



Dr Paul NG

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## Follow up of Colonic Polyps

Type of Polyps	Recommendation
<input type="checkbox"/> Hyperplastic	Repeat examination in 7 to 10 years if asymptomatic (Except those with family history)
<input type="checkbox"/> Adenomatous*	
<input type="checkbox"/> Less than three all low grade dysplasia all less than 5mm in size	Repeat examination in 5 years if asymptomatic
<input type="checkbox"/> 3 to 10 polyps	
<input type="checkbox"/> Polyp size more than 1cm	Repeat examination 3 years later if asymptomatic
<input type="checkbox"/> Moderate / High grade dysplasia	
<input type="checkbox"/> "Villous" subtype	
<input type="checkbox"/> More than 10 polyps	Repeat examination <b>within</b> 3 years if asymptomatic
<input type="checkbox"/> Other concerns	Examination within 6 months

**\*First degree relatives of those having adenomatous polyps should consider early screening**

Reference (Guidelines issued by the American Cancer Society):

<http://www.cancer.org/Cancer/ColonandRectumCancer/MoreInformation/ColonandRectumCancerEarlyDetection/colorectal-cancer-early-detection-acs-recommendations>