EMBERHAUS METHOD™

AN INFRARED PILATES + STRENGTH CONCEPT

INNER FIRE Louisville, KY OUTER GLOW

EmberHaus Method
129 Saint Matthews Ave
Louisville, KY 40207

June 22, 2026

To Whom It May Concern,

I am pleased to recommend Premise Construction for any construction, renovation, or build-out project.

Premise Construction recently completed a full demolition and comprehensive build-out of our 1,600 square foot fitness studio. The project transformed the space into a modern, functional facility that perfectly supports our business needs. Key elements included the addition of a welcoming lobby, a spacious fitness area, an ADA-compliant restroom, a private office, and a locker room area.

Premise Construction handled every aspect of the project with exceptional professionalism. They managed the full demo efficiently, delivered high-quality craftsmanship throughout the build, and paid close attention to detail on finishes and functionality. Their team also went above and beyond by assisting us in completing and installing our front sign, which was installed and ready just before our grand opening. This was a huge help in getting us operational on schedule.

Throughout the entire process, Premise Construction maintained clear and consistent communication, adhered closely to the timeline and budget, and solved unexpected challenges quickly and effectively. The final result has received numerous compliments from our members and staff, and the studio now provides an outstanding environment for our fitness community.

I would not hesitate to hire Premise Construction again and absolutely recommend them to anyone seeking a reliable, detail-oriented, and client-focused contractor. They we fabulous to work with!

Sincerely,

Lexy Scheen Perry

Lexy Scheen Perry
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