.mikids1st.org/)provides support to students, parents and guardians on resolving disagreements, managing complex meetings and improving communication between the school system and family.
* [**Self Advocates of Michigan**](https://selfadvocatesofmichigan.wordpress.com) is an advocacy organization comprised of people with developmental disabilities and intellectual disabilities, working together to make a difference.
* [**Michigan United Cerebral Palsy**](https://www.ucpmichigan.org)(MI-UCP) empowers Michiganders with disabilities statewide.
* [**AT Xchange**](https://atxchange.org/) is designed to facilitate transactions between residents of Michigan exchanging, donating, or selling used assistive technology (AT).

### **General Resources**

* [**Alliance Against Seclusion & Restraint**](https://endseclusion.org/)educates the public and connects people who are dedicated to changing minds, laws, policies, and practices so that restraint and seclusion are reduced and eliminated from schools across the nation (and beyond).
* [**Americans with Disabilities Act**](http://www.ada.gov) information and technical assistance
* [**Autistic Self Advocacy Network**](http://www.autisticadvocacy.org) (ASAN) serves as a national grassroots disability rights organization for the autistic community, advocating for systems change and ensuring that the voices of autistic people are heard in policy debates and the halls of power.
* [**Collaborative & Proactive Solutions**](https://livesinthebalance.org/)(CPS) is an evidence-based, trauma-informed model of care that helps caregivers identify the problems that cause concerning behaviors in kids and solve those problems collaboratively and proactively.
* [**Communication First**](https://communicationfirst.org/)protects and advances the rights, autonomy, opportunity, and dignity of people with speech-related disabilities through public engagement, policy and practice change, and systemic advocacy.
* **Crip Camp: A Disability Revolution** is a feature-length documentary about the disability rights movement available on [**Netflix**](https://www.netflix.com/title/81001496) and [**YouTube**](https://youtu.be/OFS8SpwioZ4).
* [**Disability is Natural**](http://www.disabilityisnatural.com) is a source for new ways of thinking about disability and moving beyond the status quo.
* [**Disability Visibility Project**](https://disabilityvisibilityproject.com/) is an online community dedicated to creating, sharing, and amplifying disability media and culture.
* [**Dr. Mona Delahooke**](https://monadelahooke.com) shares practical and compassionate parenting strategies rooted in the science of brain development.
* [**International Association for Spelling as Communication**](https://i-asc.org)advances communication access for nonspeaking individuals globally through training, education, advocacy and research.
* [**Job Accommodation Network**](http://www.askjan.org) is a one-stop web page to get information regarding accommodations at work and advocating for disability rights in the workplace.
* [**National Association of the Deaf**](https://www.nad.org/)is the nation’s premier civil rights organization of, by and for deaf and hard of hearing individuals in the United States of America.
* [**National Council on Independent Living**](https://ncil.org) is the longest-running national cross-disability, grassroots organization run by and for people with disabilities.

* **[National Federation of the Blind](https://nfb.org)**is the oldest and largest nationwide organization of blind Americans. The National Federation of the Blind continuously works toward full integration, equality, independence, acceptance, and respect for all blind Americans.
* **[Rooted in Rights](http://www.rootedinrights.org)** tells authentic, accessible stories to challenge stigma and redefine narratives around disability.
* [**Sins Invalid**](http://www.sinsinvalid.org) promotes leadership opportunities for people with disabilities within our communities and within the broader social justice movement.
* [**Self Advocates Becoming Empowered**](https://www.sabeusa.org) (**SABE**) is the United States’ national self-advocacy organization.
* [**Therapist Neurodiversity Collective**](https://therapistndc.org/)is a neurodiversity-affirming international therapy, education, and advocacy collaborative for SLPs, OTs, PTs, and Assistants. The Collective advocates for radical changes in therapy practices to champion the human rights and dignity of disabled people.
* [**Thinking Person’s Guide to Autism**](https://thinkingautismguide.com)(TPGA) is a one-stop source for evidence-based, neurodiversity-steeped information from autistic people, parents, and autism professionals. The goal of TPGA is to help families fast-forward past society’s rampant autism fabrications and negativity.