

HOLMES CHAPEL BOXING CLUB

End of 2023-24 season

When we first talked about setting the club up (after 'that' Knutsford Guardian article, a few facebook posts, a small group in Costa Coffee and then being overwhelmed by the support for the launch event) we had a few key objectives.

It feels a long time ago now but this year we have cemented our foundations as a community club. So much activity across

Amateur/Competition Boxing, Recreational Boxing and the wider Foundation/Community classes.

Our sixth year, fourth year as a Registered Charity and second full year in our Station Yard home.

It feels like a good time to recap on who we are and why we exist along with the usual summary of the season.



The club has slightly different closing dates over summer but we all get to celebrate together with the end of season party and awards at the Vic Club on Friday 26th July. Tickets are £2 and available from the club

- Amateur Boxing and Recreational Boxing classes will then close until the season restarts and the gym opens on the 2nd September. For squad members who will be competing in September, there will be specific sessions in August.
- Ladies that Punch, Fighting Fit and Saturday Open Gym will be closed 10th - 24th August
- Wider community classes, including Over 55s and Fightback Club (Parkinsons) will continue throughout the summer but may have some disruption in September due to coach availability

Thank you for all your effort and support this year.

Kevin

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A message from James Rice, Chair of the Trustees

It's been nearly six years since we answered a community call to create a local boxing club.

Over the years some members have asked who owns the club. Well they do!

We are a community club (Registered Charity 1189313) with a team of people who make sure we do the right things, keep the club properly governed and in good shape. This is the job of the Trustees; Kevin Brownlow, Paul Edwards (Treasurer), Steve Rawlinson and myself as chair. We're massively helped by Julie Ellor (Office Manager), Diane Broad (Accounts), Zoe Brownlow (Club Secretary) and Sarah Archibald (Welfare Officer).

Our job as Trustees is to make sure that we all, as a club, meet our charitable purpose; to have a positive impact on the physical and mental well being of our community through Boxing activity.

The club now delivers a range of services; all of which are to support and help our community develop. Competition and recreational boxing, partnering with schools and healthcare providers, non-contact sessions for other groups (who maybe never previously considered joining a boxing club) including Ladies that Punch, the popular over 55's boxing class or the Fightback Club for those suffering with Parkinsons.



We have plenty of things we must do, from our governing institutions England Boxing and the Charity Commission, and other stuff that we think is important in keeping the club sustainable and for the club to maintain the quality we are now known for. We're proud of the club, the people that make it what it is, we hope you are.

We hope you feel part of the team. We expect you to represent the club's values both in and outside the club. Respecting your gym, your team mates and your community. A boxing club is like a family. Continue to develop and grow, listening to the coaches, work hard and continue to demonstrate good behaviour inside and outside the club. Wear that badge with pride.

We expect this from you, we need it. In turn, you can expect from everyone at the club, especially the coaches, the commitment of time and effort to help you achieve your boxing goals. Let's all be that team this year.

Thanks to everyone for continuing to make the club special.

James

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Subs. They are a'changing

Not long after we moved into our last gym, Goostrey Lane, we were able to reduce the monthly subs to £30 and introduce a sibling discount. We have been able to hold this for over four years but with continued increases in utility bills and running costs we have taken the decision to introduce a small increase for the 2024-25 season.

From September 2024 monthly subs will increase £2 per month to £32 for Amateur/Competition boxing which works out at less than £2.50 per session. Sibling discount is still available, £25 for the second child.

For any members who are struggling with subs, the club still provides a number of places through the hardship policy. For information on applying please contact club@boxingchapel.co.uk.

All other subs; PAYT, Recreational and Foundation classes remain at the current level. Thank you for your understanding

Amateur/Competition Boxing



Over the past 10 months the club has participated in over 60 bouts across club shows, championships and attendance at 5 box cups. We have established 3 NW Regional Champions and 2 Box Cup Champions. We have also expanded our coaching team with 4 new Level 1 qualified coaches.

This season also marked the success of two home shows and a fantastic new home venue at the Vic Club, the original home of a boxing club in Holmes Chapel, and the first time boxing has been held at that venue since 1940.

We also ran two inter club spar days. Fantastic opportunities for new boxers to gain experience, for parents and the wider community to come and watch, and for the coaching team to work together in preparing boxers and cornering.



Looking forward to the 2024-25 season, we plan to increase our competition activity, with a strong team of development boxers emerging. We will increase the number of skills bouts, box cups, Development Championships, and our usual home club shows.

It will be a fast start, we have boxers entered into the Barum Box Cup in September and our first show organised for 2nd November. Lots of opportunities ahead and we look forward to seeing as many of you as possible supporting the team.

Kerry

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Recreational Boxing

In 2023 we introduced additional Junior and Senior Recreational Boxing classes. Both groups are friendly and supportive. It's the perfect environment for new starters, those who don't want to compete or want to box for fun, fitness and a mental health boost.

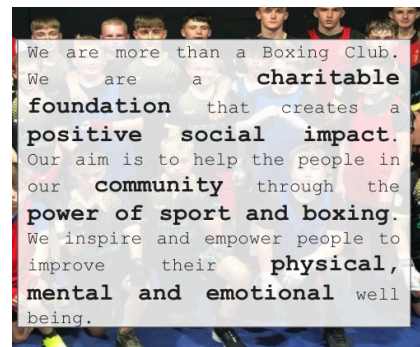


Thursday's Recreational boxers get a good technical understanding of boxing basics to gain more from their workout, or start their competition pathway. Tuesday's Ladies That Punch and Fighting Fit is all about using boxing for fitness and a wellbeing boost. Everyone leaves with a sweat and a smile

Zoe

Foundation/Community Boxing

Our ambition was always to build a club that helps, supports and contributes to the community. We have delivered programs to support local schools, specialist 121 coaching and are proud to have strong relationships with the local GP practice. The positive feedback drives us on, it is always great when the local PCSO, or, the Police & Crime Commissioner calls in. We are here to help and support and take great pride in the work we do as volunteers.



Two big success stories this year. Every week we run non contact boxing for **over 55s**. A fun and sociable group who work hard every week and range from those who still partake in competitive sport through to our oldest member who is 83. Also weekly, every Wednesday we run the **Fightback Club**. Boxing has been proven to be excellent at slowing the effects of Parkinsons and this class has a huge impact on the lives of the >30 people who regularly attend.

For everyone connected to the club, it is a privilege to be associated with delivering these community services.

James

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We could not run the club without the help of our amazing sponsors. Thank you



On behalf of everyone at the club, we would also like to say a huge thank you to the local businesses that have provided essential support and sponsorship throughout the year. In particular Janus Protection Solutions for their unwavering support and Daley Developments who have helped make and keep the gym functioning.

Club shows are not possible without bout sponsors, many of which have sponsored shows since the club began.



Thank you, we hope to continue to support your businesses.

Coaching Team

Head Coach	Kevin Brownlow
Lead Coaches	Kerry Chalk (Competition Boxing) Zoe Brownlow (Recreational Boxing) James Rice (Foundation/Community Boxing) John Tothill (Cadets)
Assistant Coaches	Erin Tynan, Gareth Grogan, Marcus Amrooni, Andy Anderson, Jack Broad, Callum Hamer, Geoff Anderson, Ashton Bayliss

Holmes Chapel Boxing Club
Registered Charity 1189313

12th July 2024

