- Prenatal Appointment Tracker -

Date	Wks Gest	FH	Pres.	ВР	Pulse	Tempt	Edema	FHT's	Weight	Urine	Fetal Move	Vaginal Discharge	Labs

KEY: Wks Gest = Weeks Gestation, **FH** = Fundal Height, **Pres.** = Presentation, **BP** = Blood Pressure, **Tempt** = Temperature, **Edema** = Swelling (minimum, moderate, extreme), **FHT's** = Fetal Heart Tones, **Urine** = Write what was seen in the urine strip. **Fetal Move** = Fetal Movement (one ✓ for minimum movement, two ✓ ✓ for lots of movement), **Vaginal Discharge** = Normal or Abnormal (Ask about color, smell and texture). **Labs** = Blood work that was checked during appointment.

