



A Day in the Life at RYLA - Facilitators' Perspective

Week Flow

Monday, the first day of camp, is devoted to all-camp orientation, team-bonding and all-group sessions on leadership styles. Tuesday - Thursday campers attend a variety of workshops, team-building/leadership activities and nightly team meetings. There are also recreational activities Tuesday through Thursday. There are nightly campfires with powerful testimonies and social activities. Teams present skits at the final campfire that reflect their learning at camp. Friday is focused on reflections, evaluations, and saying goodbye

Sample Day Schedule

8:00am - 8:30am	Breakfast*
9:00am - 10:15am	Team-building activities*
10:15am -10:45am	Break
10:45am – 12:00pm	Team-building activities*
12:15pm – 12:45pm	Lunch
1:00pm – 2:00pm	Plenary session* ¹
2:15pm – 3:15pm	Leadership in action development workshops* ²
3:15pm – 5:30pm	Recreational activities* ³
4:45pm – 5:15pm	Facilitator and support staff meeting
5:30pm – 6:00pm	Dinner
6:30pm – 8:00pm	Team meetings: reflect, debrief and skit prep*
8:15pm – 10:00pm	Campfire*
10:00pm – 11:00pm	Karaoke, stargazing, or cabin time**
11:00pm	All campers in cabins
11:45pm	Campers lights out

Exact times and types of activities may vary from year to year.

*Facilitators with students; **Facilitators with students optional

1. A guest speaker delivers a talk to the entire camp on a societal issue at a plenary session. Previous plenary sessions have included youth mental health, climate change, homelessness/the unhoused, diversity and equity.
2. Leadership in action development workshops are practical sessions for smaller groups of students. Past topics have included financial literacy, self-care, public-speaking, and life choices after high school. Campers attend one to two per day and always have a choice which workshops to attend. Facilitators may be invited to lead a workshop panel. Facilitators not leading a workshop are welcome to attend sessions or use the time for their leisure and rest, or to catch up on work and family commitments.
3. Recreational activities may include sports, swimming, hiking, arts and crafts, paintball, playing music, reading and hanging out. Facilitators may be asked to supervise an activity or use the time as they see fit.