

END OF SEASON REVIEW

# HOLMES CHAPEL BOXING CLUB



IT HAS BEEN A BIG YEAR  
**THANK YOU**

On behalf of all the coaches, trustees and other volunteers that keep the club going. Thank you.

We are all so proud to represent the club thanks to the amazing support and commitment from the boxers, parents and wider community. Lockdown was tough. The resilience and mental fortitude shown by all our members, young and old(er), gives us huge confidence

If you have any feedback, suggestions or interested in helping at the club we would love to hear from you.

[club@boxingchapel.co.uk](mailto:club@boxingchapel.co.uk)

**SATURDAY**

**12**

**Nov 2022**

**HOME SHOW**

Details soon. Contact Kevin for info or if you would like to sponsor a bout



## SEASON SUMMARY

It has been a long season. We started last year, with an invite for Josh Ginty, Callum Brougham and Max Harrison to compete on the 8th August Carlisle Villa skills show. The first show since lockdown.

Since then we have competed 62 times with a 65% win rate in competitive bouts. Twenty different boxers have worn the club vest over the course of the season in shows across the UK and at our home club shows from October and April. Every one, whether competing, training for fitness, aspiring to compete or supporting others has done the club proud. Thank you.



*Boxers and Coaches at the Home Show, April 2022*

In addition, we have held regional medical clinics at the gym and hosted the North West Regional Squad with top boxers from across the region travelling to train in Holmes Chapel. Both Callum Levitt and Max Harrison have represented the club on the regional squad with Ethan Fiske and Brooklyn Charlotte joining towards the end of the season.



*Callum Levitt and Max Harrison representing the North West Regional Squad*

This also resulted in our first champion; Callum Levitt was part of a North West team competing in the Sala Sparbanks Boxcup in Sweden and won the Gold medal.

We are planning at the moment for next season; inter club trips, championship entries and box cups.



*Ethan Fiske and Denny Lee*

For competition, we will be entering the championships next season across Development, Youth, Junior and Schools. We will also look to enter at least two box cups, ideally one European. For this we are considering the HSK in Denmark. This competition is in October, we will review this in September.

We plan to run two home shows again this season, the first is confirmed for the 12th November and hopefully an outdoor or evening show in May/June.

If you are training hard, and want to compete - talk to me.

Kevin, Head Coach

[kevin@boxingchapel.co.uk](mailto:kevin@boxingchapel.co.uk)

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## KEY DATES

- Fri 22nd July - Club closes for summer break
- Thu 11th August - Carded boxers in for Medical
- Mon 5th September - Club reopens for new season

NB - Carded Boxers will be invited to train during August to be ready for September competition

## FEMALE PARTICIPATION

Since opening the club in January 2019 we have made huge strides, despite 12 months in lockdown, and we are delighted to take this opportunity to share some of the success we've had. In September 2019 we opened a girls only session (Thursdays) focusing on boxing fundamentals and self confidence; this has helped drive a more diverse Amateur class.



*Coach Kerry Chalk and Charlotte Goodwin*

On our October 2021 show, Charlotte Goodwin became the first female to represent the club in a skills bout with an all-female coach corner team of Zoe and I.



This season we also saw our first ever female club captain Amalia Morris represent the club as part of the North West Region Squad and win her first bout by 3rd round stoppage.

I also took our Regional Female Squad to compete in Sweden earlier this year and want to build on this with our own boxers. There are more than a dozen talented female boxers across all sessions who we have recognised as potential competitors should they wish to do so.

Our Girls Only class will be moving to the earlier time of 5pm from September and we have been investing in developing and growing the coaching team for this so keen to welcome new members.

Kerry Chalk, Lead Coach  
[kerry@boxingchapel.co.uk](mailto:kerry@boxingchapel.co.uk)

## NEW MEMBERSHIP SYSTEM

The club has grown a lot since we first opened in January 2019. We take pride in the level of rigour and reporting that enables the club to run efficiently but under the surface it is the proverbial Swan.

Today, all processes are manual and it takes a huge amount of time for a small group of volunteers. When we return from the summer break, we will be using Clubright which has been carefully selected based on the current and future needs of the club.

We will send more information before the start of the season but what it will mean

- Self check in when arriving at training. Whether using the app or a card (can be left in the gym) it will be quicker and more efficient
- Monthly or annual payments will be direct debit rather than standing order. This means we can pause for you over the summer break saving you money and hassle



*Clubright members app and Homes Chapel cards with QR code*

- For Pay as You train members, you can buy credits in advance reducing the need for cash and hassle of individual session bank transfers

Liz Edwards, Volunteer Project Manager &  
Zoe Brownlow, Club Secretary  
[club@boxingchapel.co.uk](mailto:club@boxingchapel.co.uk)

# DEVELOPING THE BOXING FOUNDATION

Under 18 boxing training and competitive boxing will always be at the heart of the club but we are aware of the wider opportunities to make the best use of our facilities and share our passion for boxing with others. Hopefully you are all aware of recreational boxing classes; Fighting Fit, Ladies that Punch, Over 55s Boxing and Saturday Open Gym. Whilst all led by qualified boxing coaches, these are run by the foundation rather than volunteers from the Club.

We also run daytime programmes for specific community groups such as our partnerships with local schools, businesses and other charitable organisations. Examples include some recent funding from Anwyl Homes to deliver daytime sessions in partnership with a High School, our work with Mentell to organise sessions specifically to promote positive male mental health and partnership with BoxingTots who use the gym to deliver boxing based sessions for 3-7 year olds.

This has been hugely rewarding for me, both as a coach at the club and a Trustee, but also further develops the club in the community. We have started on our journey as a local employer; albeit a few hours a week for a contractor and a small contribution for our boxers who help coach. Hopefully over the next twelve months we build on this, make even more use of our home in Station Yard and provide employment opportunities and even apprenticeships for our boxers who want to make a career in fitness and/or leisure management.

James Rice, Coach and Trustee

[james@boxingchapel.co.uk](mailto:james@boxingchapel.co.uk)

## WHO ARE THE COACHES?

The coaching team has grown and developed over the past few years so we thought it would be useful to share a bit more about the coaches at the club and work with you and your children. In our coaching structure we have four types of coach, all are volunteers and have different roles and responsibility but as a team this ensures proper scheduling, structure and adherence to safeguarding ratios.

The Head Coach sets the vision, plan, standards and is responsible and accountable for all aspects of the Club. Lead Coaches are responsible and accountable for specific groups and/or sessions including the overall objectives, session planning and coach coverage. The Lead Coaches work as a team to manage the club, make decisions on its development and agree how the squad progresses. Assistant Coaches may be as qualified but have less experience or availability so support sessions when available. Coach Support is primarily made up of experienced boxers and others that aspire to be coaches. This additional support enables the club to deliver the additional sessions with the restrictions we have on available volunteer time.

In addition, we have a Board of Trustees who meet four times a year. A fundraising team led by Sue Dando and Helen Cliff is the Club Welfare Officer.

We are always looking for volunteers. If you have Boxing or other sports coaching experience and would like to help, please contact us. Similarly, if you can spare a small amount of time to help with the running of the club or at events we would appreciate the support.

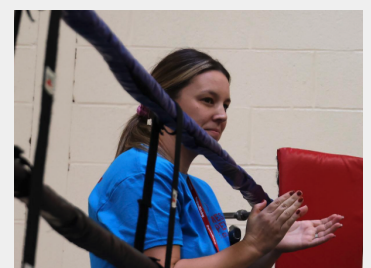


### Kevin Brownlow, Head Coach

As Head Coach, I live and breathe the club every day. A former Amateur Boxer, I am also a judge, referee and hold a British Boxing Board of Control Trainer/Second licence. Beyond volunteering, I am married to Zoe (who you all know) with two adult children (who many know) and work for one of the big, global tech companies as a Client Managing Director in the Financial Services team

### Kerry Chalk, Lead Coach

Lead coach working on development of our females and carded boxers. I am extremely passionate about what we do at the club. I love it. Outside of the gym I am mum/stepmum to two beautiful children and wife to my very supportive husband, Nic. I'm also a Director of Strategic Accounts working with companies in regulated markets to support their digital transformation, hence why I need the escape of the gym.





### Zoe Brownlow, Lead Coach

Lead Coach, Gym Manager and Club Secretary; the clubs link to England Boxing. I am responsible for the words 'We need to do this!' When Kevin suggested opening the club in November 2018. I could never have imagined what was to come

My background is in HR and Finance, after being made redundant in lockdown I used my existing skills to throw myself into the Club and helped create what we have now. I have many responsibilities but my first love is coaching boxing; watching someone's confidence grow and smiles on their faces through sharing my love of boxing.

### James Rice, Lead Coach

Lead coach for the Cadets, Foundation and Amateur Boxers. I also work with other local community groups in addition to being a Trustee. Married with three grown up children, it's great to be able to put something back. Although it doesn't always feel like it, I retired just before joining the club after a long career as a senior Executive in commercial TV with ITV and Sky



### Assistant Coaches



**John Cleaver.** Competed at White Collar level and qualified Level 1 coach. Outside the gym, married with two daughters and huge rock music fan

**John Tohill.** Works with Cadets providing coaching and guidance to help members develop and progress. Leads by example, loves training and learning new boxing skills

**Scott Bankier.** Coaches Amateur Boxing across Junior and Seniors whilst also training at the club. As a day job, Scott owns and runs a close protection company

**Marcus Amrooni.** Former Amateur Boxer and experienced coach recently moved to Holmes Chapel. Also a full time firefighter and part time IT Consultant

**Andy Anderson.** Former football coach and schoolboy boxer, supports and helps with the Cadets

### Coach Support

Colin Heath, Callum Hamer, Jonny Foster, Isaac Hurst and Lucas Baker

