

Community Resource Directory

For emergencies, dial 911.

Crisis Help and Hotlines (Available 24 Hours a Day):

- 988 Suicide & Crisis Lifeline: 988 or 1-800-273-8255
- Adult Abuse Reporting: (559) 623-0651
- Central California Family Crisis Center: (559) 781-7468
- Child Abuse Reporting: 1-800-331-1585
- Domestic Violence Reporting: 1-800-448-2044
- Family Services Supporting Tulare County:
 - Domestic Violence (AKA Karen's House): (559) 732-5941
 - Sexual Assault: (559) 732-7273
- National Domestic Violence: 1-800-799-7233
- The Trevor Project (National suicide hotline for LGBTQ): 1-866-488-7386
- Tulare County Alcohol and Other Drugs (AOD) Substance Use Disorder (SUD) Access Line: 1-866-732-4114
- Tulare County Crisis Line: 1-800-320-1616 or 988
- Vet2Vet Veteran's Crisis Hotline: 1-877-838-2838

Helplines and Warm Lines:

- 2-1-1 Tulare County (help with housing, rent, utilities, and more): 2-1-1
- NAMI HelpLine: 1-800-950-6264
- National Graduate Student Helpline: 1-800-472-3457
- Tulare County Warm Line (local, peer-led mental health helpline): 1-877-306-2413

Tulare County Mental Health Services:

- 1-Stop:
 - Dinuba (North Mobile): (559) 591-6680
 - Porterville (SCOS): (559) 784-0312
 - Tulare (CCOS): (559) 687-8713
 - Tulare (South Mobile): (559) 687-0929
 - Visalia (NCOS): (559) 627-2046
- Family Rights Advocate: (559) 624-7449
- Patient Rights Advocate: 1-800-905-5597
- Porterville Adult Mental Health Clinic: (559) 788-1200
- Problem Resolution Department: 1-800-500-4465
- Visalia Adult Integrated Clinic: (559) 623-0900

California State Mental Health Services:

- Medi-Cal Managed Care and Mental Health Office of the Ombudsman (problem resolution for California state services): 1-888-452-8609

Community Resource Directory

Counseling/Support Services:

- Central California Family Crisis Center: (559) 781-7462
- Central Valley Regional Center (developmentally disabled): (559) 738-2200
- Central Valley Recovery Services (drug & alcohol rehabilitation): (559) 625-2995
- Community Service Employment Training (CSET) (resources for low income): (559) 732-4194
- Dinuba Children's Services: (559) 591-6680
- Family Services Supporting Tulare County (programs & services): (559) 741-7310
- Hope Horizon Mental Health (was Tulare Youth Service Bureau): (559) 688-2043
- Kings View:
 - Porterville Wellness Center: (559) 570-5000
 - Visalia Wellness Center: (559) 931-1001
- My Voice Media Center: (559) 772-0001
- Sequoia Youth Services Bureau: (559) 594-4969
- Tulare County Alcohol & Drug Rehabilitation Services: (559) 636-4000
- Turning Point Visalia Youth Services: (559) 627-1385

Emergency Food:

- Bethlehem Center (Meals: Monday-Friday 7:30-8:00am, Monday-Saturday 11:30am-12:30pm): (559) 734-1572
- Dinuba Open Gate Ministries: (559) 591-1241
- Food Link For Tulare County: (559) 592-0117
- Porterville Area Coordinating Council (food, clothing): (559) 793-0213
- Proteus (food, utilities): (559) 627-0100
- St. Anne's Food Pantry (Wed/Thu 8:30-11:30 a.m.): (559) 783-8018
- The New Porterville Rescue Mission (meals 5:00 p.m. only): (559) 782-6379
- Visalia Emergency Aid Food Pantry: (559) 732-0101

Emergency Homeless Shelters:

- Central California Family Crisis Center (press 1 for shelters): (559) 781-7468
- Dinuba Open Gate Ministries (men, women, families): (559) 591-1241
- Family Services Supporting Tulare County - Karen's House -victims of domestic violence): (559) 732-5941
- Homeless Veterans in Need of Help: 1-877-424-3838
- The New Porterville Rescue Mission (men, women, families): (559) 782-6379
- Tulare Lighthouse Rescue Mission (women & children, by referral): (559) 687-8317
- Visalia Rescue Mission Serenity of Hope (was Shelter of Hope): (559) 734-7921

Hospitals and Medical Services:

- Adventist Health Tulare (in Tulare): (559) 605-0310
- Family HealthCare Network (several locations): 1-877-960-3426
- Kaweah Health (in Visalia): (559) 624-2000; Mental Health Hospital: (559) 624-3300
- Sierra View Medical Center (in Porterville): (559) 784-1110
- Samaritan Center Free Medical Clinic (in Visalia): (559) 733-7331

Community Resource Directory

Law Enforcement:

- Lindsay Police Dept: (559) 562-2511
- Porterville Police Dept: (559) 782-7400
- Tulare County Sherriff Department: (559) 802-9400
- Tulare Police Dept: (559) 684-4290
- Visalia Police Dept: (559) 734-8117

Legal Assistance:

- Central California Legal Services: 1-800-675-8001
- Disability Rights California (DRC): 1-800-776-5746 (Voice) or 1-800-719-5798 (TTY)
- Superior Court of California, County of Tulare: (559) 737-5000
- O.L.A. Raza (Immigration): (559) 784-1121